



October 2024

SANKOFA SCHOOL

LUNCH MENU

If you have any questions, please contact Shante McCleese @ 862-755-5386

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
	¹ Chicken Nuggets Waffle Fries Fruit	² Nachos Black Beans Fruit	³ Pepperoni Pizza Corn Fruit	⁴ Italian Meatball Sub Green Beans Fruit
⁷ Mac & Cheese Chicken Tender Broccoli Fruit	⁸ Nachos Black Beans Fruit	⁹ General Tso Chicken w/ Rice Broccoli Fruit	¹⁰ Bacon Cheeseburger Tater Tots Fruit	¹¹ Chicken Tenders Crinkle Fries Fruit
¹⁴ NO SCHOOL	¹⁵ Penne Pasta Dinner Roll Peas & Carrots Fruit	¹⁶ Nachos Black Beans Fruit	¹⁷ Chicken Patty Sandwich Green Beans Fruit	¹⁸ Cheese Pizza Red Peppers Fruit
²¹ Salisbury Mashed Potato Corn Fruit	²² Nachos Black Beans Fruit	²³ Hot Dog Waffle Fries Fruit	²⁴ Chicken Alfredo Broccoli Diner Roll Fruit	²⁵ Cheeseburger Sweet Potato Fries Fruit
²⁸ Orange Chicken Rice Carrots Fruit	²⁹ Nachos Black Beans Fruit	³⁰ Chicken Patty Sandwich Potato Wedges Fruit	³¹ Meatballs w/ Gravy Rice Fruit	

Powering potential.

Hello October



One of the best things you
Can do for yourself is
Taking time to learn and grow.
Once you give yourself patience, you
Become your best friend. And the
Empathy, self-kindness and
Resilience are what you need to grow



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