# Kadoka Area School District -- Kind Accountable Safe Determined Positive Behavior Intervention and Supports Lesson Plan: Bathroom/Handwashing

#### Purpose of the Lesson:

- 1. To maintain a safe, quiet, and clean environment.
- 2. To use bathroom properly.

#### **Looks Like:**

- 1. Flush toilet.
- 2. Toilet paper goes in toilet only responsible amount.
- 3. Take care of business & get back to class quietly.
- 4. Hand Washing: 1-2 pumps of soap, wash for 20 seconds, and 1-2 paper towels to dry hands.
- 5. Place paper towels in the garbage.

- Tell an adult if paper towels or toilet paper are out, if toilet does not flush, or if there is a mess in the bathroom.
- 7. When all stalls are in use, wait quietly in line for your turn.
- 8. Do not peek into other stalls be respectful of others.
- 9. If with your class, demonstrate proper line expectations after using the restroom

#### **Sounds Like:**

1. Always use a level one voice.

When using Hand Sanitizer – dime sized amount – rub all parts of hands together for 20 seconds (backs, fronts, between fingers, wrists).

## **Teaching Examples:**

- 1. As a class, brainstorm positive/appropriate bathroom behavior. Then discuss negative bathroom behavior. Ex. Wetting hair, messing around in mirrors, yelling, leaving paper towels in sink or on floor, flicking water, peeking in stalls, using too much soap and/or paper towels etc.
- 2. Discuss scenarios:
  - You are drying your hands in the bathroom and are in a hurry to go to PE. You don't want to be the last in line or show up late, so you throw the paper towel on the floor. You remember the expectation of placing the paper towel in the trash, so you pick it up and put it in the garbage.
  - You walk into bathroom and all the stalls are in use. What do you do? You
    remember the expectation and wait quietly for your turn.

## **Role Plays/Follow Up Activities**

- 1. Model and Role Play:
  - How to wash hands
  - How to wait in line quietly
  - Discuss what being responsible, respectful, and safe looks like in the bathroom.

#### Reinforcement:

1. Reinforce with PAWs-itive cards and praise verbally.

Updated 9/2/2024

## **Assignments:**

At the end of the day, I will ask you to tell me what you did to BE RESPONSIBLE and SAFE in the bathroom.

# Wrap Up:

• Discuss ways in which the students were responsible and safe in the bathroom.