OCTOBER 2024 MIDDLE SCHOOL Breakfast

	OCTOBE	R 2024 M	MIDDLE	: SCHC		SCHOOL LUNCH PIRATES
	MON	TUE	WED	THU	FRI	
	REMINDER Menus are subject to change without notice	WG Pancakes w/ Syrup Chicken Nuggets Steak Fingers Roll Mashed Potatoes & Gravy	Scrambled Eggs, Hash Browns, & Sausage Deluxe Nacho (w/ Doritos) Spanish Rice Garden Salad, Baby Carrots, & Jalapeno Beans 9	Sausage Biscuit Taco Triangles Homestyle Spaghetti Garlic Bread Strawberry Spinach Salad California Vegetables	Yogurt Parfait Grilled Cheese Cheese Pizza Slice Garden Salad Peas & Carrots	Celebrate National School Lunch Week October 14 - 18
	Apple Frudel BBQ Sandwich Cheeseburger Smiley Emoji Fries Lettuce, Tomato, Pickles	Pancake on a Stick Mini Cheese Pockets Catfish Strips Dinner Roll Broccoli Baby Carrots	Cinnamon Roll Classic Nacho's Spanish Rice Garden Salad Refried Beans	Breakfast Croissant Orange Chicken Teriyaki Dippers Rice Strawberry Spinach Salad Peas & Carrots	No School for Students	Middle and High School Breakfasts also include a variety of cereal choices, as well as daily selections of fruit, 100% fruit juice, 1% white milk, and fat free chocolate
	No School for Students and Staff	Pancakes & Sausage Mesquite Glazed Chicken Chicken Nuggets Roll Baked Beans, Baby Carrots, & Celery Sticks	Breakfast Pizza Bagel Deluxe Nachos (w/ Doritos) Garden Salad Jalapeno Pinto Beans, Corn, and Cucumbers	Sausage, Egg, & Cheese Biscuit Homestyle Meatloaf Chicken Tender Roll Mashed Potatoes & Gravy Baby Carrots, & Celery Sticks	Sausage Kolache Bean & Cheese Burrito Personal Cheese Pizza Sweet Potato Fries Celery Sticks, & Cucumbers w/ Tomato	white milk, fat free chocolate milk, and fat free strawberry milk
	Strawberry PopTart Chicken Sliders Cheeseburger French Fries Lettuce, Tomato, Pickles	Pancake on a Stick Chicken-N-Waffles Homemade Chicken Spaghetti Garden Salad California Vegetables	Blueberry Bagel w/ Cream Cheese & Strawberries Nacho's Spanish Rice Garden Salad Refried Beans	Breakfast Croissant Orange Chicken Teriyaki Dippers Rice Strawberry Spinach Salad Carrots	Strawberry Boli Corndog Personal Pepperoni Pizza Sweet Potato Fries Cucumber Slice	options. If you have not completed a Free & Reduced Price Meal application since July 2024, visit <u>schoolcafe.com</u> to
	2 Blueberry Muffin Chicken Sandwich Cheeseburger Sweet Potato Fries Lettuce, Tomato, Pickles	WG Pancakes W/ Syrup Chicken Nuggets Steak Fingers Roll Honey Roasted Carrots Mashed Potatoes & Gravy	Scrambled Eggs, Hash Browns, & Sausage Deluxe Nacho (w/ Doritos) Spanish Rice Garden Salad, Baby Carrots, & Jalapeno Beans	Sausage Biscuit Taco Triangles Homestyle Spaghetti Garlic Bread Strawberry Spinach Salad California Vegetables Pumpkin Sugar Cookie	This Institution Is An Equal Opportunity Provider Follow Us	complete a new application for the current school year.