



EMPATHY

understanding and feeling what others are experiencing

EMPATHY TIPS

1. SEE THE WORLD
HOW OTHERS
EXPERIENCE IT



2. STOP AND THINK
BEFORE YOU ACT



3. LISTEN TO OTHERS SO THEY
FEEL HEARD & UNDERSTOOD



CONNECT
WITH
HEART

CONNECT
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HEART



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others are experiencing

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[CKH Empathy Lessons](#)

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Books to teach EMPATHY

Stand in my Shoes

by B. Sornson

Hey Little Ant

by P. Hoose

We're All Wonders

by R.J. Palacio

Each Kindness

by J. Woodson