

Video Links -

**Please note that some of the content does not use inclusive language. Much of the content includes information with the idea that all children identify as cisgender and are heterosexual, with a heterosexual 2 parent household. While the puberty info in the video is good info, some of the family/household, gender or sexuality information may not pertain to each student. Inclusion is very important to Shorewood and as better resources become available, we will be happy to update our content!*

[Always Changing and Growing Up | Co-Ed Puberty Education Video](#)

[Always Changing and Growing Up | Girls Puberty Education Video](#)

[Always Changing and Growing Up | Boys Puberty Education Video](#)