

# Elementary & K-8 Menu

October 2024



ITEMS OF THE MONTH:  
**APPLE PEARS AND GRAPES**

## Key

-  **House-Made**
-  **Locally-Grown & Sourced**
-  **Vegetarian Entrees**
-  **Vegan Entrees**  
All fruits, fresh vegetables, & cereals are vegan.
-  **Contains Pork**
-  **All grains are whole-grain rich**  
Except cinnamon roll
-  **New Item**

\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON	TUE	WED	THU	FRI
<p><b>OFFERED DAILY</b></p> <p><b>BREAKFAST:</b></p> <ul style="list-style-type: none"> <li>Whole-Grain Cereals</li> <li>String Cheese</li> <li>100% Fruit Juice</li> </ul> <p><b>BREAKFAST &amp; LUNCH:</b></p> <ul style="list-style-type: none"> <li>Yogurt with Granola</li> <li>Low-Fat White Milk</li> <li>Nonfat Chocolate Milk</li> </ul>	<p><b>BREAKFAST</b></p> <p><b>1</b></p> <p>Egg, Cheese, &amp; Turkey Sausage Breakfast Burrito Pineapple</p> <p><b>LUNCH</b></p> <p>Chicken &amp; Cheese Taquitos Cheesy Garlic Bread w/Marinara Fresh Orange Wedges Mixed Salad Greens Spicy Beans</p>	<p><b>BREAKFAST</b></p> <p><b>2</b></p> <p>House-Baked Cinnamon Roll Peaches</p> <p><b>LUNCH</b></p> <p>Chicken Tamale Pancakes &amp; Sausage Fresh Pear Potato Rounds</p>	<p><b>BREAKFAST</b></p> <p><b>3</b></p> <p>Cinnamon Crumb Cake Fresh Apple Slices</p> <p><b>LUNCH</b></p> <p>Southwest Bean Burger Chicken Tenders w/Biscuit Fresh Banana Mashed Potatoes w/Gravy Lettuce &amp; Pickle Cup</p>	<p><b>BREAKFAST</b></p> <p><b>4</b></p> <p>Bagel w/Cream Cheese Variety Fruit</p> <p><b>LUNCH</b></p> <p>Cheese Pizza Chili Cheese Nachos Frozen Strawberry Cup Fresh Broccoli</p>
<p><b>BREAKFAST</b></p> <p><b>7</b></p> <p>Pizza Bagel Dried Cranberries</p> <p><b>LUNCH</b></p> <p>Bean Burrito w/Pico Orange Chicken w/Rice Fresh Apple Slices CA Mixed Vegetables</p>	<p><b>BREAKFAST</b></p> <p><b>8</b></p> <p>Egg &amp; Cheese Biscuit Pineapple</p> <p><b>LUNCH</b></p> <p>Corn Dog Cheesy Breadsticks w/Marinara Fresh Orange Wedges Fresh Baby Carrots Roasted Chickpeas</p>	<p><b>BREAKFAST</b></p> <p><b>9</b></p> <p>House-Baked Cinnamon Roll Peaches</p> <p><b>LUNCH</b></p> <p>Macaroni &amp; Cheese Chicken &amp; Waffle Fresh Pear Fresh Cucumber Chocolate Chip Cookie</p>	<p><b>BREAKFAST</b></p> <p><b>10</b></p> <p>Muffin Fresh Apple Slices</p> <p><b>LUNCH</b></p> <p>Peach Parfait Boneless Wings w/Cornbread Fresh Banana Fresh Broccoli</p>	<p><b>BREAKFAST</b></p> <p><b>11</b></p> <p>Mini Maple Pancakes Variety Fruit</p> <p><b>LUNCH</b></p> <p>Spicy Bean Nachos Pepperoni Pizza Popcorn Chicken Salad Frozen Peach Cup Corn w/Tajin</p>
<b>NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18</b>				
<p><b>BREAKFAST</b></p> <p><b>14</b></p> <p>French Toast Sticks w/Fruit Dip Dried Cranberries</p> <p><b>LUNCH</b></p> <p>BBQ Turkey Sandwich Bean &amp; Cheese Burrito w/Pico Fresh Apple Slices BBQ Baked Beans</p>	<p><b>BREAKFAST</b></p> <p><b>15</b></p> <p>Pizza Stick Pineapple</p> <p><b>LUNCH</b></p> <p>Beef Taco Kickin' Tenders w/Roll Fresh Orange Wedges Shredded Lettuce</p>	<p><b>BREAKFAST</b></p> <p><b>16</b></p> <p>House-Baked Cinnamon Roll Peaches</p> <p><b>LUNCH</b></p> <p>Peach Parfait Chicken Sandwich Fresh Banana Fresh Broccoli Lettuce &amp; Pickle Cup</p>	<p><b>BREAKFAST</b></p> <p><b>17</b></p> <p>Cinnamon Crumb Cake Fresh Apple Slices</p> <p><b>LUNCH</b></p> <p>Spaghetti w/Meatballs Chickpea Butter &amp; Jelly (CB&amp;J) Sandwich Farm to School Apple Pear Fresh Baby Carrots</p>	<p><b>BREAKFAST</b></p> <p><b>18</b></p> <p>Chicken Biscuit Sandwich Variety Fruit</p> <p><b>LUNCH</b></p> <p>Cheese Pizza Chili Cheese Nachos Frozen Strawberry Cup Corn w/Tajin</p>
<p><b>BREAKFAST</b></p> <p><b>21</b></p> <p>Blueberry Waffle Dried Cranberries</p> <p><b>LUNCH</b></p> <p>Chicken Nuggets w/Cornbread Bean &amp; Cheese Pupusa Fresh Apple Slices Potato Rounds</p>	<p><b>BREAKFAST</b></p> <p><b>22</b></p> <p>Egg &amp; Cheese Croissant Pineapple</p> <p><b>LUNCH</b></p> <p>Cheeseburger/Hamburger Breaded Cheese Ravioli w/Marinara Fresh Orange Wedges Fresh Baby Carrots Lettuce &amp; Pickle Cup</p>	<p><b>BREAKFAST</b></p> <p><b>23</b></p> <p>House-Baked Cinnamon Roll Peaches</p> <p><b>LUNCH</b></p> <p>Chicken Chow Mein Quesadilla Fresh Pear Fresh Broccoli</p>	<p><b>BREAKFAST</b></p> <p><b>24</b></p> <p>Pan Dulce Concha Fresh Apple Slices</p> <p><b>LUNCH</b></p> <p>Grilled Cheese Sandwich Hot Dog Fresh Banana Sweet Potato Fries Chocolate Pudding</p>	<p><b>BREAKFAST</b></p> <p><b>25</b></p> <p>Breakfast Bites w/Fruit Dip Variety Fruit</p> <p><b>LUNCH</b></p> <p>Spicy Bean Nachos Pepperoni Pizza Chicken Caesar Salad Frozen Peach Cup Southwest Beans w/Cheese</p>
<p><b>BREAKFAST</b></p> <p><b>28</b></p> <p>Cinnamon Waffle Dried Cranberries</p> <p><b>LUNCH</b></p> <p>Corn Dog Teriyaki Meatballs w/Rice Fresh Apple Slices Fresh Baby Carrots</p>	<p><b>BREAKFAST</b></p> <p><b>29</b></p> <p>Egg, Cheese, &amp; Turkey Sausage Breakfast Burrito Pineapple</p> <p><b>LUNCH</b></p> <p>Cheesy Garlic Bread w/Marinara Chicken &amp; Cheese Taquitos Fresh Orange Wedges Mixed Salad Spicy Beans</p>	<p><b>BREAKFAST</b></p> <p><b>30</b></p> <p>House-Baked Cinnamon Roll Peaches</p> <p><b>LUNCH</b></p> <p>Chicken Tamale Pancakes &amp; Sausage Fresh Pear Potato Rounds</p>	<p><b>BREAKFAST</b></p> <p><b>31</b></p> <p>Cinnamon Crumb Cake Fresh Apple Slices</p> <p><b>LUNCH</b></p> <p>Cheese Pizza Chili Cheese Nachos Farm to School Grapes Fresh Broccoli</p>	<p><b>OFFERED DAILY</b></p> <p><b>LUNCH:</b></p> <p><b>Grades 6-8 Only:</b></p> <ul style="list-style-type: none"> <li>Pizza</li> <li>Salads</li> <li>Sandwiches</li> </ul>