

Happenings this Month



The only thing better than fresh fruits and vegetables is LOCAL fruits and vegetables! October is **National Farm to School Month**, and we're celebrating with mobile farmer's markets, and lots of local produce, oats, and yogurt.

October 14-18 is National School Lunch Week!

National School Lunch Week celebrates the importance of healthy and nutritious meals for students, promoting better learning and overall well-being. This year we will be celebrating with guest servers and new menu items.



Grades K-5 Daily Alternative Menu Options:

Sunbutter & Jelly Sandwich
Cheese Pizza
Ham & Cheese Sandwich

Grades 6-8 Daily Alternative Menu Options:

Sunbutter & Jelly Sandwich
Cheese Pizza
Ham & Cheese Sandwich
Grab & Go Salads (Tues - Thurs)



TALK TO US

meals@medford.k12.ma.us

Grades 9-12 Daily Alternative Menu Options:

Sunbutter & Jelly Sandwich
Cheese Pizza
Variety of Hot & Cold Sandwiches
Grab & Go Salads

(Vegetarian & Vegan sandwiches & salads offered daily)