

HAWLEY SCHOOLS

OCTOBER 2024 -

ALLERGEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPTEMBER 30	1	2	3	4
DF: Hot Dog EF: Hot Dog GF: Hot Dog on GF Bun	DF: Sloppy Joe EF: Sloppy Joe GF: Sloppy Joe	DF: Orange Chicken EF: Turkey, Bacon, Cheese Wrap GF: GF Chicken Strips	DF: Burrito EF: Burrito GF: Lunchable	DF: Turkey Club EF: Cheesy French Bread GF: GF Pizza
7	8	9	10	11
DF: Grilled Chicken Sandwich EF: Grilled Chicken Sandwich GF: Grilled Chicken Sandwich on GF Bun	DF: Hot Ham Sandwich EF: Hot Ham & Cheese Sandwich GF: Hot Ham & Cheese on GF Bun	DF: Boneless Chicken Wings EF: Boneless Chicken Wings GF: GF Chicken Nuggets	DF: Taco in a Bag EF: Taco in a Bag GF: Taco in a Bag	DF: Turkey Club EF: Pizza GF: GF Pizza
14	15	16	17	18
DF: Burger EF: Burger GF: Burger on GF Bun	DF: Grilled Chicken Mashed Potatoes EF: Grilled Chicken Mashed Potatoes GF: Grilled Chicken Mashed Potatoes	EARLY DISMISSAL DF: Ham Club Sandwich EF: Bosco Stick GF: GF Pizza	NO SCHOOL	NO SCHOOL
21	22	23	24	25
DF: Corn Dog EF: Ham & Cheese Sandwich GF: Ham & Cheese Sandwich on GF Bun	DF: Chicken Nuggets EF: Chicken Nuggets GF: GF Chicken Nuggets	DF: Spaghetti EF: Spaghetti GF: GF Spaghetti	DF: Chicken Drumstick EF: Chicken Drumstick GF: Chicken Drumstick	DF: Cheeseless Pizza EF: Pizza GF: GF Pizza
28	29	30	31	NOVEMBER 1
DF: Ham Sandwich EF: Ham & Cheese Sandwich GF: Ham & Cheese Sandwich on GF Bun	DF: Chili EF: Chili GF: Chili	DF: Lunchable EF: Tater Tot Hotdish GF: Lunchable	DF: Weiner Wings EF: Weiner Wings GF: Hot Dog on GF Bun	DF: Chicken Fajita EF: Chicken Fajita GF: Chicken Fajita Salad

Lettuce is 50% Romaine Blend. Carrots & Broccoli are served daily. Legumes are served on the center table weekly. Salad Bar is the second option for 4th thru 12th Grades.

DF stands for **Dairy Free**, **EF** stands for **Egg Free**, and **GF** stands for **Gluten Free**.

Milk is: Skim, 1%, & Skim Chocolate. Bread is served with meals that do not have a bun or bread. The proper condiments are served with the correct food item. *Everything may be subject to substitution.*