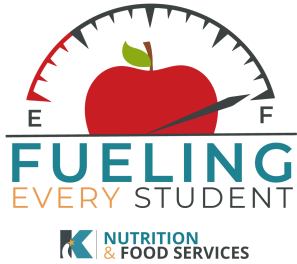


October 2024 Grace England Breakfast Menu



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Nutrigrain Bar w/ String Cheese Juice Milk	2 Pancake Bites Seasonal Fruit Milk	3 Kolache- ECC Cereal-ELC Juice Milk	4 Mini Bagel Seasonal Fruit Milk
7 Cereal Seasonal Fruit Milk	8 Yogurt Juice Milk	9 Pancake Bites Seasonal Fruit Milk	10 Kolache- ECC Cereal-ELC Juice Milk	11 Muffin Seasonal Fruit Milk
14 	15 Nutrigrain Bar w/ String Cheese Juice Milk	16 Pancake Bites Seasonal Fruit Milk	17 Kolache- ECC Cereal-ELC Juice Milk	18 
21 Cereal Seasonal Fruit Milk	22 Yogurt Juice Milk	23 Pancake Bites Seasonal Fruit Milk	24 Kolache- ECC Cereal-ELC Juice Milk	25 Muffin Seasonal Fruit Milk
28 Waffle Seasonal Fruit Milk	29 Nutrigrain Bar w/ String Cheese Juice Milk	30 Pancake Bites Seasonal Fruit Milk	31  Kolache- ECC Cereal-ELC Juice Milk HALLOWEEN	

Menu subject to change



October 2024 Grace England Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

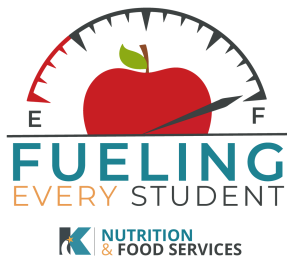
FRIDAY

	1 Chicken Quesadilla Cheese Quesadilla Refried Beans Seasonal Fruit Milk	2 Bosco Sticks Green Beans Marinara Cup Seasonal Fruit Milk	3 Chicken Nuggets Grilled Cheese Mashed Potatoes Seasonal Fruit Milk	4 Vegetarian Chick'n Sandwich Crinkle Fries Frozen Fruit Cup - ECC Seasonal Fruit Milk
7 French Bread Pizza Broccoli Seasonal Fruit Milk	8 Macaroni & Cheese Baked Beans Seasonal Fruit Milk	9 Cheese Pizza Baby Carrots Seasonal Fruit Milk	10 Chicken Nuggets Grilled Cheese Mashed Potatoes Seasonal Fruit Milk	11 Breaded Chicken Sandwich Grilled Cheese Sweet Potato Fries Seasonal Fruit Milk
14 	15 Nachos Refried Beans Seasonal Fruit Milk	16 Mini Corn Dogs- ECC Grilled Cheese Baby Carrots Seasonal Fruit Milk	17 Chicken Nuggets Grilled Cheese Mashed Potatoes Seasonal Fruit Milk	18 
21 Pancakes & Eggs Tater Tots Seasonal Fruit Milk	22 Macaroni & Cheese Baked Beans Seasonal Fruit Milk	23 Cheese Pizza Baby Carrots Seasonal Fruit Milk	24 Chicken Nuggets Grilled Cheese Mashed Potatoes Seasonal Fruit Milk	25 Hot Dog- ECC Grilled Cheese Sweet Potato Fries Seasonal Fruit Milk
28 Chicken Drumstick - ECC Turkey & Cheese Sandwich Grilled Cheese Steamed Broccoli Seasonal Fruit Milk	29 Chicken Quesadilla Cheese Quesadilla Refried Beans Seasonal Fruit Milk	30 Bosco Sticks Green Beans Marinara Cup Seasonal Fruit Milk	31  Chicken Nuggets Grilled Cheese Mashed Potatoes Seasonal Fruit Milk HALLOWEEN	

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October 2024 Elementary Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices

Paid: \$1.50

Reduced: \$0.00

Free: \$0.00

Adult: \$3.30



Promotions:

October 4th: We celebrate **National Cinnamon Roll Day** by serving our delicious **homemade cinnamon rolls**.

October 7-11th: Celebrate **National School Lunch Week** and enter to **win prizes** with the purchase of a school lunch. Also we are giving away **"Pirate's Booty" popcorn** during lunch on Friday.

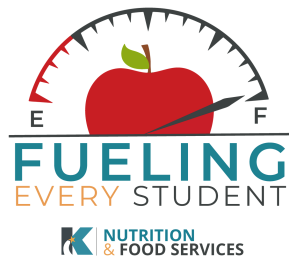
October 31st: Offering a **Candy Corn Fruit Cup** and fun shaped **Bat Nuggets** for lunch.

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<p>Breakfast Prices <i>Paid: \$1.50</i> <i>Reduced: \$0.00</i> <i>Free: \$0.00</i> <i>Adult: \$3.30</i></p>	<p>1 Sausage Kolache Muffin Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>2 Bacon, Egg & Cheese Taco French Toast Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>3 Sausage & Cheese Kolache Soft Cereal Bar Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>4 Cinnamon Roll Strawberry Boli Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p> 
<p>7 Chicken Biscuit Fruit Loop Waffle Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>8 Sausage Kolache Yogurt Parfait Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>9 Breakfast Bowl Monkey Bread Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>10 Sausage & Cheese Kolache Mini Bagel Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>11 Cinnamon Roll Pancake Bites Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>
<p>14</p> 	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p> 
<p>21 Chicken Biscuit Fruit Loop Waffle Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>22 Sausage Kolache Muffin Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>23 Bacon, Egg & Cheese Taco French Toast Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>24 Sausage & Cheese Kolache Soft Cereal Bar Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>25 Cinnamon Roll Strawberry Boli Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>
<p>28 Chicken Biscuit Fruit Loop Waffle Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>29 Sausage Kolache Yogurt Parfait Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>30 Breakfast Bowl Monkey Bread Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p>	<p>31 Sausage & Cheese Kolache Mini Bagel Cereal Yogurt Toast Seasonal Fruit & Juice Milk</p> 	<p>Variety of milk options available daily.</p> 

HALLOWEEN

Menu subject to change



October 2024 Elementary Pre-K Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices

Paid: \$1.50
Reduced: \$0.00
Free: \$0.00
Adult: \$3.30

Promotions:

October 4th: We celebrate **National Cinnamon Roll Day** by serving our delicious **homemade cinnamon rolls**.

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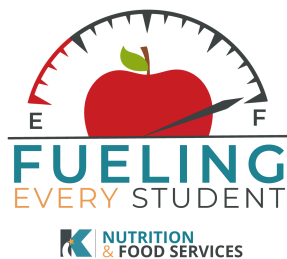
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	1	2	3	4
	Sausage Kolache Seasonal Fruit & Juice Milk	Bacon, Egg & Cheese Taco Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Seasonal Fruit & Juice Milk	Cereal Seasonal Fruit & Juice Milk
7	8	9	10	11
Chicken Biscuit Seasonal Fruit & Juice Milk	Sausage Kolache Seasonal Fruit & Juice Milk	Breakfast Bowl Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Seasonal Fruit & Juice Milk	Pancake Bites Seasonal Fruit & Juice Milk
14	15	16	17	18
				
21	22	23	24	25
Chicken Biscuit Seasonal Fruit & Juice Milk	Sausage Kolache Seasonal Fruit & Juice Milk	Bacon, Egg & Cheese Taco Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Seasonal Fruit & Juice Milk	Cereal Seasonal Fruit & Juice Milk
28	29	30	31	
Chicken Biscuit Seasonal Fruit & Juice Milk	Sausage Kolache Seasonal Fruit & Juice Milk	Breakfast Bowl Seasonal Fruit & Juice Milk	 Sausage & Cheese Kolache Seasonal Fruit & Juice Milk	Variety of milk options available daily.  

HALLOWEEN

Menu subject to change



October 2024 Breakfast in the Classroom Menu

Greenwood Forest | Epps Island | Kaiser
Nitsch | Klenk | Eiland | McDougale





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices Paid: \$1.50 Reduced: \$0.00 Free: \$0.00 Adult: \$3.30	1 Cereal Muffin Seasonal Fruit & Juice Milk	2 Yogurt & Cereal Bar French Toast Seasonal Fruit & Juice Milk	3 Yogurt & Grahams Soft Cereal Bar Seasonal Fruit & Juice Milk	4 Mini Cinnis Homemade Sausage & Cheese Kolache Seasonal Fruit & Juice Milk 
7 Yogurt & Nutrigrain Bar Froot Loop Waffle Seasonal Fruit & Juice Milk	8 Cereal Yogurt Parfait Seasonal Fruit & Juice Milk	9 Yogurt & Cereal Bar Strawberry Boli Seasonal Fruit & Juice Milk	10 Yogurt & Grahams Pancake Bites Seasonal Fruit & Juice Milk	11 Homemade Cinnamon Roll Sausage Kolache Seasonal Fruit & Juice Milk
14 	15 	16 	17 	18
21 Yogurt & Nutrigrain Bar Froot Loop Waffle Seasonal Fruit & Juice Milk	22 Cereal Muffin Seasonal Fruit & Juice Milk	23 Yogurt & Cereal Bar French Toast Seasonal Fruit & Juice Milk	24 Yogurt & Grahams Soft Cereal Bar Seasonal Fruit & Juice Milk	25 Mini Cinnis Homemade Sausage & Cheese Kolache Seasonal Fruit & Juice Milk
28 Yogurt & Nutrigrain Bar Fruit Loop Waffle Seasonal Fruit & Juice Milk	29 Cereal Yogurt Parfait Seasonal Fruit & Juice Milk	30 Yogurt & Cereal Bar Strawberry Boli Seasonal Fruit & Juice Milk	31  Yogurt & Grahams Pancake Bites Seasonal Fruit & Juice Milk HALLOWEEN	Variety of milk options available daily. 

Promotions:

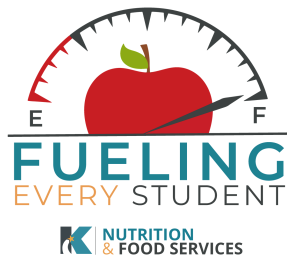
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October 31st: Offering a Candy Corn Fruit Cup and fun shaped Bat Nuggets for lunch.

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Menu subject to change



October 2024 Elementary Lunch Menu

Promotions:

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MONDAY

Variety of Milk
options available
daily. Turkey &
Cheese sandwich
offered daily
(v) = vegetarian

Mini Corn Dogs
Pizza Bagels (v)
Nacho Munchable (v)
Crispy Chicken Caesar
Salad
Steamed Broccoli
Fresh Veggie Line
Seasonal Fruit
Milk



TUESDAY

Nacho Grande
Cheesy Nachos (v)
Potstickers & Sauce
Southwestern Salad
Refried Beans
Fresh Veggie Line
Seasonal Fruit
Milk

Nacho Grande
Cheesy Nachos (v)
Chicken Egg Rolls
Southwestern Salad
Refried Beans
Fresh Veggie Line
Seasonal Fruit
Milk

WEDNESDAY

Teriyaki Chicken & Lo Mein
Chicken Drumstick &
Breadstick
Wowbutter Munchable (v)
Chef Salad
Green Beans
Fresh Veggie Line
Seasonal Fruit
Milk

Pepperoni Pizza
Cheese Pizza (v)
Lasagna & Breadstick
Wowbutter Munchable (v)
Chef Salad
Steamed Zucchini & Squash
Fresh Veggie Line
Seasonal Fruit
Milk

THURSDAY

Chicken Nuggets
Grilled Cheese (v)
Cobb Salad
Roll
Mashed Potatoes
Fresh Veggie Line
Seasonal Fruit
Milk

Chicken Nuggets
Macaroni & Cheese (v)
Cobb Salad
Roll
Mashed Potatoes
Fresh Veggie Line
Seasonal Fruit
Milk



FRIDAY

French Bread Pizza (V)
Breaded Chicken Sandwich
Cheese Pizza Munchable (v)
Chicken Nugget Salad
Smiley Fries
Cookie
Fresh Veggie Line
Seasonal Fruit
Milk

Cheeseburger/Hamburger
Green Chile & Cheese
Tamale (v)
Cheese Pizza Munchable (v)
Chicken Nugget Salad
Curly Fries
Pirate's Booty Cheddar Puffs
Fresh Veggie Line
Seasonal Fruit
Milk



FALL BREAK



Orange Chicken & Rice
Bosco Sticks (v)
Nacho Munchable (v)
Crispy Chicken Caesar
Salad
Steamed Broccoli
Fresh Veggie Line
Seasonal Fruit
Milk

Nacho Grande
Cheesy Nachos (v)
Cheese Calzone (v)
Southwestern Salad
Seasoned Corn
Fresh Veggie Line
Seasonal Fruit
Milk

Vegetarian Chick'n Sandwich (v)
Pepperoni Selfie Pizza
Cheese Selfie Pizza
Wowbutter Munchable (v)
Chef Salad
Garlic Parmesan Green Beans
Fresh Veggie Line
Seasonal Fruit
Milk

Chicken Nuggets
Grilled Cheese (v)
Cobb Salad
Roll
Mashed Potatoes
Fresh Veggie Line
Seasonal Fruit
Milk

Hot Dog
Spaghetti Noodles (v)
Spaghetti w/ Meatballs
Cheese Pizza Munchable (v)
Chicken Nugget Salad
Crinkle Fries
Fresh Veggie Line
Frozen Emoji Juice Cup
Seasonal Fruit
Milk

Gravy Crunchers w/ Waffle
Pancakes & Eggs (v)
Nacho Munchable (v)
Crispy Chicken Caesar
Salad
Tater Tots
Fresh Veggie Line
Seasonal Fruit
Milk

Nacho Grande
Cheesy Nachos (v)
Mini Corn Dogs
Southwestern Salad
Refried Beans
Fresh Veggie Line
Seasonal Fruit
Milk

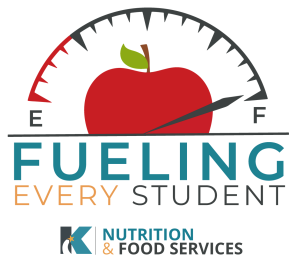
Pepperoni Pizza
Cheese Pizza (v)
Chicken Alfredo Pasta &
Breadstick
Wowbutter Munchable (v)
Chef Salad
Steamed Broccoli
Fresh Veggie Line
Seasonal Fruit
Milk

Bat Shaped Nuggets
Grilled Cheese (v)
Cobb Salad
Roll
Mashed Potatoes
Fresh Veggie Line
Candy Corn Fruit Cup
Milk
HALLOWEEN



Lunch Prices:
Paid: \$2.50
Reduced: \$0.40
Free: \$0.00
Adult: \$5.00

Menu subject to change



October 2024 Elementary Pre-K Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Promotions:

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October 7-11th: Celebrate **National School Lunch Week** and enter to **win prizes** with the purchase of a school lunch. Also we are giving away **"Pirate's Booty" popcorn** during lunch on Friday.

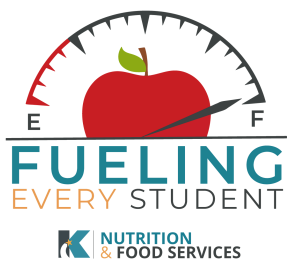
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<p><i>Turkey & Cheese sandwich offered daily</i> (v) = vegetarian</p>	<p>1</p> <p>Cheesy Nachos (v) Potstickers & Sauce Corn Cucumber Seasonal Fruit Milk</p>	<p>2</p> <p>Teriyaki Chicken & Lo Mein Wowbutter Munchable (v) Green Beans Edamame Seasonal Fruit Milk</p>	<p>3</p> <p>Chicken Nuggets Grilled Cheese (v) Roll Mashed Potatoes Baby Carrots Seasonal Fruit Milk</p>	<p>4</p> <p>French Bread Pizza (V) Breaded Chicken Sandwich Smiley Fries Cookie Baby Carrots Seasonal Fruit Milk</p>
<p>7</p> <p>Mini Corn Dogs Pizza Bagels (v) Steamed Broccoli Cucumber Seasonal Fruit Milk</p>	<p>8</p> <p>Cheesy Nachos (v) Chicken Egg Rolls Refried Beans Edamame Seasonal Fruit Milk</p>	<p>9</p> <p>Pepperoni Pizza Cheese Pizza (v) Steamed Zucchini & Squash Cucumber Seasonal Fruit Milk</p>	<p>10</p> <p>Chicken Nuggets Macaroni & Cheese (v) Roll Mashed Potatoes Baby Carrots Seasonal Fruit Milk</p>	<p>11</p> <p>Hamburger Cheese Pizza Munchable (v) Curly Fries Baby Carrots Pirate's Booty Cheddar Puffs Seasonal Fruit Milk</p>
<p>14 15 16 17 18</p> <p>FALL BREAK</p>				
<p>21</p> <p>Orange Chicken & Rice Bosco Sticks (v) Steamed Broccoli Edamame Seasonal Fruit Milk</p>	<p>22</p> <p>Cheesy Nachos (v) Cheese Calzone (v) Seasoned Corn Cucumber Milk</p>	<p>23</p> <p>Pepperoni Selfie Pizza Cheese Selfie Pizza Garlic Parmesan Green Beans Cucumber Seasonal Fruit Milk</p>	<p>24</p> <p>Chicken Nuggets Spaghetti Noodles (v) Spaghetti w/ Meatballs Mashed Potatoes Green Bell Pepper Seasonal Fruit Milk</p>	<p>25</p> <p>Hot Dog Grilled Cheese (v) Crinkle Fries Grape Tomatoes Frozen Emoji Juice Cup Seasonal Fruit Milk</p>
<p>28</p> <p>Gravy Crunchers w/ Waffle Pancakes & Eggs (v) Tater Tot Baby Carrots Seasonal Fruit Milk</p>	<p>29</p> <p>Cheesy Nachos (v) Mini Corn Dogs Refried Beans Corn Seasonal Fruit Milk</p>	<p>30</p> <p>Pepperoni Pizza Cheese Pizza (v) Steamed Broccoli Baby Carrots Seasonal Fruit Milk</p>	<p>31</p> <p>Bat Shaped Nuggets Cheese Enchiladas (v) Roll Mashed Potatoes Baby Carrots Candy Corn Fruit Cup Milk HALLOWEEN</p>	<p>Lunch Prices: Paid: \$2.50 Reduced: \$0.40 Free: \$0.00 Adult: \$5.00</p>

Menu subject to change



October 2024 VISTAS Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices

Paid: \$1.50

Reduced: \$0.00

Free: \$0.00

Adult: \$3.30

Promotions:

October 4th: We celebrate **National Cinnamon Roll Day** by **serving our delicious homemade cinnamon rolls.**

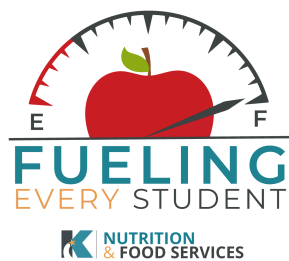
October 7-11th: Celebrate **National School Lunch Week** and enter to **win prizes** with the purchase of a school lunch. Also we are giving away **“Pirate’s Booty” popcorn** during lunch on Friday.

October 31st: Offering a **Candy Corn Fruit Cup** and fun shaped **Bat Nuggets** for lunch.

	1	2	3	4
	Sausage Kolache Muffin Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Taco French Toast Cereal Powdered Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Soft Cereal Bar Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Strawberry Boli Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk
7	8	9	10	11
Chicken Biscuit Fruit Loop Waffle Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache Overnight Oats Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Bowl Monkey Bread Cereal Powdered Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Mini Bagels Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Pancake Bites Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk
14	15	16	17	18
				
21	22	23	24	25
Chicken Biscuit Fruit Loop Waffle Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache Muffin Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Taco French Toast Cereal Powdered Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Soft Cereal Bar Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Strawberry Boli Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk
28	29	30	31	
Chicken Biscuit Fruit Loop Waffle Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache Overnight Oats Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Bowl Monkey Bread Cereal Powdered Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Mini Bagels Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk  HALLOWEEN	Variety of milk options available daily. 

Menu subject to change

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: Program.Intake@usda.gov This institution is an equal opportunity provider.



October 2024 KAEC/TRC Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices

Paid: \$1.50
Reduced: \$0.00
Free: \$0.00
Adult: \$3.30

Promotions:

October 4th: We celebrate **National Cinnamon Roll Day** by serving our delicious **homemade cinnamon rolls**.

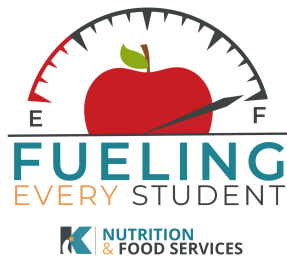
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	1	2	3	4
	Sausage Kolache Muffin Cereal Toast Seasonal Fruit & Juice Milk	Breakfast Taco French Toast Cereal Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Soft Cereal Bar Cereal Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Strawberry Boli Cereal Toast Seasonal Fruit & Juice Milk
7	8	9	10	11
Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	Sausage Kolache Overnight Oats Cereal Toast Seasonal Fruit & Juice Milk	Breakfast Bowl Monkey Bread Cereal Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Mini Bagels Cereal Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Pancake Bites Cereal Toast Seasonal Fruit & Juice Milk
14	15	16	17	18
				
21	22	23	24	25
Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	Sausage Kolache Muffin Cereal Toast Seasonal Fruit & Juice Milk	Breakfast Taco French Toast Cereal Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Soft Cereal Bar Cereal Toast Seasonal Fruit & Juice Milk	Cinnamon Roll Strawberry Boli Cereal Toast Seasonal Fruit & Juice Milk
30	29	30	31	
Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	Sausage Kolache Overnight Oats Cereal Toast Seasonal Fruit & Juice Milk	Breakfast Bowl Monkey Bread Cereal Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache Mini Bagels Cereal Toast Seasonal Fruit & Juice Milk 	Variety of milk options available daily. 

Menu subject to change



October 2024 KAEC/TRC/VISTAS Lunch Menu

MONDAY

Variety of Milk options available daily. Turkey & Cheese offered daily

(v) = vegetarian

TUESDAY

Nacho Grande ¹
Cheesy Nachos (v)
French Bread Pizza (v)
Southwestern Salad
 Spanish Rice (HS)
 Elote (Mexican Corn)
 Fresh Veggie Line
 Seasonal Fruit
 Milk

WEDNESDAY

²
Pepperoni Pizza
Cheese Pizza (v)
Bacon Cheeseburger
Chef Salad
 Broccoli
 Fresh Veggie Line
 Seasonal Fruit
 Milk

THURSDAY

³
Chicken Nuggets & Roll
Mac & Cheese & Roll (v)
Cobb Salad
 Baked Beans
 Fresh Veggie Line
 Seasonal Fruit
 Milk

FRIDAY

⁴
Spicy Chicken Sandwich
Fish Sandwich
Grilled Cheese (v)
Chicken Nugget Salad
 Curly Fries
Cookie
 Fresh Veggie Line
 Seasonal Fruit
 Milk

⁷
Taco Crisp Up
Bosco Sticks (v)
Crispy Chicken Caesar Salad
 Steamed Broccoli
 Fresh Veggie Line
 Seasonal Fruit
 Milk



⁸
Nacho Grande
Cheesy Nachos (v)
Tamales - Pork Roja
Southwestern Salad
 Spanish Rice (HS)
 Refried Beans
 Fresh Veggie Line
 Seasonal Fruit
 Milk

⁹
Pepperoni Pizza
Cheese Pizza (v)
Potstickers & Sauce
Chef Salad
 Steamed Zucchini & Squash
 Fresh Veggie Line
 Seasonal Fruit
 Milk

¹⁰
Chicken Nuggets & Roll
Rebelyous Chick'n Sandwich (v)
Cobb Salad
 Mashed Potatoes
 Fresh Veggie Line
 Seasonal Fruit
 Milk



¹¹
Cheeseburger/Hamburger
Grilled Cheese (v)
Chicken Nugget Salad
 Curly Fries
Pirate's Booty Cheddar Puffs
 Fresh Veggie Line
 Seasonal Fruit
 Milk



FALL BREAK



²¹
Orange Chicken & Rice
Bosco Sticks (v)
Crispy Chicken Caesar Salad
 Steamed Broccoli
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²²
Nacho Grande
Cheesy Nachos (v)
Cheeseburger/Hamburger
Southwestern Salad
 Spanish Rice (HS)
 Seasoned Corn
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²³
Pepperoni Pizza
Cheese Pizza (v)
Lasagna & Breadstick
Chef Salad
 Garlic Parmesan Green Bean
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²⁴
Chicken Nuggets & Roll
Green Chile Tamale (v)
Cobb Salad
 Baked Beans
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²⁵
Spicy Chicken Sandwich
Fish Sandwich
Grilled Cheese (v)
Chicken Nugget Salad
 Curly Fries
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²⁸
Chicken Egg Rolls
Bosco Sticks (v)
Crispy Chicken Caesar Salad
 Steamed Broccoli
 Fresh Veggie Line
 Seasonal Fruit
 Milk

²⁹
Nacho Grande
Cheesy Nachos (v)
BBQ Pork Sandwich
Southwestern Salad
 Spanish Rice (HS)
 Refried Beans
 Fresh Veggie Line
 Seasonal Fruit
 Milk

³⁰
Pepperoni Pizza
Cheese Pizza (v)
Breaded Chicken Sandwich
Chef Salad
 Steamed Broccoli
 Fresh Veggie Line
 Seasonal Fruit
 Milk

³¹
Bat Shaped Nuggets & Roll
Vegetarian Chick'n Sandwich (v)
Cobb Salad
 Mashed Potatoes
 Fresh Veggie Line
Candy Corn Fruit Cup
 Milk
HALLOWEEN



Lunch Prices:
 Paid: \$2.50
 Reduced: \$0.40
 Free: \$0.00
 Adult: \$5.00

Promotions:
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