BREAKFAST OCTOBER 2024 Monday **Thursday Friday** Tuesday Wednesday Egg & Cheese Muffin & Maple Whole Grain On an Snack'n Donut Yogurt **English Muffin** Waffle Egg & Cheese Yogurt Parfait Whole Grain 110 Cinnamon With Blueberries On an Toast **Donut** School And Granola **English Muffin** Crunch Bar Egg & Cheese Maple 17 Whole Grain Muffin & Snack'n On an No Donut Yogurt School **English Muffin** Waffle Egg & Cheese Whole Grain 24 Strawberry or Muffin & On an Cinnamon Donut Yogurt School Mini **English Muffin** Bagel Cinnamon Muffin & Egg & Cheese Caramel Toast On an

> Menu Subject to Change Breakfast is free for all learners

English Muffin

Yogurt

Crunch

Bar



Apple

Parfait w/ Granola