

OCTOBER 2024

TCHS

Questions? foodservices@tcusd.net This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY.

Monday

WG Cereal, Fruit, Milk

Pepperoni Pizza

Teriyaki Chicken & Rice Bowl

Chicken Taguitos

Chicken Burger

RibbQ Pork Burger

Pepperoni Pizza

Teriyaki Chicken & Rice Bowl

Chicken Taguitos

Beef Penne Pasta & WG Roll

RibbQ Burger

Pepperoni Pizza

Teriyaki Chicken & Rice Bowl

Chicken Taquitos

Chicken Burger

RibbQ Pork Burger

WG Cereal, Fruit, Milk

WG Cereal, Fruit, Milk

Tuesday

WG Muffin, Fruit, Milk

Cheese Bosco Stick

Orange Chicken & Rice Bowl

Chicken Corn Dog

Mac and Cheese Pasta, WG Roll

Beef Hot Dog

Cheese Bosco Stick

Orange Chicken & Rice Bowl

Chicken Corn Dog

Fish Patty Burger

Beef Hot Dog

Cheese Bosco Stick

Orange Chicken & Rice Bowl

Chicken Corn Dog

Mac and Cheese Pasta, WG Roll

Beef Hot Dog

Cheese Bosco Stick

Orange Chicken & Rice Bowl

Chicken Corn Dog

Fish Patty Burger

Beef Hot Dog

Cheese Bosco Stick

Orange Chicken & Rice Bowl

Chicken Corn Dog

Mac and Cheese Pasta, WG Roll

Beef Hot Dog

WG Muffin, Fruit, Milk 20

WG Muffin, Fruit, Milk 99

WG Muffin, Fruit, Milk 15

WG Muffin, Fruit, Milk

Wednesday

WG Concha, Fruit, Milk Pepperoni Pizza Teriyaki Chicken & Rice Bowl

Cheese Quesadilla Beef Penne Pasta & WG Roll

Beef Cheese Burger

WG Concha, Fruit, Milk Q

Pepperoni Pizza Teriyaki Chicken & Rice Bowl Cheese Quesadilla Chicken Burger

Beef Cheese Burger

WG Concha, Fruit, Milk 16 Pepperoni Pizza

Teriyaki Chicken & Rice Bowl Cheese Quesadilla Beef Penne Pasta & WG Roll

Beef Cheese Burger

WG Concha, Fruit, Milk

Pepperoni Pizza Teriyaki Chicken & Rice Bowl Cheese Quesadilla Chicken Burger Beef Cheese Burger

WG Concha, Fruit, Milk (1)

Pepperoni Pizza Teriyaki Chicken & Rice Bowl Cheese Quesadilla Beef Penne Pasta & WG Roll Beef Cheese Burger

Thursday

WG Waffle, Fruit, Milk

Pepperoni Bosco Stick Orange Chicken & Rice Bowl **Chicken Taguitos Turkey Sandwich** Beef Hot Dog

WG Waffle, Fruit, Milk 10

Pepperoni Bosco Stick Orange Chicken & Rice Bowl **Chicken Taquitos Turkey Sandwich** Beef Hot Dog

WG Waffle, Fruit, Milk

Pepperoni Bosco Stick Orange Chicken & Rice Bowl **Chicken Taguitos Turkey Sandwich** Beef Hot Dog

WG Waffle, Fruit, Milk

Pepperoni Bosco Stick Orange Chicken & Rice Bowl **Chicken Taguitos Turkey Sandwich** Beef Hot Dog

WG Waffle, Fruit, Milk

Pepperoni Bosco Stick Orange Chicken & Rice Bowl Chicken Taquitos **Turkey Sandwich** Beef Hot Dog

Friday

WG Breakfast Bar, Fruit, Milk

Pepperoni Calzone Teriyaki Chicken & Rice Bowl Bean & Cheese Burrito Fish Patty Burger Beef Cheese Burger

WG Breakfast Bar, Fruit, Milk

Pepperoni Calzone Teriyaki Chicken & Rice Bowl Bean & Cheese Burrito Fish Patty Burger Beef Cheese Burger

WG Breakfast Bar, Fruit, Milk

Pepperoni Calzone Teriyaki Chicken & Rice Bowl Bean & Cheese Burrito Fish Patty Burger Beef Cheese Burger

WG Breakfast Bar, Fruit, Milk

Pepperoni Calzone Teriyaki Chicken & Rice Bowl Bean & Cheese Burrito Fish Patty Burger Beef Cheese Burger

Pepperoni Pizza Teriyaki Chicken & Rice Bowl **Chicken Taquitos** Beef Penne Pasta & WG Roll RibbQ Burger

WG Cereal, Fruit, Milk

Vegetables:

Baby Carrots, Cucumber Slices, Celery Sticks, Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans **Chopped Romaine Salad**

Fruits:

Apple Slices/Whole, Cantaloupe Cubes, Pineapple Slices, Grapes, Tangerines, Raisins, Cranberries, **Applesauce Cups, Mixed Fruit Cups**

Daily Choice: **Peanut Butter and Jelly Sandwich** Turkey and Cheese Sandwich **Grilled Cheese Sandwich**

Daily Milk Choice: Nonfat White Milk 1% Lowfat White Milk NonFat Chocolate Milk