

#### OCTOBER 2024

Oak Ave.

Questions?
foodservices@tcusd.net
This institution is an equal

# Monday WG Cereal, Fruit, Milk 7 Pepperoni Calzone Orange Chicken & Rice Bowl

Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk

Pepperoni Calzone

Teriyaki Chicken & Rice Bowl

Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk

Pepperoni Calzone

Orange Chicken & Rice Bowl Fruit + Vegetables, Milk

#### Tuesday

#### WG Muffin, Fruit, Milk Beef Cheese Burgers Beef Hot Dogs Fruit + Vegetables, Milk

### WG Muffin, Fruit, Milk Beef Cheese Burgers Beef Hot Dogs Fruit + Vegetables, Milk

### WG Muffin, Fruit, Milk 5 Beef Cheese Burgers

Beef Hot Dogs

Fruit + Vegetables, Milk

WG Muffin, Fruit, Milk
Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

WG Cereal, Fruit, Milk28

Pepperoni Calzone

Teriyaki Chicken & Rice Bowl

Fruit + Vegetables, Milk

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WG Muffin, Fruit, Milk
Beef Cheese Burgers
Beef Hot Dogs
Fruit + Vegetables, Milk

#### Wednesday

#### WG Mini Bagel, Fruit, Milk Pepperoni Bosco Sticks Spicy Chicken Sandwich Fruit + Vegetables, Milk

#### WG Mini Bagel, Fruit, Milk Cheese Bosco Sticks Chicken Crispitos Fruit + Vegetables, Milk

#### WG Mini Bagel, Fruit, Milk Pepperoni Bosco Sticks Spicy Chicken Sandwich Fruit + Vegetables, Milk

WG Mini Bagel, Fruit, Milk Cheese Bosco Sticks Chicken Crispitos Fruit + Vegetables, Milk

WG Mini Bagel, Fruit, Milk Pepperoni Bosco Sticks Spicy Chicken Sandwich Fruit + Vegetables, Milk

#### Thursday

#### WG Waffle, Fruit, Milk Chicken and Mashed Potatoes & WG Roll BBQ Rib-b-q Sandwich Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk O Chicken Corn Dog Beef Penne Pasta & WG Roll Fruit + Vegetables, Milk

## WG Waffle, Fruit, Milk Chicken and Mashed Potatoes & WG Roll BBQ Rib-b-q Sandwich Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk24 Chicken Corn Dog Beef Penne Pasta & WG Roll Fruit + Vegetables, Milk

WG Waffle, Fruit, Milk Chicken and Mashed Potatoes & WG Roll BBQ Rib-b-q Sandwich Fruit + Vegetables, Milk

#### Friday

### WG Breakfast Bar, Fruit, Milk Pizza: Veggie Pepperoni or Cheese Fruit + Vegetables, Milk

# WG Breakfast Bar, Fruit, Milk Pizza: Veggie Pepperoni or Cheese Fruit + Vegetables, Milk

# WG Breakfast Bar, Fruit, Milk Pizza: Veggie Pepperoni or Cheese Fruit + Vegetables, Milk

WG Breakfast Bar,
Fruit, Milk
Pizza: Veggie
Pepperoni or Cheese
Fruit + Vegetables, Milk



Daily Choice:
Peanut Butter and Jelly Sandwich
Turkey and Cheese Sandwich
Grilled Cheese Sandwich

Vegetables:

Baby Carrots, Cucumber Slices, Celery Sticks, Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans Chopped Romaine Salad Fruits:

Apple Slices/Whole, Cantaloupe Cubes, Pineapple Slices, Grapes, Tangerines, Raisins, Cranberries, Applesauce Cups, Mixed Fruit Cups

Daily Milk Choice: Nonfat White Milk 1% Lowfat White Milk NonFat Chocolate Milk