



# Gaylord Community Schools K-6

## October 2024 Breakfast Menu



	1 **Cereal Kit Craisins	2 **Maple Waffles Applesauce Cup Juice	3 **Cinni Mini Fresh Pear Juice	4 **Banana Bread Fresh Apple Juice
7 Trix Yogurt String Cheese **Cracker Apple Slices Juice	8 **Cereal Kit Craisin	9 **Maple French Toast Clementine Juice	10 **Cherry Granola Bar Fruit Cup Juice	11 **Pizza Bagel Fresh Pear Juice
14 **Benefit Bar Peach Fruit Cup Juice	15 **Berry Bread Apple Slices Juice	16 **Bagel w/ Cream Cheese Banana Juice	17 **Pancake on a Stick Fresh Clementine Juice	18 **Blueberry Muffin Fresh Pear Juice
21 **Pancakes Applesauce Cup Juice	22 **Cherry Frudel Apple Slices Juice	23 **Apple Cinnamon Muffin Banana Juice	24 **Strawberry Cream Cheese Bagel Fruit Cup Juice	25 **Breakfast Wrap Fresh Orange Juice
28 **Breakfast Sand- wich Pineapple Cup Juice	29 **Cereal Kit Craisins	30 **Maple Waffles Applesauce Cup Juice	31 <b>Halloween</b> **Cinni Mini Fresh Pear Juice	

Choice of 1% or Fat Free Milk.  
Is provided with each meal

Available Daily:  
Fresh fruit/4 oz Fruit Juice  
\*\*Assorted Cereal  
\*\*Bagel w/Cream Cheese  
Yogurt/\*\*Cracker

Student Breakfast = an entrée & 2  
choices of fruit and/or vegetable and  
milk

All students are entitled to one  
free breakfast per day.  
\*\*Students will be charged for  
any additional breakfasts\*

\*\*= Whole Grain Items

Menu is subject to change  
without notification

This institution is an equal  
opportunity employer