



Waits River Valley School Breakfast October 2024



Menus are subject to change

Meals Are Free To All Students

Monday	Tuesday	Wednesday	Thursday	Friday
	1 ✓ French Toast Sticks ✓ Real Maple Syrup ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	2 ✓ Pumpkin Muffins ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	3 Sausage & Cheese English Muffin ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	4 ✓ Warm Cinnamon Bun ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety
7 Egg, Cheese & Sausage Breakfast Burrito ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	8 ✓ Breakfast Bar ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	9 ✓ Fruit & Yogurt Parfait w/Granola ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	10 Ham & Cheese Bagel ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	<h1 style="text-align: center;">No School</h1>
<h1 style="text-align: center;">No School</h1>	15 ✓ French Toast Sticks ✓ Real Maple Syrup ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	16 ✓ Pumpkin Muffins ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	17 Sausage & Cheese English Muffin ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	18 ✓ Warm Cinnamon Bun ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety
21 Egg, Cheese & Sausage Breakfast Burrito ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	22 ✓ Breakfast Bar ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	23 ✓ Fruit & Yogurt Parfait w/Granola ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	24 Ham & Cheese Bagel ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	25 Early Riser Breakfast Potato Egg Bacon Cheese ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety
28 Egg, Cheese & Sausage Breakfast Burrito ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	29 ✓ French Toast Sticks ✓ Real Maple Syrup ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	30 ✓ Pumpkin Muffins ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	31 Sausage & Cheese English Muffin ✓ Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety	

Adult Breakfast \$3.00
 Adult Lunch \$4.75
 Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:

Fresh, Dried, or Canned Fruit,
 Skim White Milk, 1% White Milk,
 & Fat Free Chocolate Milk
 Offered With All Meals.

Milk Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line. Click on Link Below:



Please advise us if special meal accommodations are required for allergens or other special dietary needs.

Click Image Below for employment opportunities



This institution is an equal opportunity provider.