






Willmar Middle School (6th -8th) and Lake Park (6th – 12th)
October 2024 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct 1 Whole Grain Mini Pancakes Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 2 Oatmeal Chocolate Chip Breakfast Bar Petite Banana Assorted Juice Skim or Lowfat Milk	Oct 3 Assorted Breakfast Breads Ocean Spray Craisins Assorted Juice Skim or Lowfat Milk	Oct 4 No School 
Oct 7 Strawberry Pop Tarts Chilled Peach Cup Assorted Juice Skim or Lowfat Milk	*New Item* Oct 8 Double Chocolate Breakfast Bar Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 9 Peanut Butter and Jelly Sandwich Petite Banana Assorted Juice Skim or Lowfat Milk	Oct 10 Early Riser Cheesy Pocket or Assorted Cereal (Lake Park Only) Ocean Spray Craisins Assorted Juice Skim or Lowfat Milk	Oct 11 Whole Grain Long John or Cinnamon Toast Pastry (Lake Park Only) Chilled Pear Cup Assorted Juice Skim or Lowfat Milk
Oct 14 Bacon Scramble Breakfast Square or Banana Bread (Lake Park Only) Chilled Peach Cup Assorted Juice Skim or Lowfat Milk	Oct 15 Whole Grain Mini Pancakes Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 16 Whole Grain Maple Waffle Snaps Assorted Chilled Fruit Cups Assorted Juice Skim or Lowfat Milk	Oct 17 No School 	Oct 18 No School 
Oct 21 Oatmeal Chocolate Chip Breakfast Round Chilled Diced Peach Cup Assorted Juice Skim or Lowfat Milk	Oct 22 Assorted Whole Grain Mini Waffles Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 23 Vanilla Emoji Crackers with String Cheese Petite Banana Assorted Juice Skim or Lowfat Milk	Oct 24 Assorted Breakfast Breads Ocean Spray Craisins Assorted Juice Skim or Lowfat Milk	Oct 25 Blueberry Muffin Tops Assorted Chilled Fruit Cups Assorted Juice Skim or Lowfat Milk
New Item Oct 28 Frosted Fudge Pop Tart with String Cheese Chilled Peach Cup Assorted Juice Skim or Lowfat Milk	Oct 29 Turkey Breakfast Bagel or Assorted Breakfast Bar (Lake Park Only) Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 30 Peanut Butter and Jelly Sandwich Petite Banana Assorted Juice Skim or Lowfat Milk	Oct 31 Strawberry Cream Cheese Mini Bagels Ocean Spray Craisins Assorted Juice Skim or Lowfat Milk	

This Institution is an Equal Opportunity Provider

Please note: First Entree Listed = Main Choice; Second Entree Listed = Alternate Choice

In addition to the Main Entrée, An assortment of:

Assorted Cereals and Assorted Crackers with Cheese Stick will also be available for students.

Menu Subject to Product Availability

Allergy Information: The menus may contain one or more of the following ingredients: milk, eggs, soy, wheat, peanuts, or tree nuts