October 2024 Menu

October				
М	Tu	w	Th	F
Breakfast: Pancakes, Sausage, Cereal, Fruit, Juice, Milk Lunch: Spaghetti or Chicken Alfredo, Breadstick, Carrots, Fruit, Milk Breakfast: Mini Blueberry Waffles, Cheese Stick, Cereal,	Breakfast: Blueberry Muffin, Cheese Stick, Cereal, Fruit, Juice, Milk Lunch: Beef or Chicken Taco, Rice, Mixed Vegetables, Fruit, Milk Breakfast: Blueberry Muffin, Yogurt, Cereal, Fruit, Juice, Milk	Breakfast: Sausage Breakfast Pizza, Cereal, Fruit, Juice, Milk Lunch: Salisbury Steak or Pork Tenderloin, Mashed Potatoes & Gravy, Green Beans, Roll, Fruit, Milk 9 Breakfast: Sausage Breakfast Pizza, Cereal, Fruit, Juice, Milk	Breakfast: Biscuit & Gravy, Sausage, Cereal, Fruit, Juice, Milk Lunch: Pepperoni Pizza, Corn, Brownie, Fruit, Milk 10 Breakfast: Biscuit & Gravy, Sausage, Cereal, Fruit, Juice, Milk	Breakfast: Pancake on a Stick, Cereal, Fruit, Juice, Milk Lunch: BBQ Pork or Chicken, Baked Beans, Fries, Fruit, Milk 11 Breakfast: Egg & Sausage Biscuit, Cereal, Fruit, Juice, Milk
Fruit, Juice, Milk Lunch: Hot Dog or Hamburger, Chips, Peas, Fruit, Milk	Lunch: Crispito or Burrito, Refried Beans, Carrots, Fruit, Milk	Lunch: Country Fried Steak or Pork Fritter, Mashed Potatoes & Gravy, Green Beans, Roll, Fruit, Milk	Lunch: Cheese Pizza, Corn, Apple Crisp, Fruit, Milk	Lunch: Grilled Cheese or Ham & Cheese, Chicken Noodle Soup, Carrots, Fruit, Milk
14	Breakfast: Blueberry Muffin, Cereal, Fruit, Juice, Milk Lunch: Beef or Chicken Nachos, Cheese, Lettuce, Tomatoes, Salsa, Fruit, Milk	16 Breakfast: Sausage Breakfast Pizza, Cereal, Fruit, Juice, Milk Lunch: Chicken Patty or Chicken Nuggets, Mashed Potatoes & Gravy, Green Beans, Roll, Fruit, Milk	Breakfast: Biscuit & Gravy, Sausage, Cereal, Fruit, Juice, Milk Lunch: Pepperoni Pizza, Corn, Brownie, Fruit, Milk	Breakfast: Chocolate Chip Muffin, Cheese Stick, Cereal, Fruit, Juice, Milk Lunch: Cashew or Sweet-n-Sour Chicken, Rice, Peas, Fortune Cookie, Fruit, Milk
Breakfast: Cinna-Minis, Cereal, Fruit, Juice, Milk Lunch: Spaghetti or Chicken Alfredo, Garbanzo Beans, Breadstick, Fruit, Milk	Breakfast: Blueberry Muffin, Cereal, Fruit, Juice, Milk Lunch: Crispito or Burrito, Black Beans, Salsa, Fruit, Milk	Breakfast: Sausage Breakfast Pizza, Cereal, Fruit, Juice, Milk Lunch: Pork w/ Gravy or Salisbury Steak, Mashed Potatoes & Gravy, Broccoli w/ Cheese, Fruit, Milk	24 Breakfast: Biscuit & Gravy, Sausage, Cereal, Fruit, Juice, Milk Lunch: Cheese Pizza, Corn, Cookie, Fruit, Milk	25
Breakfast: Cheese Omelette, Cereal, Fruit, Juice, Milk Lunch: Grilled Cheese or Ham & Cheese, Vegetable Soup w/ Crackers, Carrots, Fruit, Milk	29 Breakfast: Blueberry Muffin, Cereal, Fruit, Juice, Milk Lunch: Chicken or Cheese Quesadilla, Rice, Black Beans, Fruit, Milk	30 Breakfast: Sausage Breakfast Pizza, Cereal, Fruit, Juice, Milk Lunch: Chili Dog or Frito Pie, Cheese, Corn, Fruit, Milk	Breakfast: Biscuit & Gravy, Sausage, Cereal, Fruit, Juice, Milk Lunch: Pepperoni Pizza, Peas, Cupcake, Fruit, Milk	1