

# October 2024

## LESD Preschool Breakfast Menu

MON		TUES		WED		THURS		FRI	
30		10/1		10/2		10/3		10/4	
Waffles with Strawberry Sauce	Egg & Cheese Wrap (v)	Variety Cereal (v)	Ham & Cheese Croissant	Variety Cereal (v)					
Mandarin Smiles	Peach Slices	Bahama Bananas	Navel Orange	Apple Slices					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
7		8		9		10		11	
Bagels & Cream Cheese (v)	Variety Cereal (v)	French Toast with Strawberry Sauce (v)	Cinnamon Swirl Pancakes	Strawberry Parfait & Granola					
Mandarin Smiles	Peach Slices	Bahama Bananas	HOTM: Sugarbee Apples	Navel Oranges					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
14		15		16		17		18	
Waffles with Strawberry Sauce	Bagels & Cream Cheese (v)	Variety Cereal (v)	Ham & Cheese Croissant	Variety Cereal (v)					
Mandarin Smiles	Peach Slices	Bahama Bananas	Navel Orange	Apple Slices					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
21		22		23		24		25	
Bagels & Cream Cheese (v)	Variety Cereal (v)	French Toast with Strawberry Sauce (v)	Cinnamon Swirl Pancakes	Strawberry Parfait & Granola					
Mandarin Smiles	Peach Slices	Bahama Bananas	HOTM: Sugarbee Apples	Navel Oranges					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
28		29		30		31		11/1	
Waffles with Strawberry Sauce	Bagels & Cream Cheese (v)	Variety Cereal (v)	Ham & Cheese Croissant	Variety Cereal (v)					
Mandarin Smiles	Peach Slices	Bahama Bananas	Navel Orange	Apple Slices					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

# October 2024

## LESD Preschool Lunch Menu

MON	TUES	WED	THURS	FRI
<b>30</b>	<b>10/1</b>	<b>10/2</b>	<b>10/3</b>	<b>10/4</b>
Chicken Nuggies Peach Slices Krypton Kale Salad 8 oz NF or 1% White Milk	Happy Burger or Happy Cheeseburger (Grass Fed Beef) Bahama Bananas Baby Carrots w/ Ranch, Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Super Orange Chicken Navel Oranges Edamame 8 oz NF or 1% White Milk	Tamales: Chicken & Red Sauce + String Cheese Apple Slices Radish Chips 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) 100% Fruit Juice It's Corn 8 oz NF or 1% White Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Mozzarella Pull Aparts with Marinara (v) Peach Slices Super Celery with Super Ranch 8 oz NF or 1% White Milk	Planet Pasta Bahama Bananas Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	Crispy Chicken Drumstick + Cornbread HOTM: Sugarbee Apples Baby Carrots w/ Ranch 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) Navel Oranges Chili Jicama Sticks 8 oz NF or 1% White Milk	Yummy Cheese Pizza Slice (p) Fruity Frozen Cup It's Corn 8 oz NF or 1% White Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chicken Nuggies Peach Slices Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	Happy Burger or Happy Cheeseburger (Grass Fed Beef) Bahama Bananas Baby Carrots w/ Ranch, Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Super Orange Chicken Navel Oranges Edamame 8 oz NF or 1% White Milk	The Best Burrito (v) Apple Slices Cool Cucumber 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) 100% Fruit Juice It's Corn 8 oz NF or 1% White Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Mozzarella Pull Aparts with Marinara (v) Peach Slices Super Celery with Super Ranch 8 oz NF or 1% White Milk	Grilled Cheese Bahama Bananas Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	Teriyaki Chicken & Rice Bowl HOTM: Sugarbee Apples Homestyle Ranch Salad 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) Navel Oranges When Carrot Met Hummus 8 oz NF or 1% White Milk	Planet Pasta Fruity Frozen Cup Garden Fresh Tossed Salad 8 oz NF or 1% White Milk
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>11/1</b>
Chicken Nuggies Peach Slices Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	Happy Burger or Happy Cheeseburger (Grass Fed Beef) Bahama Bananas Baby Carrots w/ Ranch, Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Super Orange Chicken Navel Oranges Edamame 8 oz NF or 1% White Milk	Tamales: Chicken & Red Sauce + String Cheese Apple Slices Cool Cucumbers 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) 100% Fruit Juice It's Corn 8 oz NF or 1% White Milk

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