Pharr-San Juan-Alamo ISD

EHS & UMOS Breakfast Menu

WEDNESDAY

THURSDAY

FRIDAY

2024





MONDAY

CONFETTI PANCAKES(S), SYRUP(S) 100% FRUIT JUICE(S)

MORNING GRILLED CHEESE

SANDWICH(S)

100% FRUIT JUICE(S)

TUESDAY

CHEERIOS(G) LOW-FAT YOGURT(S) APPLE SLICES(G) 10/2

CHORIZO & EGG BREAKFAST TACO(S) FRESH BANANA(G) TOASTED BREAD W/
EGG PATTY(S), JELLY(S)
FRESH ORANGE WEDGES(G)

EGGO MINI WAFFLES(S), SYRUP(S) APPLESAUCE CUP(G)

10/8

CONFETTI PANCAKES), SYRUP(S)
APPLE SLICES(G)

CHEERIOS(G)

LOW-FAT YOGURT(S)
FRESH BANANA(G)

10/10

BREAKFAST MUFFIN(S)
FRESH ORANGE WEDGES(G)

BEEF TAMALES(S)
APPLESAUCE CUP(G)

10/14

10/7

NON – SCHOOL DAY 10/15

CHEERIOS(G)
LOW-FAT YOGURT(S)
APPLE SLICES(G)

10/16

10/9

BEAN & CHEESE BREAKFAST TACO(S) FRESH BANANA(G) 10/17

TOASTED BREAD W/
EGG PATTY(S), JELLY(S)
FRESH ORANGE WEDGES(G)

10/18

10/4

10/11

BREAKFAST MUFFIN(S)
APPLESAUCE CUP(G)

10/21

MORNING GRILLED CHEESE SANDWICH(S) 100% FRUIT JUICE(S) 10/22

CONFETTI PANCAKES), SYRUP(S)

APPLE SLICES(G)

10/23

BARBACOA TACO(S), FRESH BANANA(G) 10/24

BREAKFAST MUFFIN(S)
FRESH ORANGE WEDGES(G)

10/25

BEEF TAMALES(S)
APPLESAUCE CUP(G)

10/28

CONFETTI PANCAKES(S), SYRUP(S) 100% FRUIT JUICE(S) 10/29

CHEERIOS(G)
LOW-FAT YOGURT(S)
APPLE SLICES(G)

10/30

CHORIZO & POTATOES BREAKFAST TACO(S) FRESH BANANA(G) 10/31

TOASTED BREAD W/
EGG PATTY(S), JELLY(S)
FRESH ORANGE WEDGES(G)

11/1

EGGO MINI WAFFLES(S), SYRUP(S) APPLESAUCE CUP(G) Choices of
Low Fat or Skim Milk
(flavored & unflavored)
offered daily
Assorted
100% Juice & Fruit
offered Daily for
Breakfast

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*Menu is subject to change without notice due to deliveries and nation-wide shortages.

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