

# September

## Harris Herald

born to

# Shine

### SCHOOL HOURS

Grades PK-4.....7:55 AM - 3:15 PM  
Front Doors Open.....7:15 AM  
Breakfast Served.....7:15 am - 7:50 AM  
Students Enter Class.....7:45 AM  
Class Begins.....7:55 AM

\*Students must be inside the building by 7:55 AM. Students entering the building after this time will be tardy. If a student is tardy, parents are required to park and come into the lobby to sign them in.

## Dates to Remember

Sept. 30th - Last day for GT referral

Oct. 1st - Astros Gear

Oct. 2nd - Pink

Oct. 11th - End of 1st grading period

Oct. 14th - Texans gear

Oct. 14th - Raising Cane's Spirit Day

Oct. 15th - Unity Day (orange)

Oct. 16th -18th - Fall Break

Lunch Menu

School Cafe

Become a Volunteer

Chaperone

PISD Calendar

Absence Reporting

Dress Code

Follow us on  
Social Media



\*If your child's birthday is anytime between December - March, due date for your child's birthday message is Nov. 17th.

[Click Here for more info.](#)



Let's celebrate Astros' for the 1st playoff game by wearing Astros gear



Tuesday, Oct. 1st

*October*  
**BREAST CANCER**  
AWARENESS MONTH

**WEAR PINK ON WEDNESDAYS**

A white awareness ribbon is shown against a pink background with a pattern of dots and radiating lines.

OCTOBER is  
**DYSLEXIA**  
AWARENESS MONTH

A gray awareness ribbon is shown to the right of the text.

*School Spirit*

**Wear Gray on Thursday, October 10th**

We are excited for **Toro's** Anti-Bully show to visit CJ Harris!!



Wear Texans gear to on **Monday, Oct. 14th**

The logo for CJ Harris Elementary, featuring a yellow star with "CJ HARRIS" above it and "ELEMENTARY" below it, all within a blue circle.

UNITY DAY IS AN ANNUAL EVENT OCCURING DURING NATIONAL BULLYING PREVENTION MONTH IN OCTOBER. IT PROMOTES COMMUNITY THROUGH KINDNESS, ACCEPTANCE, AND INCLUSION.

KINDNESS ACCEPTANCE INCLUSION  
KINDNESS ACCEPTANCE INCLUSION  
KINDNESS ACCEPTANCE INCLUSION  
**UNITY DAY**  
KINDNESS ACCEPTANCE INCLUSION  
KINDNESS ACCEPTANCE INCLUSION  
KINDNESS ACCEPTANCE INCLUSION

**10.15.24**

**WEAR AND SHARE ORANGE**  
#UNITYEVERYDAY

**SHARE KINDNESS**  
+ PROMOTE ACCEPTANCE  
+ ENCOURAGE INCLUSION  
= BULLYING PREVENTION.



# SCHOOL COUNSELOR

September 2024



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## A note from Mrs. Ragghianti:

This month I have visited classes and talked about being a respectful problem solver.

Problems come in many sizes. Most of them are small problems that our children are smart and strong enough to handle and solve.

Having choices to respectfully and peacefully solve a small problem is very important as our students continue to learn how to get along and build friendships. See the next page for some ideas.

😊 -Your School Counselor



## Upcoming events:

- Start with Hello Week Sept. 16-19
- Unity Day Oct. 15
- Red Ribbon Week Oct. 28 - Nov. 1
- World Kindness Day Nov. 13

## Coping Skills

DEEP BREATHS	Take time to practice deep breathing with your child.
CALMING THOUGHTS	Ask your child what words help them feel better. Help them choose a phrase.
COUNTING	Count to 20 with your child. Slowly, softly, and calmly to reset and calm.
GROUNDING	Uniting our mind with our body is very important. Using our five senses helps.
COPING SKILLS	Talk to your child about all the ways we can take care of our feelings.

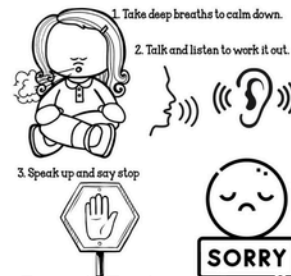
## Stay in touch:

Please allow for 24 hours for a response.

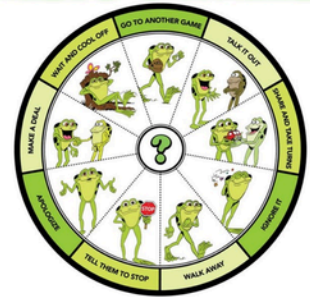
✉ ragghiantig@pearlandisd.org

☎ 281-485-4024

I can be a respectful problem-solver.



## KELSO'S WHEEL



### Conflict Resolution

Keep things your job and don't react. Don't let it bother you, it's no big deal!

### IGNORE

Use an assertive tone of voice and body language to tell the person to stop.

### TELL THEM TO STOP

Use a coping strategy to help yourself. It is much easier to solve a problem peacefully when you are calm.

### WAIT & COOL OFF

Use a coping strategy to help yourself. It is much easier to solve a problem peacefully when you are calm.

### Why do we want to solve our problems peacefully?

- Everyone makes mistakes
- Keeps respect for each other and keeps our friendships together
- Makes our classrooms more peaceful, nicer places to be

### TALK IT OUT

Let the person know how what they did made you feel. Let them know what you need.

### WALK AWAY/GO SOMEWHERE ELSE

Walk away from a situation that is making you feel frustrated, angry, or uncomfortable. Do spend time with other people.

### SHARE & INCLUDE OTHERS

Share materials and responsibilities. Include others in group projects, and activities.

### APOLOGIZE

We all make mistakes! Take responsibility and say you are sorry for your part in the conflict.

# RISE

## Mentoring

### Become a Mentor

# RESPECT

## Family Newsletter

PurposeFull People

### Respect Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways. We hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Across grade levels, students will be developing skills like perspective-taking, conflict resolution, and leadership.

### PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Respect. Here are 2 "PurposeFull Pursuits" you can complete together!

### Conversation Starters


- Can you share or show what Respect means?
- What is 1 way you have practiced Respect lately?

### #1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

### #2

Review Respect as a family! In our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward. Consider to embracing this practice at least 1 day each week!



# OCTOBER

## NEWSLETTER

**MESSAGE**

October is upon us, and the air is filled with the excitement of autumn! PTA has lots of important dates this month with fun activities and Spirit Nights planned!

**REMINDER**

- 2 Spirit Nights to support Harris in October!
- Our Next PTA Meeting will be November 7th at 6:00pm


**DATES TO REMEMBER**

- SPIRIT DAY at Raising Cane's- October 14
- SPIRIT DAY at Menchie's- October 25
- Penny Wars -October 21-November 1
- Trunk or Treat- October 24th- 5:30-7

**UPDATES**


- PTA SPIRIT WEAR store will re-open 10/7-10/18
- CANDY DONATIONS NEEDED! Trunk or Treat was a VERY busy event last year, to ensure we have plenty of candy, we need your help! A Signup Genius for candy donations will be posted soon- please be on the lookout!

**JOIN PTA**




[cjharrispta@gmail.com](mailto:cjharrispta@gmail.com)

Contact us to join and learn about ways you can help!



Can you solve this riddle?



I cackle in the night, and fly without a care, With a pointed hat and broom, I soar through the air.  
Who am I?



**Sign Up Today!**

**Stock the Pantry!**



Join PTA

CLICK HERE



SCAN ME

SATURDAY, OCTOBER 5, 2024

# Partnering with Parents

Turner High School  
4717 Bailey Road, Pearland, TX 77584

# Special Education Expo

8:15 AM - 9:00 AM

Check-in & Vendor Visits

9:00 AM - 12:00 PM

Learning Sessions  
(9:00 am, 10:00 am, 11:00 am)

## ABOUT

Are you a parent or guardian of a child with disabilities? We invite you to participate in our **FREE** Parent Training Sessions designed specifically for you!

## CONFERENCE TOPICS

- Guardianship & Alternatives
- Behavior
- Communication
- Dyslexia
- Autism
- ARD Meetings
- And many, many more!

**REGISTER NOW!**



*Childcare is limited.*

*Please contact Anna Gonzalez to secure a spot.  
281-486-3203*

