

OCTOBER 2024

PHS & LOVELADY HS GRAB & GO BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancake & Sausage on the stick Muffin Chocolate Chip Muffin Blueberry Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	2 Waffles, Froot Loops Honey Bun Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	3 Mini-Pancakes Muffin Blueberry Muffin Chocolate Chip Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	4 Pancake & Sausage on the Stick Pop-Tart Strawberry Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice
7 NO SCHOOL!!	8 NO SCHOOL!!	9 NO SCHOOL!!	10 Mini-Pancakes Muffin Blueberry Muffin Chocolate Chip Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	11 Pancake & Sausage on the stick Pop-Tart Strawberry Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice
14 Mini Pancakes Pop-Tart Strawberry Apple Frudel Assorted Breakfast Bars Assorted Fruit Juice Assorted Fresh Fruit	15 Pancake & Sausage on the stick Muffin Chocolate Chip Muffin Blueberry Assorted Breakfast Bars Assorted Cereal Assorted Fresh Fruit Assorted Fruit Juice	16 Waffles, Froot Loops Honey Bun Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	17 Mini-Pancakes Muffin Blueberry Muffin Chocolate Chip Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	18 Pancake & Sausage on the stick Pop-Tart Strawberry Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice
21 NO SCHOOL!!	22 Pancake & Sausage on the stick Muffin Chocolate Chip Muffin Blueberry Assorted Breakfast Bars Assorted Cereal Assorted Fresh Fruit Assorted Fruit Juice	23 Waffles, Froot Loops Honey Bun Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	24 Mini-Pancakes Muffin Blueberry Muffin Chocolate Chip Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	25 Pancake & Sausage on the stick Pop-Tart Strawberry Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice
28 Mini-Pancakes Pop-Tart Strawberry Assorted Breakfast Bars Assorted Fruit Juice Assorted Fresh Fruit	29 Pancake & Sausage on the stick Muffin Chocolate Chip Muffin Blueberry Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	30 Waffles, Froot Loops Honey Bun Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	31 Mini-Pancakes Muffin Blueberry Muffin Chocolate Chip Assorted Cereal Assorted Breakfast Bars Assorted Fresh Fruit Assorted Fruit Juice	

BREAKFAST PRICES: Student \$1.50 & Adult \$2.50

LOWFAT MILK OFFERED DAILY

100% JUICE OFFERED DAILY

This product was funded by USDA. This institution is an equal opportunity provider. MENU SUBJECT