

Friday Flier | September 27th, 2024

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Kids' Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves.

Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

bpsfoundation.com/donations/kidskicks/

IT'S MORE THAN A MEAL APPLICATION



Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply.

The application process has changed. Please visit [HERE](#) for more information and to apply.



It's Vaccination Time!

Seasonal vaccinations safely boost your body's ability to keep you healthy, which protects you - and those around you - from getting sick. Sanford Health offers convenient ways to get your flu and COVID-19 vaccines.

Attend a fall vaccine event Thursday Oct. 3, 10, 17 or 24 between 12-4 p.m. at one of the following clinic locations:

Sanford South Clinic, 1040 Tacoma Ave., Bismarck

(701) 323-6990

Sanford State Street Clinic, 3318 N. 14th St., Bismarck

(701) 323-8870

Sanford East Interstate Ave Clinic, 1800 E. Interstate Ave., Bismarck

(701) 323-6400

Sanford East Mandan Clinic, 102 Mandan Ave., Mandan

(701) 667-5000

Sanford North Mandan Clinic, 910 18th St. NW, Mandan

(701) 667-5100

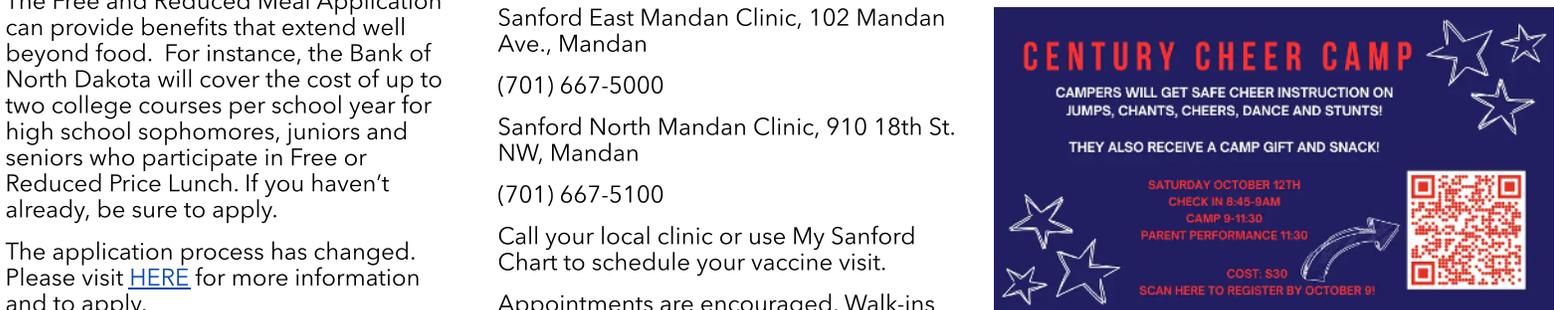
Call your local clinic or use My Sanford Chart to schedule your vaccine visit.

Appointments are encouraged. Walk-ins welcome.



CHS vs BHS Football Food Drive

Join us for the 7th annual BHS/CHS food drive competition. Compete for your school in this friendly competition to pack both school's food pantries. Unexpired and Non Perishable food and money only. The friendly competition will compare the weight of food donated, and total up money, \$1= 1 pound. Come out and support your local football teams while packing the schools pantries!!



CENTURY CHEER CAMP

CAMPERS WILL GET SAFE CHEER INSTRUCTION ON JUMPS, CHANTS, CHEERS, DANCE AND STUNTS!

THEY ALSO RECEIVE A CAMP GIFT AND SNACK!

SATURDAY OCTOBER 12TH
CHECK IN 8:45-9AM
CAMP 9-11:30
PARENT PERFORMANCE 11:30

COST: \$30
SCAN HERE TO REGISTER BY OCTOBER 9!



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Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at www.scottishritespeech.org. All services are free to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at speechtherapy@bismarckscottishrite.org.



Woodcarving Show

Join the Flickertail Woodcarvers for their 54th annual Woodcarving Show. This free event is open to the public Saturday October 12th from 12:30-5pm, and Sunday October 13th from 12:30-4:30pm. View different types of wood carvings from club members, from caricatures and cartoons to realistic wildlife and chip carving. Interested in learning how to carve? Sign up for beginner woodcarving classes (must be at least 12 years old) running on Tuesdays after the show, from 7-9pm. More information available online, or at the show.

<https://flickertailwoodcarvers.org/>



In My Girl Scout Era Party

Join us for a FREE party to explore the world of Girl Scouts, Taylor Swift style! Grab your besties and get ready for fun, laughter, dancing, and creativity! Girls will make friendship bracelets, decorate a guitar, and pose for her album cover to celebrate Girl Scout alum, Taylor Swift.

Learn more at www.gsdakotahorizons.org/GirlScoutEra

October 1 or October 3 | 5:30 - 7:30 PM

Girl Scout Service Center | 735 Airport Road

Open house style, adult must attend with girls.



BIG Event

Families will have a blast enjoying interactive sessions, exhibitor booths and tons of STEM fun! Work at your own pace through the different activities, be entertained by science demonstrations, and use your detective skills to solve a mystery. Event open to the community, Girl Scout membership not required.

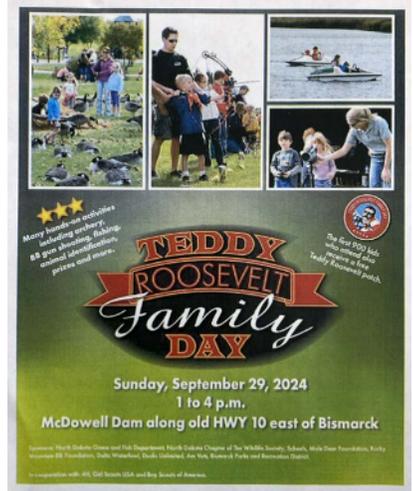
Saturday, October 5 | 1:00 - 4:00 PM

Career Academy and Technology Center | 1221 College Dr

Tickets: \$12 for grades K-12 | Adults and Pre-K: Free

Learn more and purchase tickets at <https://bit.ly/3XzxXtU>

Limited Time Offer: Join Girl Scouts and receive a free ticket!



Teddy Roosevelt Day

Bring the whole family down to McDowell Dam Park on September 29th from 1-4pm to have a day of fun games, booths, activities and free stuff!! Come check out all the cool things Teddy Day has to offer from many Organizations and Clubs from around the Bis/Man area. First 900 kids to attend will get their own Teddy Roosevelt Day Patch to keep! We look forward to seeing you and the whole family!



Winter Wear Drop-Off

September 1st through September 30th

Turitto's Dry Cleaners Locations, 1131 E Main Ave, Bismarck, ND 58501 or 1041 E Interstate Ave, Bismarck, ND 58503

Salvation Army Bismarck-Mandan, 601 S Washington St, Bismarck, ND 58504

Winter Wear Distribution

The Salvation Army, 601 South Washington Street

October 10, 9:00 am - 3:30 pm

To receive Winter Wear we require the following information for all participating:

Proof of Burleigh County or Mandan Address.

ID for Adults and Children receiving Coats. (ID, Driver's License, etc. for Adults. Birth Certificates, Medical Cards, School Records, etc. for Children.)

If you have any questions please contact us at 701-223-1889.

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HEARTVIEW
MONSTER MILE
5K AND FAMILY FUN DAY
OCT. 12
SPONSORED BY: Bobcat

Heartview Monster Mile 5K And Family Fun Day

The Heartview Foundation Monster Mile 5K will be held Oct. 12 at 10:30 a.m. and a free mini kids race and trick or treating will be held at 11:30 a.m. Pre-registration (\$35) for the 5K is required and can be found at www.heartview.org.



Heartview's 60th Anniversary

Heartview is celebrating 60 years in the community this year. Community members can attend a celebration Nov. 1 and taste-test mocktails (\$50), followed by a reunion for alumni and all members of the recovery community on Nov. 2 (\$10). For more information and to register, visit [HERE](#).



STATE HISTORICAL SOCIETY
OF NORTH DAKOTA

North Dakota Heritage Center & State Museum Programs

Sept. 28 [Little Kids, Big World](#), 10 & 11 a.m. Lovely Leaves

Oct. 2 [Little Kids, Big World](#), 10 a.m. Lovely Leaves

Oct. 2 [Junior Historians](#), 4 p.m. Lovely Leaves



TRUNKS NEEDED for Elks Trunk or Treat Event

WE NEED YOUR HELP! The Bismarck Elks Lodge 1199 wants to make this year's Truck or Treat the biggest and best yet! So we are looking for individuals, businesses, and organizations to decorate their trunks for our event on Thursday, October 31st (5-7 pm).

We will try and not double up on themes, so if you have a specific idea for your trunk, it's best to get your application in first! Application deadline is October 21.

Get your application by stopping in the Elks office (Tues-Fri, 9:30am-5pm) or visiting our Trunk or Treat Facebook Event page for a link to the online application: fb.com/elkslodge/events

If you can't decorate a trunk but still want to help, you can donate candy to the Elks for participants to hand out.

If you have questions, call 701-255-1199.



GIRL TALK

Essentia Health Mid Dakota Women's Center invites girls ages 9-13 and their mothers to attend this special "Girl Talk" session.

"Girl Talk" is a workshop where you will learn and discuss:

- The Menstrual Cycle
- Acne & Hygiene
- How to Shave
- Nutrition During Your Period
- Breast Development
- Fitness During Your Period
- Menstrual Products
- ...plus more!

DATES/TIME
Sunday, October 13, 2024
2 - 4 pm (doors open at 1:45 pm)

LOCATION
CHI St. Alexius Health Bonifacio Auditorium
FEATURING MAIN PRESENTER
Dr. Heather Sandness Nelson, OB/GYN

COST
FREE

REGISTRATION



Scan QR code to register online or visit <https://www.essentiahealth.org/classes-events/girl-talk-bismarck-nd-october-13-2024>

EssentiaHealth.org



FALL EVENTS

Sept. 28 - [Luminary Walk](#) at General Sibley Park - FREE for all

Oct. 17-19 - [Creepy Classic Tennis Tournament](#) for youth

FALL ACTIVITIES

Oct. 9 - session 2 tennis registration opens - [10 & Under](#) and [Juniors](#)

Oct. 11 - early bird deadline for [boys' 3rd grade basketball](#)

Oct. 15 - [session 2 swim lesson registration](#) opens

Oct. 17-18 - registration open now for [Day Camp for Teacher's Convention](#)

Oct. 18 - early bird deadline for [boys' 4-5th grade basketball](#)

Monthly - [karate](#) and [fencing](#)

Drop-In Programs

- [Meet It or Beat It Bowling](#)
- [Public Indoor Ice Skating](#)
- [Toddler Splash Days](#)
- [Weekday Morning Play Dates](#)
- [Wibit Water Toys](#)

And more at www.bisparks.org!

PART-TIME JOBS

Join the team at Bismarck Parks and Recreation! www.bisparks.org/jobs

- BLAST afterschool program leaders
- Basketball coaches
- Facility attendants
- Front desk staff
- Lifeguards
- Officials - basketball & volleyball
- Swim instructors
- Tennis instructors
- Zamboni drivers

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FUNCTIONAL MOVEMENT CLUB

Youth Athletes

BY STEVE KUBISIAK

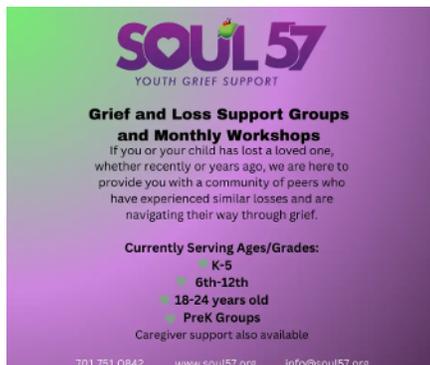
FOR MORE INFORMATION:

<https://functional-movement.webador.com/>



Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!



Youth Grief Support Group

If you or your child has lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.

www.soul57.org



Magic Soccer FC

Magic Soccer offers a wide variety of soccer options for all ages and abilities. Check out some of the programs below. For more details visit Magic's website. Many programs have enrollment caps so register EARLY! Click [HERE](#)

Mini Magic - Perfect for children aged 4 to 6 who are eager to explore and learn soccer skills!

Open Skills Training - Designed to improve players' footwork, self-confidence on the field, and provide life-long skills foundation in the game. All players can participate regardless of skill level. Player's 2nd - 7th grade.

Competitive Program - Available for players ages 8 - 19. Act fast, as teams fill up quickly. Train two days a week for fall/winter, plus required and optional tournaments if you secure a spot on the team.

Youth Indoor league - Two sessions offered in 2025 - see website for dates. Make your own team or join as a free agent. Recreational soccer program for youth players between the ages of 8 and 14. Games on Sunday afternoon and evenings starting in January.

High School Indoor league - Non-travel soccer program for players ages 15 - 19. Focus of the league is to provide high school players with additional playing opportunities outside of their school season where they can have fun and improve their skills and confidence on the field.

REGISTER:

<https://www.magicsoccerskills.com/signup>



YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.



You Belong Here
Missouri Valley Family YMCA
www.bismarckymca.org

For Our Community
Family Wellness
www.familywellnessbismar.org



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North Dakota's Gateway to Science Upcoming Events

Spark a lifelong interest in science with hands-on, engaging activities through our fall programs!

STEM Adventure Mini Camps

Held on select days when there is no school

October 17, 18

November 8, 11

8:00 am to 5:00 pm (check-in begins at 7:45)

More information and registration [HERE](#).

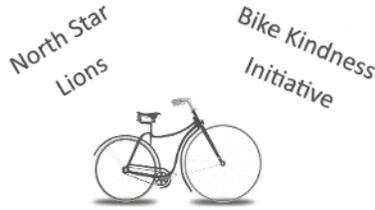


Knights of the Blind

An original initiative of Lions has always been sight. Ever since Helen Keller inspired us to champion the cause in 1925, to become the **Knights of the Blind**, we've served and advocated for the blind and visually impaired. Nearly a century later, this long-standing mission continues unhindered. Locally, our Lion clubs have collected 10's of thousands of glasses. These glasses have been cleaned, read and marked for vision strength, packed and shipped around the world to be used by people who cannot see and cannot afford glasses.

Help us help people in need by donating your used glasses. Something so simple as a used pair of glasses can be a miracle to someone who is vision impaired.

Call Scott at 701-955-8693 about this wonderful program.



Donated Bikes

Refurbished For Qualified Kids

Ages 17 and Under

Eligibility is based on being approved for the

Free and Reduced Lunch Program

For More Info:

Call Scott @ 701-955-8693

North Star Lions Bike Kindness Initiative

The **North Star Lions** of Bismarck is starting a community program to give bikes to kids in need, through our **"Bike Kindness Initiative"**. Any kid that qualifies for the school's "Free and Reduced Lunch Program" will be eligible to request a bike, for free.

Our program, **the North Star Lions "Bike Kindness Initiative"**, aims to accomplish a few Lions initiatives. As Lions say, Kindness Matters, and that is what we wish to accomplish and hence the name of our program. We look to make a difference with the local "Youth" and the "Environment". Making a positive impact with our Youth is always important and we believe this program can do that. We are also looking at the Environment, a secondary goal for us is to keep unwanted bikes out of the landfill. Because not all bikes will be rebuildable, part of that bike might be used for parts to rebuild other bikes. Whatever is not used will be recycled.

Right now, we need bikes! We understand that people have bikes that are sitting around and not being used. This program is a great way to recycle those bikes and make someone very happy. If you have a bike that is not being used, or you know someone with a bike not being used, give us a call. We can arrange to have it picked up and refurbished. Any bike in any condition is welcome.

Call Scott at 701-955-8693 to have your bike picked up.

District Calendar

- **Thursday, October 17** - Admin. Convention Day, No School
- **Friday, October 18** - Admin. Convention Day, No School
- **Friday, November 8** - Parent-Teacher Conference Day, No School
- **Monday, November 11** - Veterans Day, No School
- **Thursday, November 28** - Thanksgiving Day, No School
- **Friday, November 29** - Thanksgiving Break, No School
- **Monday, December 23 - Wednesday, January 1** - Christmas/New Year's Break, No School
- **Monday, January 20** - MLK Day, No School
- **Tuesday, January 21** - Staff Development Day, No School
- **Monday, February 17** - Presidents' Day, No School
- **Friday, March 14** - Storm Make-Up Day, No School
- **Monday, March 17** - Parent-Teacher Conference Day, No School
- **Friday, April 4** - Staff Development, No School
- **Friday, April 18** - Good Friday, No School
- **Monday, April 21** - Storm Make-Up Day, No School
- **Friday, May 23** - Last Day of School
- **Friday, May 23** - ALC, SCHS Graduation
- **Sunday, May 25** - BHS, CHS, LHS Graduation



Have something you would like to share in the Friday Flier?

Visit www.bismarckschools.org/departments/community-relations/friday-flier to view our policies and submission information.