

# Pharr-San Juan-Alamo ISD

## EHS Lunch Menu

# OCT

## 2024

### MONDAY

9/30

POPCORN CHICKEN(S)  
MASHED POTATOES(G)  
FRESH ORANGE WEDGES(G)  
KETCHUP

### TUESDAY

10/1

PICADILLO CON PAPAS(S)  
CORN TORTILLA(G)(1 EA)  
REFRIED BEANS(G)  
MANDARIN ORANGES(S)

### WEDNESDAY

10/2

STEAK FINGERS(S)  
STEAMED BROCCOLI(G)  
CANTALOUPE CHUNKS(G)  
KETCHUP

### THURSDAY

10/3

HAMBURGER(S)  
CRINKLE CUT FRIES(S) OR  
**GOLDEN CORN(G)**  
PINEAPPLE TIDBITS(S)  
KETCHUP/  
MUSTARD/MAYO

### FRIDAY

10/4

PEPPERONI PIZZA(S)  
CUCUMBER SLICES(G)  
DICED PEARS(S)  
LF DRESSING

Choices of  
Low Fat or Skim Milk  
(flavored & unflavored)  
offered daily  
Assorted  
100% Juice & Fruit  
offered Daily for  
Breakfast

"This institution is an  
equal opportunity  
provider"

\*Menu is subject to  
change without notice  
due to deliveries and  
nation-wide shortages

MON – Goldfish Crackers  
& Milk  
TUE – Strawberry Yogurt  
Chex Mix & Milk  
WED – Graham Crackers,  
Diced Peaches & Milk  
THURS – Biscuit, Jelly &  
100% Fruit Juice

**FRI – Garlic Bread Stick  
& Marinara Sauce,  
Water**

REV. 2  
9/27/24

10/7

STAR CHICKEN NUGGETS(S)  
MASHED POTATOES(G)  
DICED PEACHES(S)  
KETCHUP

10/8

BEAN & CHEESE PUPUSA(S)  
GOLDEN CORN(G)  
MANDARIN ORANGES(S)

10/9

PICADILLO CON PAPAS(S)  
CORN TORTILLA(G)(1 EA)  
REFRIED BEANS(G)  
CANTALOUPE CHUNKS(G)

10/10

HAMBURGER(S)  
CRINKLE CUT FRIES(S)  
PINEAPPLE TIDBITS(S)  
KETCHUP/  
MUSTARD/MAYO

10/11

CHEESY PULL - APARTS(S)  
CUCUMBER SLICES(S)  
DICED PEARS(S)  
LF DRESSING

10/14

**NON – SCHOOL  
DAY**

10/15

STEAK FINGERS(S)  
MASHED POTATOES(G)  
MANDARIN ORANGES(S)  
KETCHUP

10/16

RIB-B-Q ON A HOAGIE BUN  
STEAMED BROCCOLI(G)  
HONEY DEW MELON(S)  
KETCHUP/MUSTARD/MAYO/

10/17

POPCORN CHICKEN(S)  
CRINKLE CUT FRIES(S)  
PINEAPPLE TIDBITS(S)  
KETCHUP

10/18

PEPPERONI PIZZA(S)  
CUCUMBER SLICES(G)  
WATERMELON CUBES(S)  
LF DRESSING

10/21

STAR CHICKEN NUGGETS(S)  
MASHED POTATOES(G)  
FRESH ORANGE WEDGES(G)  
KETCHUP

10/22

SOFT BEEF & CHEESE TACOS(S)  
SOPA DE FIDEO(G)  
REFRIED BEANS(G)  
MANDARIN ORANGES(S)  
LF DRESSING

10/23

CHERRY BLOSSOM CHICKEN(S)  
STEAMED WHITE RICE(G)  
STEAMED BROCCOLI(G)  
WATERMELON CUBES(G)

10/24

HAMBURGER  
CRINKLE CUT FRIES(S)  
PINEAPPLE TIDBITS(S)  
KETCHUP/  
MUSTARD/MAYO

10/25

CHEESY PULL - APARTS(S)  
CUCUMBER SLICES(G)  
DICED PEARS(S)  
LF DRESSING

10/28

POPCORN CHICKEN(S)  
MASHED POTATOES(G)  
FRESH ORANGE WEDGES(G)  
KETCHUP

10/29

PICADILLO CON PAPAS(S)  
CORN TORTILLA(G)(1 EA)  
REFRIED BEANS(G)  
MANDARIN ORANGES(S)

10/30

STEAK FINGERS(S)  
STEAMED BROCCOLI(G)  
CANTALOUPE CHUNKS(G)  
KETCHUP

10/31

HAMBURGER(S)  
CRINKLE CUT FRIES(S)  
PINEAPPLE TIDBITS(S)  
KETCHUP/  
MUSTARD/MAYO

11/1

PEPPERONI PIZZA(S)  
CUCUMBER SLICES(G)  
DICED PEARS(S)  
LF DRESSING

