TROUSDALE COUNTY HIGH SCHOOL

October 2024				Breakfast
Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1,3,5	<u>Wk 1,3,5</u>	<u>Wk 1,3,5</u>	<u>Wk 1,3,5</u>	<u>Wk 1,3,5</u>
Chicken Biscuit	Sausage/Egg Bagel	Sausage Biscuit	Muffin/Crackers or Parfait	Cinnamon Roll
<u>Wk 2,4</u>	<u>Wk 2,4</u>	<u>Wk 2,4</u>	<u>Wk 2,4</u>	<u>Wk 2,4</u>
Breakfast Pizza	Pancake Pup	Sausage Biscuit	Muffin/Crackers or Parfait	Donuts
No Pe	ersonal Pan Pizza/Salad Se	erved on Mondays!		Lunch
Monday	Tuesday	Wednesday	Thursday	Friday
Sept 30	Oct 1	Oct 2	Oct 3	Oct 4
hicken Tenders	Popcorn Chicken	Quesadilla	Spaghetti	BBQ Sandwich
3BQ Riblet	Broccoli/Cheese	Refried Beans	CA Blend Veggies	Chips
Turnip Greens	Fries	Salsa Cup	Cheesy Diced Potatoes	Mustard/Ketchup/LPTO
Mashed Potatoes	Biscuit	Corn	Garlic Knot	Carrot Sticks/Ranch
Roll	Slushie			
7	8	9	10	11
- Chicken Tenders	Tuna Sandwich	Beefy Tacos/Cheese	Gen. Tso Chicken	 Hamburger/Cheese
Green Beans	Hotdog	Black Bean Salsa	Fried Rice	Mustard/Ketchup/Mayo/LPTO
Sweet Potato Fries	Coleslaw	Corn	Oriental Veggies	Chips
Macaroni/Cheese	Baked Beans	Tortilla Scoops	Egg Roll	Broccoli Salad
Slushie		Mexican Rice	Fortune Cookie	
14	15	16	17	18
Popcorn Chicken	Corndog Pops	Lasagna	Taco Soup	
Garlic Mashed Potatoes	Corn	Steamed Broccoli	Tortilla Chips	No School
Green Peas	Fries	Baked Potato	Tater Tots	
Steamed Carrots		Breadstick	Salad	
Roll				
21	22	23	24	25
	FAC	Fall Break!		
28	29	30	31	Nov 1
Beef Steak/Gravy	Chicken Leg	Chili/Crackers	Chicken Alfredo	Chicken Sandwich
Chicken Patty	Black-Eyed Peas or Lima Beans	Hotdog	Glazed Carrots	Chips
Mashed Potatoes	CA Blend Veggies	Tater Tots	Scalloped Potatoes	Mustard/Ketchup/Mayo/LPTO
Green Beans	Biscuit	Corn	Roll	Coleslaw
Roll				Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to supply chain issues. Check school cafeteria for updates. This institution is an Equal Opportunity Provider.