

OCTOBER 2024

Natomas Unified School District

Monday

Tuesday

Wednesday



Thursday

Friday


1
Crispy Chicken Sandwich
 Veggie Patty Sandwich
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

2
Chicken Tenders w/ Fries
 Veggie Nuggets w/ Fries
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

3
Freshly Prepared
 Mac & Cheese
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

4
 Fresh Cheese Pizza Slice
 Fresh Pep Pizza Slice
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

7
Chicken & Waffle
 Kickin Tenders & Waffle
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

8
 Breaded Ravioli Dippers
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

9
Chicken Tenders w/ Fries
 Veggie Nuggets w/ Fries
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk


10
Crispy Orange Chicken Over Rice
 Veggie Dumpling
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk



11
 Fresh Cheese Pizza Slice
 Fresh Pep Pizza Slice
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk



14
 Cream Co. Cheeseburger
 Veggie Burger
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

15
 Freshly Prepared
Two Cheese Grilled Cheese
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

16
Chicken Tenders w/ Fries
 Veggie Nuggets w/ Fries
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk


17
Freshly Prepared
 Baked Ziti
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk



18
 Fresh Cheese Pizza Slice
 Fresh Pep Pizza Slice
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk


21
 Cream Co. Hot Dog
 Bean & Cheese Burrito
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

22
BBQ Chicken or
 Kickin Tenders W/Freshly Prepared Sheet Pan Corn Bread
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

23
Chicken Tenders w/ Fries
 Veggie Nuggets w/ Fries
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk


24
Freshly Prepared
 Enchilada Casserole
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk




25
 Fresh Cheese Pizza Slice
 Fresh Pep Pizza Slice
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

28
Turkey Nachos
 Cheese Nachos
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

29
Crispy Chicken Sandwich
 Veggie Patty Sandwich
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

30
Chicken Tenders w/ Fries
 Veggie Nuggets w/ Fries
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

31
Freshly Prepared
 Mac & Cheese
Seasonal Salad Bar
Variety Fresh Fruit
Variety Milk

-  Contains Pork
-  Vegetarian
-  Local Regenerative

This institution is an equal opportunity provider.
This menu is subject to change

