## **OCTOBER 2024**

## CENTRAL YORK MS



LUNCH PRICES Students - \$3.00 Reduced - NO CHARGE Adults -\$4.75 Milk Alternative Milk Choice: Soy and Lactaid.Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat White or Fat Free White Milk Alternative Milk Choice: Soy and Lactaid.• Choice of Assorted Fruit Offered Daily Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices • Menu Subject To Change • NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA • Fresh Vegetables offered Daily. • *Contains Pork/Ham				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Tenders w/Waffle & Syrup Corn	Cheese Steak Sandwich Pierogies Seasoned Green Beans 2	Spook - etti w/Googly Eyes in Sauce (meatballs) Garlic Knot Garden Salad 3	Hot Dog or Fiesta Dog Sweet Potato Fries Baked Beans 4
Breaded Mozzarella Cheese Sticks w/Marinara Sauce Roasted Potatoes California Blend Vegetables 7	Walk Away Taco Lettuce/Tomato Cup Ranchero Beans Churro 8	French Toast Sticks Chicken Sausage Links Hash Brown Juice Cup 9	Chicken & Mashed Potato Bowl w/Gravy WG Roll Corn 10	*Hot Ham/ Turkey & Cheese on Pretzel Roll Chips Peas 11
NO SCHOOL	Nacho Dippers w/ Meat, Cheddar or Queso Cheese Spanish Rice Fiesta Beans 15	Panther Cheesy Bread w/Tomato Soup WG Spooky Gold Fish Crackers <b>16</b>	Korean BBQ Chicken w/ Rice Stir Fry Vegetables 17	Mummy Dog Sun Chips BOO Beans 18
Cheese Pizza Sticks w/Marinara Sauce Steamed Broccoli 21	Chicken Bacon Quesadilla w/ Ranch or Honey Mustard Sauce Fiesta Rice Seasoned Black Beans 22	Early Dismissal Bag Lunch Deli Sandwich Chips Juice Box/ Carrot Pack 23	Early Dismissal Bag Lunch Deli Sandwich Chips Juice Box/ Carrot Pack 24	NO SCHOOL 25
NO SCHOOL	Buffalo Chicken Cheesy Mac & Cheese Seasoned Green Beans	Beef Soft Taco's w/Lettuce & Tomato Cup Cheese Cowboy Caviar	HS Student Recipe Chili & Corn Bread B00 Beans	
28	29	30	31	