

BREAKFAST MENU

L-S Martin Meylin 6-8

BREAKFAST MEAL IS FREE TO ALL STUDENTS !!

October 2024

Breakfast meal includes one entrée, one fruit and/or juice and choice of milk.

Monday, 9/30	Tuesday, 10/1	Wednesday, 10/2	Thursday, 10/3	Friday, 10/4	Daily
Frudel Oatmeal Bars Asst Fruit/Juices/Milk	Waffles Granola Bars Asst Fruit/Juice/Milk	Bacon/Egg/Cheese on Muffin Sandwich Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Mini Cinnis Rice Krispie Asst Fruit/Juice Milk	PBJ Uncrustable Cereal Bowl
Monday, 10/7	Tuesday, 10/8	Wednesday, 10/9	Thursday, 10/10 ED	Friday, 10/11	Daily
WG Donuts Egg/cheese Early Riser Asst Fruit/Juice/Milk	Sausage/Egg/Cheese on Croissant Asst Fruit/Juice/Milk	Warm Oatmeal Round Yogurt Parfait w/ Granola Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	No School	PBJ Uncrustable Pop Tarts
Monday, 10/14	Tuesday, 10/15	Wednesday, 10/16	Thursday, 10/17	Friday, 10/18	Daily
No School	Dutch Waffle Mini Breakfast Bites Asst Fruit/Juice/Milk	Breakfast Pizza Yogurt Parfait w/ Granola Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Fruit Smoothie Nutrigrain Bar Asst Fruit/Juice/Milk	PBJ Uncrustable Cereal Bowls
Monday, 10/21	Tuesday, 10/22	Wednesday, 10/23	Thursday, 10/24	Friday, 10/25	Daily
Stuffed Bagel Bites Benefit Bar Asst Fruit/Juice/Milk	Cinnamon Roll Cereal Bars Asst Fruit/Juice/Milk	Ham/Egg/Cheese on Biscuit Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Mini Pancakes Granola Bars Asst Fruit/Juice/Milk	PBJ Uncrustable Pop Tarts
Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	Friday 11/1	Daily
Frudel Oatmeal Bars Asst Fruit/Juices/Milk	Waffles Granola Bars Asst Fruit/Juice/Milk	Bacon/Egg/Cheese on Muffin Sandwich Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Mini Cinnis Rice Krispie Asst Fruit/Juice Milk	PBJ Uncrustable Pop Tarts

Martin Meylin Kitchen Manager:

717-464-3311 EXT 3013

This institution is an equal opportunity employer and provider.

Menu subject to change without notice. 9/11/24 KAS