

## BIG CITY BITES



Nutrition Services are introducing the new **Cuban Mojo Chicken Sandwich!** This special sandwich not only introduces students to new, global flavors but also incorporates wholesome ingredients, offering a balanced meal option. Don't miss out on this delicious adventure!

## HERITAGE MONTH



**Hispanic Latino Heritage Month** is a time to celebrate diversity and appreciate the rich cultural tapestry of our community. Throughout the month, our schools will host events and activities to educate and engage students in the vibrant traditions of Hispanic and Latino cultures.

## WELLNESS EDUCATION

NATIONAL  
FARM to  
SCHOOL  
MONTH



We are excited to celebrate **Farm to School Month** in October, a time to highlight the importance of connecting students with fresh, locally-sourced foods. Farm to School activities foster healthy eating habits, promote environmental awareness, and help our children build a connection to the community.

## SPECIAL FOOD DAY



Whether you're celebrating with a classic taco or experimenting with your own homemade creation, take a moment to honor the magic of tacos and the joy they bring to our taste buds and hearts. Don't miss out - let's make **National Taco Day** a flavorful fiesta!

## CELEBRATIONS



**National School Lunch Week**, observed from October 14-18, shines a spotlight on the importance of healthy and balanced meals for students across the country. From fresh fruits and vegetables to whole grains and lean proteins, these lunches are designed to fuel young minds and bodies.

Nutrition Services nutrition information is available upon request.