

# October 2024

## LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
30		10/1		10/2		10/3		10/4	
Bagel & Cream Cheese (v)	Variety Cereal (v)	Waffle with Strawberries + Turkey Sausage	French Toast with Strawberry Sauce(v)	Variety Cereal (v)		Apple Slices			
Sliced Peaches	Tangerines or Mandarins	Bahama Bananas	Strawberries						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
7		8		9		10		11	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Strawberry Parfait & Granola	Waffle with Strawberry Sauce	Cinnamon Swirl Pancakes		Manager's Choice: Fresh Fruit			
Sliced Peaches	Oranges	Bahama Bananas	Harvest of the Month: Sugarbee Apples						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
14		15		16		17		18	
Bagel & Cream Cheese (v)	Variety Cereal (v)	Waffle + Turkey Sausage	Variety Cereal (v)	French Toast with Strawberry Sauce(v)		Apple Slices			
Sliced Peaches	Oranges	Bahama Bananas	Strawberries						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
21		22		23		24		25	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Strawberry Parfait & Granola	Waffle with Strawberry Sauce	Cinnamon Swirl Pancakes		Manager's Choice: Fresh Fruit			
Sliced Peaches	Oranges	Bahama Bananas	Harvest of the Month: Sugarbee Apples						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
28		29		30		31		11/1	
Bagel & Cream Cheese (v)	Variety Cereal (v)	Waffle + Turkey Sausage	Variety Cereal (v)	French Toast with Strawberry Sauce(v)		Apple Slices			
Sliced Peaches	Oranges	Bahama Bananas	Strawberries						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						

(p) = Contains Pork

This institution is an equal opportunity provider.

# October 2024

## LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI		
30		10/1		10/2		10/3		10/4		
Mozzarella Breadsticks + Marinara Sauce (v)	Chicken Alfredo Pasta	Chicken Delights	Bean & Cheese Pupusa with Curtido 9V)	Yummy Cheese Pizza Slice (v)		Sliced Peaches		It's Corn		
Tangerines or Mandarins	Bahama Bananas	Strawberries	Apple Slices							
Broccoli w/ Ranch	Baby Carrots	Cool Cucumbers	Baby Carrots							
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk							
7		8		9		10		11		
SunButter & Jelly Sandwich + String Cheese (v)	Grilled Cheese (v)	Super Orange Chicken	Tamale: Chicken & Red Sauce & String Cheese		Oranges		Chicken Nuggies		Sliced Peaches	
Tangerines or Mandarins	Bahama Bananas	Harvest of the Month: Sugarbee Apples								
Broccoli w/ Ranch	Baby Carrots	Jicama Sticks, Edamame	Cool Cucumbers		8 oz NF or 1% White Milk		It's Corn		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk								
14		15		16		17		18		
Mozzarella Breadsticks + Marinara Sauce (v)	Planet Pasta (v)	Chicken Delights	Oranges		Bean & Cheese Pupusa (v)		Yummy Cheese Pizza Slice (v)		Sliced Peaches	
Tangerines or Mandarins	Bahama Bananas	Cool Cucumbers								
Broccoli w/ Ranch	Baby Carrots	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk									
21		22		23		24		25		
SunButter & Jelly Sandwich + String Cheese (v)	Happy Burger (Grass Fed Beef)	Super Orange Chicken	Harvest of the Month: Sugarbee Apples		Oranges		Tamale: Chicken & Red Sauce & String Cheese		Chicken Nuggies	
Tangerines or Mandarins	Bahama Bananas	Jicama Sticks, Edamame								
Broccoli w/ Ranch	Baby Carrots	Cool Cucumbers	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk								
28		29		30		31		11/1		
Mozzarella Breadsticks + Marinara Sauce (v)	Planet Pasta (v)	Chicken Delights	Oranges		Bean & Cheese Pupusa (v)		Yummy Cheese Pizza Slice (v)		Sliced Peaches	
Tangerines or Mandarins	Bahama Bananas	Cool Cucumbers								
Broccoli w/ Ranch	Baby Carrots	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk									

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

