

OCTOBER 2024

Natomas Unified School District

Monday

Tuesday

Wednesday

Thursday

Friday

 Pizza Bagels **1**
Variety Fresh Fruit
Variety Milk

Seasonal Parfait **2**
Bar
Variety Fresh Fruit
Variety Milk

Freshly Prepared **3**
Scrambled Egg, Turkey Bacon
W/Toast & Jam
Variety Fresh Fruit
Variety Milk

French Toast Sticks **4**
W/Sugar Free Syrup
Variety Fresh Fruit
Variety Milk

Chicken Sausage Pancake Bites **7**
Variety Fresh Fruit
Variety Milk

Freshly Prepared **8**
 English Muffin Breakfast Sandwich
Variety Fresh Fruit
Variety Milk

9
Bagel & Cream Cheese
Variety Fresh Fruit
Variety Milk

Freshly Prepared **10**
Breakfast Burrito
Variety Fresh Fruit
Variety Milk

French Toast Sticks **11**
W/Sugar Free Syrup
Variety Fresh Fruit
Variety Milk

 Pizza Bagels **14**
Variety Fresh Fruit
Variety Milk

Seasonal Parfait **15**
Bar
Variety Fresh Fruit
Variety Milk

Freshly Prepared **16**
Scrambled Egg, Turkey Bacon
With a Pancake
Variety Fresh Fruit
Variety Milk

 Ham and Swiss **17**
Croissant
Variety Fresh Fruit
Variety Milk

French Toast Sticks **18**
W/Sugar Free Syrup
Variety Fresh Fruit
Variety Milk


Chicken Sausage Pancake Bites **21**
Variety Fresh Fruit
Variety Milk

Freshly Prepared **22**
 English Muffin Breakfast Sandwich
Variety Fresh Fruit
Variety Milk

23
Bagel & Cream Cheese
Variety Fresh Fruit
Variety Milk


Freshly Prepared **24**
Breakfast Burrito
Variety Fresh Fruit
Variety Milk

French Toast Sticks **25**
W/Sugar Free Syrup
Variety Fresh Fruit
Variety Milk

 Pizza Bagels **28**
Variety Fresh Fruit
Variety Milk

29
Cook's Choice Breakfast
Variety Fresh Fruit
Variety Milk

Freshly Prepared **30**
Scrambled Egg, Turkey Bacon
With a Pancake
Variety Fresh Fruit
Variety Milk

 Ham and Swiss **31**
Croissant
Variety Fresh Fruit
Variety Milk

 Contains Pork

This institution is an equal opportunity provider. This menu is subject to change

