








October

MIDDLE SCHOOL MENU

2024

Post Falls School District
Nutrition Services



Mon	Tue	Wed	Thu	Fri
 1 Breakfast Poptart Yogurt Lunch Bean & Cheese Burrito Salsa Rice	2 Breakfast Breakfast Sandwich Lunch Corndog Pudding Cup	3 Breakfast Mini Waffle Sausage Links Lunch Chicken Nuggets Garlic Bread	4	
7 Breakfast Mini Cinnamon Rolls Lunch Chicken Patty Sandwich Sunchips	8 Breakfast Muffin Yogurt Lunch Beef Taco Goldfish Graham	9 Breakfast Scrambled Egg Bowls Lunch Ham & Cheese Pinwheels Green Beans	10 Breakfast Mini Waffles Sausage Links Lunch Chicken Drumstick Mashed Potato Dinner Roll	11 
14 Breakfast Breakfast Burrito Lunch Parrot Pirate Ribbq Sandwich 	15 Breakfast Breakfast Round Yogurt Lunch Blackbeards Buffalo Chicken Nachos 	16 Breakfast Breakfast Pizza Lunch Treasure Island Hot Dog 	17 Breakfast French Toast Sticks Sausage Links Lunch Jolly Rogers Popcorn Chicken Mac & Cheese 	18 
NATIONAL SCHOOL LUNCH WEEK!!				
21 Breakfast Pancake Wrap Lunch Chicken Patty Sandwich	22 Breakfast Poptart Yogurt Lunch Chicken Walking- Taco Corn	23 Breakfast Breakfast Burrito Lunch Breakfast Sandwich Hash browns	24 Breakfast Mini Waffle Sausage Links Lunch Sweet & Sour Meatball Rice Bowl	25 
28 Breakfast Mini Cinnamon Rolls Lunch Cheeseburger	29 Breakfast Muffin Yogurt Lunch Bean & Cheese Burrito Salsa Rice	30 Breakfast Scrambled Egg Bowls Lunch Corndogs Pudding Cup	31 Breakfast Candy Corn Fruit Parfait Lunch Mummy Dogs Fruit Roll up	

**ALL BREAKFASTS
COME WITH FRUIT OR
JUICE AND MILK**

**ALL LUNCHESS COME
WITH FRUIT, VEGGIES
AND MILK**

See the Nutrition Services
homepage at www.pfsd.com
for more information.

Meal Prices:

Milk—	\$0.60
Breakfast—	2.30
Reduced	\$3.30
Lunch—	\$3.55
Reduced	\$4.40
Adult lunch—	\$4.95

**Alternate lunch
choice:**

**Uncrustable
PB&J, Pizza**

Salad or Sub

Sandwich

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.