

Middle School October 2024



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CHILD NUTRITION OFFICE (409) 923-7441

7 Chicken Tenders or Steak Fingers Mashed Potatoes w/Country Gravy Green Beans & Roll B: French Toast Sticks

General Tso or Orange Chicken Noodles Broccoli Carrots w/Ranch

B: Banana Bread

General Tso or Orange Chicken Rice Broccoli Carrots w/Ranch **B:** Cowgirl Bread

Cheeseburger Potato Smiles Cucumbers w/Ranch Blue Dessert for **Bullying Prevention** B: Eggs, Toast, & Sausage

9 Hot Dogs **Tater Tots** Celery w/PB

> B: Eggs, Biscuit, & Sausage

Chicken/Beef Nachos Refried Beans Salsa

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B: Kolaches

No School October

Visit our kitchen for lots of farm fresh products this October!

Crispitos 11 w/Cup of Cheese No School Refried Beans Salsa

National School Lunch Week: Find Your Treasure

14 Chicken Bites or Steak Fingers Mashed Potatoes w/ Country Gravy Green Beans **Breadstick**

B: Waffles

21 Chicken and Waffles 22

Waffle Fries

Green Beans

Mexican Pizza 15 Refried Beans Salsa

B: Blueberry Bread

General Tso or

Orange Chicken

Noodles

Broccoli

Carrots w/Ranch

B: Banana Bread

Corn Dogs 16 French Fries Bell Peppers w/Ranch

B: Eggs, Toast, &

Sausage

Potato Smiles

Cucumbers w/Ranch

B: Eggs, Toast, &

Sausage

23 Cheeseburger

17 Spaghetti w/Meat Sauce 18 Broccoli Carrots w/Ranch TX Toast

B: Cocoa Cherry Bar +

Cheese Stick

National Pasta Day!

B: Stuffed Hashbrown

²⁴ Chicken/Beef Nachos Refried Beans Salsa

25 No School

National Chicken & Waffle Day!

B: Honeybun

Steak Fingers

Mashed Potatoes

w/Country Gravy

Green Beans & Roll

B: Donuts

28 Chicken Tenders or

29 General Tso or Orange Chicken Rice & Broccoli Carrots w/Ranch

B: Cocoa Cherry Bar + Cheese Stick

30 Hot Dogs **Tater Tots** Celery w/PB

B: Eggs, Biscuit, & Sausage

31 Crispy Bones(Crispitos) w/Cup of Goo (Cheese) Refried Souls (Beans) Cup of Blood (Salsa) **Halloween Dessert**

B: Pumpkin Bread

B: Kolaches

A variety of milk and fruit are offered with every meal.





Pizza or Bosco Sticks + Marinara Sauce *Veggie of the Day + Variety of Fruit + Variety of Milk Served daily on each line as well.

LA CARTE ITEMS

String Cheese \$1.00	Cereal	\$2.0
Graham Crackers\$0.75	Otis Cookie	
Chips\$1.25	Fat Cat Cookie	
Kettle Chips\$1.75	Hershey Cookie	
Chex Mix\$1.50	Brownie	
Rice Krispie\$1.00	Ice Cream	
Fruit Roll Up\$0.75	Pop Tart	
Fruit Snacks\$1.00	Uncrustable Small	
Goldfish\$0.75	Yogurt	
Cheez Its\$1.00	Beef Jerky	

eal	\$2.00	Juice (Apple/Orange)	\$0.75
Cookie		Milk	\$0.75
Cat Cookie		Capri Sun	\$1.00
shey Cookie		Water	\$1.00
wnie		Switch/Envy	\$2.00
Cream		Extra Fruit/Veggie	\$1.00
Tart		Extra Fries/Tots	\$1.25
rustable Small		Breakfast Entree'	\$1.50
jurt		Lunch Entree'	\$3.00
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STUDENT BREAKFAST: \$2.25 **STUDENT LUNCH \$4.00**

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STAFF B: \$3.50 / L: \$5.00 VISITOR B: \$4.00 / L: \$5.50



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