



# Weekly Elementary menu features

September 30 - October 4

**Monday**

September 30

- Hamburger, Cheeseburger, Veggie Burger **V**
- Sunbutter & Jelly Sandwich **V**

**Tuesday**

October 1

- Mozzarella Breadsticks w/Spaghetti Sauce **V**
- Chicken Sandwich

**Wednesday**

October 2

- Cheese **V** and Pepperoni Pizza
- **WG** Pretzel & Cheese Sauce **V**

**Thursday**

October 3

- Turkey Gravy w/Mashed Potato & Rolls
- Grilled Cheese Sandwich **V**

**Friday**

October 4

- **WG** Fishsticks & Chips w/Tartar Sauce
- Cheese Quesadilla **V**



*Breakfast for lunch*

We are thrilled to announce that on 10/2 we will be serving a delicious Turkey Sausage Pancake Wrap



*nutrition bites*

**Did you know** that Salad Bars include dark green, red/orange, legumes, starchy vegetables daily?

Please refer to menu on [lwsd.org](http://lwsd.org) for full selection of daily offerings

**WG** = Whole Grain    **V** = Vegetarian