# Prodigal Sons and Daughters
# Substance Intervention & Prevention

PSD YTH

DISCOVER • FREEDOM • GROWTH • BELONG • PURPOSE

Programs

## What do we do?

### 5-day Drug and Alcohol Intervention Course

The 5-day Drug and Alcohol course educates students on the dangers of drug and alcohol use, covering topics such as the effects on the brain, media literacy, understanding specific substances, and healthy coping strategies for stress and anxiety.

### 2-day Vaping / Tobacco Intervention Course

Our 2-day Vaping and Tobacco course educates students on the effects of vaping and tobacco use, focusing on both the brain and body. Students will learn about the short- and long-term impacts of vaping, debunk common myths, and explore healthy coping strategies for managing stress, pressure, and anxiety.

### Drug and Alcohol Awareness

One-hour class(es) for student health classes or assemblies on the causes and effects of drug and alcohol use. Students will learn about the harmful effects of popular substances and how to make healthy choices for their futures.

### Vaping Awareness

One-hour class(es) for student health classes or assemblies on the dangers of vaping and tobacco use. Students will learn about the harmful effects of vaping and how to make healthy choices for their futures.

### Community Drug Awareness

A 90-minute presentation for parents and community members on our area's current drug use data, as well as information about prevention, resources, and support for families struggling with substance use.

### Identifying Substances and Substance Use

90-minute programs for parents and community members or faculty and staff on the signs and symptoms of drug use in students. Participants will learn what to look for in physical and behavioral symptoms, learn the language of drug use, and practice identifying substances and paraphernalia

### Programs Designed Upon Request

Do you have a topic or content to share with students, their families, or your faculty and staff regarding substance use prevention, intervention or recovery? Let us know, and we can design a program catered to your community.

**For detailed information:** *www.prodigalsonsanddaughters.org*
Call: (209) 634-3538 Email: welcome@prodigalsonsanddaughters.org