



BREAKFAST



LUNCH

OCTOBER 2024

DDSLC

Questions?
foodservices@tcusd.net
This institution is an equal
opportunity provider.

MENU IS SUBJECT TO CHANGE
BASED ON PRODUCT AVAILABILITY.

Monday

Tuesday

Wednesday

Thursday

Friday

WG Muffin, Fruit, Milk **1**
Cheese Bosco Stick
Orange Chicken & Rice Bowl

WG Concha, Fruit, Milk **2**
Cheese Quesadilla
Beef Penne Pasta & WG Roll

WG Waffle, Fruit, Milk **3**
Pepperoni Bosco Stick
Mac and Cheese Pasta, WG Roll

WG Breakfast Bar, Fruit, Milk
Pepperoni Calzone
Bean & Cheese Burrito

WG Cereal, Fruit, Milk **7**
Chicken Sandwich
Beef Cheeseburger

WG Muffin, Fruit, Milk **8**
Chicken Corn Dog
Beef Hot Dog

WG Concha, Fruit, Milk **9**
Pepperoni Pizza
Teriyaki Chicken & Rice Bowl

WG Waffle, Fruit, Milk **10**
Chicken Taquitos
Turkey Sandwich

WG Breakfast Bar, Fruit, Milk **11**
Bean & Cheese Burrito
Fish Patty Sandwich

WG Cereal, Fruit, Milk **14**
Beef Penne Pasta & WG Roll
Beef Cheeseburger

WG Muffin, Fruit, Milk **15**
Cheese Bosco Stick
Orange Chicken & Rice Bowl

WG Concha, Fruit, Milk **16**
Cheese Quesadilla
Beef Penne Pasta & WG Roll

WG Waffle, Fruit, Milk **17**
Pepperoni Bosco Stick
Mac and Cheese Pasta, WG Roll

WG Breakfast Bar, Fruit, Milk **18**
Pepperoni Calzone
Bean & Cheese Burrito

WG Cereal, Fruit, Milk **21**
Chicken Sandwich
Beef Cheeseburger

WG Muffin, Fruit, Milk **22**
Chicken Corn Dog
Beef Hot Dog

WG Concha, Fruit, Milk **23**
Pepperoni Pizza
Teriyaki Chicken & Rice Bowl

WG Waffle, Fruit, Milk **24**
Chicken Taquitos
Turkey Sandwich

WG Breakfast Bar, Fruit, Milk **25**
Bean & Cheese Burrito
Fish Patty Sandwich

WG Cereal, Fruit, Milk **28**
Beef Penne Pasta & WG Roll
Beef Cheeseburger

WG Muffin, Fruit, Milk **29**
Cheese Bosco Stick
Orange Chicken & Rice Bowl

WG Concha, Fruit, Milk **30**
Cheese Quesadilla
Beef Penne Pasta & WG Roll

WG Waffle, Fruit, Milk **31**
Pepperoni Bosco Stick
Mac and Cheese Pasta, WG Roll

Daily Choice:
Peanut Butter and Jelly Sandwich
Grilled Cheese Sandwich

Vegetables:
Baby Carrots, Cucumber Slices, Celery Sticks,
Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans
Chopped Romaine Salad

Fruits:
Apple Slices/Whole, Cantaloupe Cubes, Pineapple
Slices, Grapes, Tangerines, Raisins, Cranberries,
Applesauce Cups, Mixed Fruit Cups

Daily Milk Choice:
Nonfat White Milk
1% Lowfat White Milk
NonFat Chocolate Milk

