



September 30, 2024

Dear Families,

This week, our school will focus on the character strength of **Open-Mindedness**. This means being willing to consider new ideas and try new things. It involves looking at situations from all sides and not jumping to conclusions.

Open-mindedness is about seeking out and fairly weighing evidence, even if it goes against our own opinions or goals. Open-minded people listen to different viewpoints, including those that are less popular. They are often good listeners and provide balanced advice, which makes them great friends and confidants. This strength helps individuals form meaningful and lasting relationships.

To practice and encourage the character strength of open-mindedness at home, please visit the Positivity Project's mobile-friendly [P2 for Families](#). There, you will watch a video clip together and discuss a quote and three questions related to open-mindedness.

Thank you for your support and have a wonderful week!

Respectfully,

Jessica Smatko

Jessica Smatko
Coordinator for School Improvement/
Teacher on Special Assignment



OPEN-MINDEDNESS



Virtue: Wisdom and Knowledge. Strengths of wisdom and knowledge are cognitive strengths related to the acquisition and use of information. Strengths comprised in this virtue are creativity, curiosity, open-mindedness, love of learning, and perspective.

WHAT DOES OPEN-MINDEDNESS MEAN?

You like to consider new ideas and try new things. You examine things from all sides and don't jump to conclusions.

WHY DOES THIS MATTER?

People who are open-minded are more likely to make accurate decisions that they won't regret because they think through all sides of a problem. Open-minded individuals are often good listeners and able to provide a balanced viewpoint, which helps them form meaningful and lasting relationships.

QUOTES ON OPEN-MINDEDNESS

"An open mind is better than a clenched fist."
-Matshona Dhliwayo

"An open mind allows you to explore and create and grow."
-Oprah Winfrey

"It is not our differences that divide us; it's our inability to recognize, celebrate, and accept those differences."
-Audre Lorde

"Never be limited by other people's limited imaginations...If you adopt their attitudes, then the possibility won't exist because you'll have already shut it out."
-Mae Jemison

