

Daily Bulletin Friday, September 27th, 2024

Period 1	7:45 - 8:35
Period 2	8:40 - 9:30
Break	9:30 - 9:40
Period 3	9:45 - 10:35
Period 4	10:40 - 11:30
Lunch	11:30 - 12:00
Period 5	12:05 - 12:55
Period 6	1:00 - 1:50
Period 7	1:55 - 2:45

Today is our Cougar Pride Spirit Day! If you are wearing Carmel Gear or LOTS of RED, come out to the main quad during break and see Mrs. Wells for a Cougar Buck! Today is also your chance to earn Cougar Bucks! Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. You can only purchase one frozen treat at a time. However, you can participate in the Fun Friday Activity as many times as you would like! Each participant receives one Cougar Buck, and the winners receive two! Go Cougars!

National Hispanic and Latino Heritage Month: This month, we will share quotes from Latinos who have made an impact in our world. Latinos are from or have ancestry in Mexico, the Caribbean, Central America, Spain, and South America. Sra. Moreno chose today's Hispanic and Latino Heritage month quote. Sra. Moreno's cousin, Lin-Manuel Miranda, a Latino playwright, songwriter, actor, singer, filmmaker and rapper, once said, "I am the one thing in life I can control. I am inimitable – I am an original." It runs in the family. ¡Feliz viernes!

Our Cross-Country Team has a meet today at 4:00 pm. Come out to the track and cheer them on! Runners, please hydrate today. It's going to be a warm one. Meet on the track at 3:30 for warmups.

Team travels to Pacific Grove Middle School tomorrow at 12pm. Go Cougars!!

On Tuesday, the lady Cougars Soccer Team traveled to Seaside Middle school to take on the Eagles. The ladies had a rough start with the Eagles scoring 2 goals quickly in the first half. The Cougars quickly answered back when Nelly Salano Remirez sent a cross to Left Midfielder Gabby Da Silva who easily put it in the back of the net. Nelly also had a great finish but unfortunately it was not enough to defeat the Eagles on their home turf with the game ending in a 4-2 loss.

In the 6th Grade Wiffleball Tournament of Donuts yesterday, the *LA Ferocious Flaming Flamingos* beat the *Nakalaca Alpacas* by a score of 10 to 3 after the Flamingos scored 5 points in the first inning with Cullin Voss hitting a homerun. The Alpacas put up a strong fight with several double plays and base hits, but it wasn't enough to put those pink birds to bed. Tevan Barca-Hall of the Alpacas said, "We played well compared to the other teams that the Flamingos beat." After the game Coach Allen of the Flamingos said, "Love is the most important thing in the world, but wiffle ball is pretty good too." On Monday, the *LittleTown Lysol* will try to extinguish the *Magrantasaurus Rexes*.

Exciting news! The CMS Cheerleaders Krispy Kreme Doughnut fundraiser kicks off this Monday, September 30th! Remember to bring some dough to snag your tasty dozen and support our cheer squad! Pre-order tables will be set up after school or you can order from a CMS Cheerleader or Coach Hanes in the Library until October 18th, pickup on October 25th. (unclaimed donuts will be donated to the Halloween Dance)—thanks for cheering us on!

**We need our Loaner Chromebooks back!** If you have borrowed a loaner Chromebook, please return them to the library by the end of the school day.

Today's Menus: Breakfast: Ham, Egg, and Cheese Croissant, a Smoothie with Crackers, and Cinnamon Toast Crunch.

Lunch: Dominos Hawaiian Pizza, Spicy Chicken Sandwich, Veggie Dumplings & Chow Mein, or a Crispy Chicken Wrap.

Happy Birthday to everyone celebrating over the weekend, including