



# Community Consolidated School District 15 October 2024 Junior High Menu



## Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A 10-7</b>	<u>Assorted Cereal</u>	<u>Apple Frudel</u>	<u>Breakfast Bagel</u>	<u>Cinnamon Waffle</u>	<u>Whole Grain Donut</u>
<b>B 10-14</b>	<u>Assorted Cereal</u>	<u>Mini Blueberry Waffle</u>	<u>Sausage &amp; Gravy Bkft Pizza</u>	<u>Maple Waffle</u>	<u>Cinnamon Rush F.T.</u>
<b>C 10-21</b>	<u>Assorted Cereal</u>	<u>Confetti Pancakes</u>	<u>Cheesy Omelet w/Biscuit</u>	<u>Blueberry Waffle</u>	<u>Cinni Mini</u>
<b>D 10-28</b>	<u>Assorted Cereal</u>	<u>Caramel Cinni Mini</u>	<u>Mini Pancake &amp; Sausage Bites</u>	<u>Chocolate Chip F.T.</u>	<u>Mini Pancake Bites</u>

### School Nutrition Services

Walter R. Sundling J.H.  
1100 North Smith Street  
Palatine, Illinois 60067  
847-963-3929  
Tina Woods, Director

### Free/Reduced Information

Please visit [www.ccsd15.net](http://www.ccsd15.net)  
To apply for free and reduced lunches.  
If you have any questions,  
please call Nutrition Services  
at 847-963-3929

## Lunch Menu

	Mon. Sept. 30	Tues. Oct. 1	Wed. Oct. 2	Thurs. Oct. 3	Fri. Oct. 4
<b>WEEK 9/30 10/4</b>	Homemade Quesadilla or Mozzarella Sticks £ with Marinara Sauce  Fruit and Veggie Bar	Chicken Patty or Spicy Chicken Patty or Flatbread  Fruit and Veggie Bar  Morningstar Farms® Nuggets	All Beef Hot Dog u on a Whole Grain Bun or Manager Choice Wrap  Baked Beans  Fruit and Veggie Bar	Yang's® Orange Chicken. with Steamed Rice  Broccoli  Fruit and Veggie Bar  Morningstar Farm® Nuggets	Nardone's® Pizza  Kernel Corn  Fruit and Veggie Bar
<b>WEEK A 10-7</b>	Cheesy Max Sticks £ with Marinara Sauce  Fruit and Veggie Bar	Chicken Tenders. or Spicy Chicken Tenders.  Fruit and Veggie Bar  Morningstar Farms® Nuggets	Cheeseburger u on a Whole Grain Bun or Manager Choice Wrap  Fruit and Veggie Bar	Cherry Blossom Chicken with Rice c  Broccoli  Fruit and Veggie Bar	Big Daddy's® Pizza  Baked Beans  Fruit and Veggie Bar  Morningstar® Farm Nuggets
<b>WEEK B 10-14</b>	<b>National School Lunch Week</b>	Chicken Tenders c with Waffle or Manager Choice Personal Pizza  Fruit and Veggie Bar  Morningstar Farms® Nuggets	Macaroni and Cheese £ with Chicken Nuggets c or Wrap  Fruit and Veggie Bar  Morningstar Farms® Nuggets	Manager's Choice Pizza or Big Daddy's® Pizza  Seasoned Corn  Fruit and Veggie Bar	Breaded Pizza Crunchers £  Baked Beans  Fruit and Veggie Bar
<b>WEEK C 10-21</b>	Grilled Cheese Sandwich £ or Manager's Choice Grilled Cheese  Fruit and Veggie Bar	Cinnamon French Toast£ with Sausage e or Yogurt and Tri-Tater  Fruit and Veggie Bar	Beef Tacos u or Fiesta Bean Tacos £  Fiesta Beans  Fruit and Veggie Bar	Georgelos® Sausage Pizza e Pepperoni Pizza e Cheese Pizza £ Seasoned Corn  Fruit and Veggie Bar	Bosco Cheese Sticks £ with Marinara Sauce or Taco Salad u in Baked Shell  Fruit and Veggie Bar
<b>WEEK D 10-28</b>	Homemade Quesadilla £ or Mozzarella Sticks £ with Marinara Sauce  Fruit and Veggie Bar	Chicken Patty or Spicy Chicken Patty or Flatbread  Fruit and Veggie Bar  Morningstar Farms® Nuggets	All Beef Hot Dog u on a Whole Grain Bun or Manager Choice Wrap Baked Beans  Fruit and Veggie Bar	Yang's® Orange Chicken. with Steamed Rice  Broccoli  Fruit and Veggie Bar  Morningstar Farm® Nuggets	Nardone's® Pizza  Kernel Corn  Fruit and Veggie Bar

Combo meals include 5 components: Meat/Meat Alternate, Whole Grains, Milk, and up to two fruits and two vegetables daily. Choose a minimum of 3 components. Customer must include 1 fruit or 1 vegetable.  
Available daily: Seasonal fresh cut fruit, whole fresh fruit, chilled canned fruit, and 100% fruit juice.

"A #2 pencil and a dream can take you anywhere."  
JOYCE MEYER

Nutrition Services  
**WE'RE HIRING!**  
[www.CCSD15.NET](http://www.CCSD15.NET)

- Choice of 1% lowfat white, and non-fat flavored milk is offered with all complete meals.
- Assorted cereal served daily with breakfast.
- Uncrustables® Peanut Butter and Sun Butter sandwiches are offered daily.
- Fresh salad with whole grain dinner roll offered daily.
- Fresh sandwiches on whole grain breads are offered daily.
- Our pizza crust are whole grain.
- All juices offered are 100% fruit juice.
- Fruit and juice offered with breakfast daily.
- Vegan meals available upon request.

National School Lunch Week is  
October 14-October 18

### \*\*Important Menu Update

Last minute menu changes are occurring frequently and are out of our control due to the nationwide food supply issues. Menus on the district website may not reflect these changes. We appreciate your patience and understanding at this time. If you have questions regarding your school's menu, feel free to reach out to your School Nutrition Coordinator or the District Nutrition Office at (847) 963-3928

Breakfast \$1.40  
Reduced: \$0.30  
Lunch \$2.80  
Reduced: \$0.40  
Milk \$0.50  
Adult Lunch \$3.35

### OCTOBER 2024

	M	T	W	TH	F
		1	2	3	4
A	7	8	9	10	11
B	14	15	16	17	18
C	21	22	23	24	25
D	28	29	30	31	

### NOVEMBER 2024

	M	T	W	TH	F
D					1
A	4	5	6	7	8
B	11	12	13	14	15
C	18	19	20	21	22
D	25	26	27	28	29

• Chicken  
u Beef  
e Pork  
£ Vegetarian  
u Turkey

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