


As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

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OCTOBER
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6-12 BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Maple Pancake Chicken Sausage Assorted Cereal 1% Milk, Fruit	1 Maple Pancake Chicken Sausage Assorted Cereal 1% Milk, Fruit	2 Bagel, Cream Cheese Assorted Pop tart Assorted Yogurt 1% Milk, Fruit	3 NO SCHOOL Rash Hashanah	4 Fresh Baked Donuts Assorted Muffin String Cheese 1% Milk, Fruit
7 Maple Butter Waffle Assorted Muffin Assorted Yogurt 1% Milk, Fruit	8 Croissant Egg cheese Sandwich Assorted Muffin, 1% Milk Assorted Pop tart, Fruit	9 Bagel , Cream Cheese Assorted Muffin Assorted Yogurt 1% Milk, Fruit	10 Breakfast Egg & Cheese Assorted Muffin Assorted Pop tart 1% Milk, Fruit	11 Baked Cinnamon Roll Muffins, 1% Milk String Cheese, Fruit
14 No school Columbus/ Indigenous Day	15 Maple Pancake Chicken Sausage Assorted Cereal 1% Milk, Fruit	16 Bagel, Cream Cheese Assorted Pop tart Assorted Yogurt 1% Milk, Fruit	17 Bacon Egg Bites, Biscuit Assorted Muffin Assorted Pop Tart 1% Milk, Fruit	18 Fresh Baked Donuts Assorted Muffin String Cheese 1% Milk, Fruit
21 Maple Butter Waffle Assorted Muffin Assorted Yogurt 1% Milk, Fruit	22 Croissant Egg cheese Sandwich Assorted Muffin, 1% Milk Assorted Pop tart, Fruit	23 Bagel , Cream Cheese Assorted Muffin Assorted Yogurt 1% Milk, Fruit	24 Breakfast Egg & Cheese Assorted Muffin Assorted Pop tart 1% Milk, Fruit	25 Baked Cinnamon Roll Muffins, 1% Milk String Cheese, Fruit
28 Sweet Bread Slice, Assorted Muffin String Cheese 1% Milk, Fruit	29 Maple Pancake Chicken Sausage Assorted Cereal 1% Milk, Fruit	30 Bagel, Cream Cheese Assorted Pop tart Assorted Yogurt 1% Milk, Fruit	31 Bacon Egg Bites, Biscuit Assorted Muffin Assorted Pop Tart 1% Milk, Fruit	1 Fresh Baked Donuts Assorted Muffin String Cheese 1% Milk, Fruit



View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

