



Meet Your Nutritious Friend:
Cran "Bogger"

| Monday | Tuesday | Wednesday | Thursday | Friday | Offered Daily |
|---|--|--|--|---|---|
| | | | | 1 PIZZA <u>FEATURED VEGGIES</u> CHERRY TOMATOES CUCUMBER SLICES | What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, and strawberry |
| 4 ½ DAY | 5 ½ DAY | 6 ½ DAY | 7 NO SCHOOL | 8 NO SCHOOL | |
| 11 BIG BREAKFAST EGGS, PANCAKES SAUSAGE & POTATOES | 12 TACO TUESDAY TWIN TACO'S WITH ALL THE FIXINGS | 13 DOUBLE CHEESEBURGER PICKLES, LETTUCE & TOMATO <u>FEATURED VEGGIES</u> FRENCH FRIES | 14 CHICKEN PATTY SERVED WITH CHIPS <u>FEATURED VEGGIES</u> FRESH HOT VEGGIES LETTUCE & TOMATO | 15 PIZZA <u>FEATURED VEGGIES</u> STEAM VEGGIES FRESH CUT VEGGIES | |
| 18 CHICKEN & WAFFLES <u>FEATURED VEGGIES</u> OVEN FRIES FRESH CUT VEGGIES | 19 WALKING TACO'S OR NACHO'S WITH CHEESE <u>FEATURED VEGGIES</u> RICE LETTUCE & TOMATO | 20 PIZZA <u>FEATURED VEGGIES</u> GREEN BEANS FRESH CUT VEGGIES | 21 CHICKEN CHEESE STEAK OR CHICKEN NUGGETS <u>FEATURED VEGGIES</u> STEAM VEGGIES CUCUMBER SLICES | 22 PIZZA <u>FEATURED VEGGIES</u> SIDE SALAD FRESH CUT VEGGIES | |
| 25 EGG & CHEESE ON A CROISSANT <u>FEATURED VEGGIES</u> SMILE FRIES FRESH CUT VEGGIES | 26 TURKEY WITH ALL THE FIXINGS <u>FEATURED VEGGIES</u> MASH POTATO, CORN, & BISCUIT | 27 ½ DAY | 28 HAPPY THANKSGIVING SCHOOL CLOSED | 29 SCHOOL CLOSED | (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products |

CAFÉ CONTACT INFO:
Veronica Leshner, Food Service Director
856 223-5120 ext. 8888
ma1540@metzcorp.com

Meal Prices
Student Lunch \$3.25
Reduced Lunch \$0.00
Faculty Lunch \$4.20



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.