



BIG CITY BITES



Nutrition Services is introducing **Nashville Hot Chicken Sandwich**. Inspired by Nashville's famous dish, this sandwich delivers the perfect mix of heat and flavor that will keep you coming back for more. Don't miss out on this limited-time offering and taste the flavors of Nashville right here at school.

NATIVE AMERICAN HERITAGE MONTH

This November, we honor **Native American and Alaskan Native Heritage Month**, a time to recognize the rich histories, diverse cultures, and significant contributions of Indigenous peoples. Together, let's appreciate and learn from these vibrant cultures and histories.

WELLNESS EDUCATION

National Gratitude Month



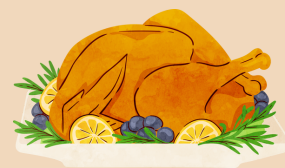
National Gratitude Month highlights the importance of saying thank you. When we practice gratitude every day, it makes us feel better, brings us closer to others, and helps make the world a kinder place. So, let's keep in mind that gratitude is more than a feeling; it can change our lives for the better.

SPECIAL FOOD DAY



November is extra cheesy this year because we're promoting **National Nachos Day** on November 6th! It's the perfect excuse to indulge in a plate of delicious nachos with all your favorite toppings. Get ready to enjoy this crunchy, cheesy treat.

ONE DAY CELEBRATION



We're excited to offer our students a taste of **Thanksgiving** tradition with a mouthwatering meal of turkey, gravy, and mashed potatoes. We look forward to sharing this festive meal with our students and extending our heartfelt wishes for a joyful and grateful Thanksgiving.