



# Lyme-Old Lyme Middle School Intramurals

## 2024-2025

- ❖ LOLMS has a wide selection of clubs and activities for student participation. Intramural information is attached and can also be found on our school website. Timely information about clubs and activities are announced throughout the week during our announcements,, in the newsletter, at lunch waves, and through group emails sent by club advisors. Extracurricular offerings are subject to change based on staffing and student interests/participation level.
- ❖ Details about each club will be provided by the club advisors via LOLMS' **Weekly Messenger**. All advisors can be reached via LOLMS' website: <https://lolms.region18.org/faculty-staff>.
- ❖ Specific dates, times, and meeting places (if not already in this brochure) will be provided by the club advisors and will be shared with students via announcements and newsletters.
- ❖ All participants will be required to fill out the **BOE Policy 6145.1 Form - Extracurricular Activities Notification Acknowledgement Form**, which will be available in the main office and/or provided by the club advisors.

Please contact Noah Ventola if you have any questions at

*[ventolan@region18.org](mailto:ventolan@region18.org)*

## ALL YEAR

**UPstanders Club:** This club allows students to promote skills in advocacy, kindness, self-awareness, and interconnectedness. Students will promote a positive culture within our school community through their participation and plan several different school-wide activities that support these attributes. Further, the UPstanders cultivate their skills as leaders and compassionate contributors to both the LOLMS and the community at large.

- **Advisor:** Renee Molnar & Mary Reynolds
- **Meet:** Beginning in October (every other Tuesday)
- **Sign-Up:** in the Main Office and pick-up a Permission Form. The signed permission form must be received by Mrs. Molnar before the first meeting.

### Invention Convention 2025 Mentor Supported STEM Sessions:

- **Advisors:** Mrs. Keith, Ms. Glorioso, and Members of the MCCD (Mentor Corps for Community Development)
- **Meet:** Sept 18, 25 - Oct. 9 & 23 - Nov. 13 & 20 - Dec. 11 & 18 - Jan. 15 & 22 - Feb. 12
- **Sign-Up:** in the Main Office and pick-up a Permission Form. The signed permission form must be received by Mrs. Keith or Ms. Glorioso before the first meeting.

## FALL, 2024

**Soccer Club:** Open to all skill levels, the Soccer Club will help kids learn in an environment that focuses on camaraderie, self-esteem, physical fitness, and good sportsmanship. Sessions will incorporate a few skills and small-sided games. Participants should plan to bring cleats, shin guards, and a size 5 ball...wear athletic apparel appropriate for the activity and the weather.

- **Advisor:** Mr. Marc Vendetti
- **First Meeting:** **Wednesday, September 18th**      **Room 107**
- **Meeting Dates:** Wednesday's 9/25, 10/2, 10/16, 10/23, 10/30, 11/02
- **Sign-Up:** in the Main Office and Get a Permission Form. The signed permission form must be received by Mr. Vendetti before the first meeting.

**Chamber Choir:** The focus of Chamber Choir is to learn choral music specifically for performance, both at school and in the community. We learn music quickly, gain confidence in small group singing, and perform often! Chamber Choir is open to 7<sup>th</sup> & 8<sup>th</sup> graders in band or chorus during the first half of the year; 6<sup>th</sup> graders can join in January after their first middle school concert experience. An audition to establish voice placement will take place on Friday, September 27th at 2:15pm in the auditorium. *Please note that there is no late bus available on Fridays - if transportation is needed, please email Mrs. Ventres, and she will help coordinate carpooling.*

- **Advisor:** Laura Ventres
- **Meet:** Fridays 2:15-3pm, beginning Friday, September 27th - Please note! There is no Late Bus on Fridays.
- **Sign-Up:** in the Main Office and pick-up a Permission Form. The signed permission form must be received by Mrs. Ventres before the first meeting.

**Jazz Band:** Our jazz program takes place after school on Fridays and is open to all woodwind instruments, trumpets, trombones, baritones, and a rhythm section which includes drum-set, keyboard, bass and electric guitar (reading music is required). If you enjoy challenging, upbeat music, this is the place for you! Jazz band is open to 7<sup>th</sup> & 8<sup>th</sup> graders during the first half of the year; 6<sup>th</sup> graders can join in January after their first school concert experience. An “audition” may be required for part assignments. We perform traditional jazz charts as well as arrangements from some of today’s popular artists. Our goal is to bring jazz music to our community and have fun along the way! *Please note that there is no late bus on Fridays. Transportation is required.*

- **Advisor:** Mrs. Sarah Evans
- **Meet:** Fridays 2:15-3, beginning Friday, October 11th
- **Sign-Up:** n the Main Office and pick up a Permission Form. The signed permission form must be received by Mrs. Evans or Mrs. Bocciarelli before the first meeting.

**Eco Warriors:** The focus of this club is to learn more about issues related to the environment and our impact as well as how to promote environmentally friendly practices (recycling) in our school and the Lyme-Old Lyme community. This club will also promote appreciation of our local parks and open spaces, and learn more about maintaining and stewarding natural habitats. To do this, we will attend some local hikes.

- **Advisor:** Shannon Glorioso & Tammy Noyes
- **Meet:** 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month beginning September 22.
- **Sign-Up:** n the Main Office and pick up a Permission Form. The signed permission form must be received by Mrs. Glorioso or Mrs. Noyes before the first meeting.

### **Flight Club - Session 1** – taking FUN to new heights!

Are you the kid who likes to make paper airplanes and throw them across the room when the teacher isn’t looking? Does this now sound like a great idea? Are you interested in how things fly? Do you like fun? If you said YES to any of these questions, “Flight Club” is for you! NO experience needed. Everyone who joins is guaranteed to have fun. Come to the first meeting and see for yourself. Take a look at the link below to see some of the amazing things that John Koptonak has made and is excited to teach you how to make!! He will also be bringing in some cool things to look at! All building supplies will be provided.

[John Koptonak - YouTube](#)

- **Advisors:** Mrs. Glorioso, Rick Kaye, & Mr. John Koptonak (the glider guy!)
- **Meet:** Thursdays after school from 2:10 - 4:00 PM beginning September 26th
- **Sign-Up:** n the Main Office and pick up a Permission Form. The signed permission form must be received by Mrs. Glorioso before the first meeting.

**MATHCOUNTS:** The MATHCOUNTS Competition Program inspires excellence, confidence and curiosity in U.S. middle school students through fun and challenging math programs. Here at Lyme-Old Lyme Middle School the MATHCOUNTS Club meets weekly after school on Thursdays, from October until March. In addition to weekly after school meetings, typically the LOLMS MATHCOUNTS Club competes in the fall informally with other Middle Schools including Hale Ray Middle School and Haddam-Killingworth Middle School. Then in December we host an invitational competition here at the middle school.

These school competitions help prepare our team to compete at Connecticut's Eastern Regional MATHCOUNTS competition held at the University of Connecticut in Storrs which will be on a Saturday in February (date to be announced) this school year. Very often LOLMS has competitors who advance to Connecticut's state MATHCOUNTS competition at the University of Hartford in March.

- **Advisor:** Dave Dander
- **Meet:** Thursdays after school beginning October 24th.
- **Sign-Up:** in the Main Office and pick up a Permission Form. The signed permission form must be received by Mr. Dander before the first meeting.

**MAGIC CLUB:** Magic The Gathering is a card game in which wizards cast spells, summon creatures, and exploit magic objects to defeat their opponents. Magic is a trading card game filled with strategic battles and unique card decks. But Magic has always been bigger than the box. Whether you're having fun at the kitchen table, or battling in a high-stakes competition. Magic The Gathering is a fun, surprisingly social and challenging game. Come improve your skills or if you're new to the game, learn from Mrs. Costigan and your peers. If you have a deck already feel free to bring that with you. We will have different themed decks available to use as well.

- **Advisor:** Mrs. Costigan
- **Meet:** Tuesdays - 09/17, 10/01, 10/15, 11/05, 11/19
- **Sign-Up:** in the Main Office and pick up a Permission Form. The signed permission form must be received by Mrs. Costigan before the first meeting.

**POTTERY CLUB:** Open to any student who wants to learn how to "throw" a pot on the potter's wheel. This club will meet in the Fall on Wednesdays in the middle school art room. No experience necessary – you'll have fun learning all the basics of wheel throwing and making functional art, as well as sculptural projects! Permission forms will be available at the first meeting. Limited to 12 students per session.

- **Advisor:** Joya Lomas
- **Meet:** Meeting Dates to be Determined
- **Sign-Up:** in the Main Office and pick up a Permission Form. The signed permission form must be received by Mrs. Lomas before the first meeting.

**VOLLEYBALL CLINIC FOR MIDDLE SCHOOL BOYS:** This clinic is for MS boys to learn more about the game of volleyball. This is an intramural club so there will be no cuts and students are not required to attend every day.

- **Advisor:** Kirk Kaczor

- **Meet:** Tuesdays, Wednesdays, and Thursdays 10/29 - 11/14. From 2:15 to 4:00

## WINTER, 2024/2025 - *Dates to be Determined*

**Yearbook Club:** Get involved in planning and creating the LOLMS Memory Book. Help take photos of events around school. We will create the layout and design elements on the computer, but you do not have to be a computer wiz to get involved. We need sixth, seventh, and eighth graders to make this the best book yet.

- **Advisor:** Pat Aldrich
- **Meet:** Tuesdays after school until 3:15 starting in December

**Winter Running Club:** If you enjoy a fun and relaxing run and want to stay in shape during the cold winter months, this club is for you. Runs will take place in February and March, weather permitting. All levels of runners are welcome! Be prepared to run outdoors.

- **Advisors:** Jane Regan & Phil Milnarik
- **Meet:**

**Drama Club:** Every winter, LOLMS drama club puts on one of the best middle school musicals on the shoreline! Complete with singing, acting, dancing, costumes, lighting, and so much more, all participants bond together through after school rehearsals to put on a full weekend of shows for our community. Students of all grade levels are invited to be a part of our production, either on stage or behind the scenes on stage crew. Show and audition information will be announced in the fall. There will be a parent meeting, a student lunch meeting, and a packet of information that is sent home with specific information when auditions and sign-ups are announced in November.

- **Advisors:** Laura Ventres
- **Meet:** November 2024 - March 2025

**Fencing:** Twice a week students will be taught the art of foil fencing. Fencing is a quickly growing High School sport that combines physical fitness with mental agility. We will be introducing footwork, blade drills, and free fencing. This is your opportunity to try fencing, no experience is necessary! Experienced fencers join us for open fencing using provided electric gear. Also, give epee a try. You do not need to attend every week. Please be prepared with sneakers, water bottle, and no shorts please.

- **Advisors:** Elizabeth Burnham
- **Meet:** January and February

**\*New Sewing Club:** Work on a project of your choice. Knit, crochet, quilt, crossstitch, etc.

- **Advisor:** Ms. Crayton
- **Meets:** January and February

## SPRING, 2025 - *Dates to be Determined*

**Volleyball Clinic for Middle School Girls:** This clinic is for MS girls to learn more about the game of volleyball and to prepare to play HS volleyball. This is an intramural club so there will be no cuts and it is not required to attend every week.

- **Advisor:** Erin Crayton
- **Meet:**

**Art Club:** Art Club is open to any student who enjoys working with a variety of art materials and techniques. Sometimes we do crafts, sometimes we draw...it's always different! Meetings are from 2:11-3:50 in the art room. Permission forms will be available at the first meeting. As always, snacks will be served.

- **Advisor:** Joya Lomas
- **Meet:**

### **March Madness:**

The LOLMS March Madness 3v3 Tournament runs for three weeks. Teams will compete in a Round Robin format to start. Seedings for all teams will then take place based on the preliminary Round Robin results. From that point forward, all the games are single elimination. There will be brackets for both boys and girls. The winners from each of the brackets will join up and play the staff in late spring.

- **Advisor:** Marc Vendetti
- **Meet:**