

MONDAY



TUESDAY

1

LUNCH
Choose 1 Entrée:
Crispy Chicken Sandwich
Chili & Breadsticks
Hearty Garden Vegetable Salad & Breadsticks

Choose up to 2 Fruits & 2 Veggies
Tater Tots
Fruit and Veggie Bar

WEDNESDAY

2

LUNCH
Choose 1 Entrée:
Beef Walking Nachos
Grilled Cheese Sandwich
Chicken Caesar Wrap

Choose up to 2 Fruits & 2 Veggies
Black Beans
Fruit and Veggie Bar

THURSDAY

3

LUNCH
Choose 1 Entrée:
Chicken Tenders & Breadstick
Beef Enchilada
Classic Hummus Box

Choose up to 2 Fruits & 2 Veggies
Corn
Fruit and Veggie Bar

FRIDAY

4

LUNCH
Choose 1 Entrée:
Cheese or Pepperoni Pizza
Chef Salad & Dinner Roll

Choose up to 2 Fruits & 2 Veggies
Roasted Broccoli
Fruit and Veggie Bar

7

LUNCH
Choose 1 Entrée:
Cheese Quesadillas
Breaded Fish Sticks & Dinner Roll
Ham and Cheese Sub

Choose up to 2 Fruits & 2 Veggies
Refried Black Beans
Fruit and Veggie Bar

8

LUNCH
Choose 1 Entrée:
Mini Corn Dogs
Hamburger
Chef Salad & Dinner Roll

Choose up to 2 Fruits & 2 Veggies
Crinkle Cut French Fries
Fruit and Veggie Bar

9

LUNCH
Choose 1 Entrée:
Chicken Broccoli Alfredo & Breadstick
Beef Walking Nachos
Just Peachy Parfait

Choose up to 2 Fruits & 2 Veggies
Corn
Fruit and Veggie Bar

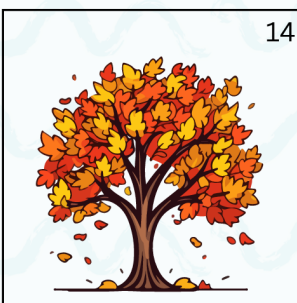
10

LUNCH
Choose 1 Entrée:
Arroz Con Pollo (Rice with Chicken)
Turkey Hot Dog
Pin Wheel Bento Box

Choose up to 2 Fruits & 2 Veggies
Carrot Coins
Fruit and Veggie Bar

11

Staff Day
No Students



17

SCHOOL LUNCH PIRATES
FIND YOUR TREASURE! OCTOBER 17-18, 2024

LUNCH
Choose 1 Entrée:
Catch of the Day Fish Sandwich
Cheese Lasagna Scroll & Garlic Plank
Breadstick
Captain's Bounty Hummus Bento Box
Choose up to 2 Fruits & 2 Veggies
Golden Carrot Coins
Fruit and Veggie Bar

18

LUNCH
Choose 1 Entrée:
Pepperoni or Cheese Pizza
Chef Salad & Breadsticks

Choose up to 2 Fruits & 2 Veggies
Tater Tots
Fruit and Veggie Bar

21

LUNCH
Choose 1 Entrée:
BBQ Pulled Pork Sandwich
Cheesy Nachos
Fiesta Salad & Breadsticks

Choose up to 2 Fruits & 2 Veggies
Black Beans
Fruit and Veggie Bar

22

LUNCH
Choose 1 Entrée:
Crispy Chicken Sandwich
Meatballs with Brown Gravy & Dinner Roll
Hearty Garden Vegetable Salad with Breadsticks

Choose up to 2 Fruits & 2 Veggies
Whipped Potatoes and Gravy
Fruit and Veggie Bar

23

LUNCH
Choose 1 Entrée:
Beef Walking Nachos
Brazilian Chimichurri Chicken Sandwich
Strawberry Fields Parfait

Choose up to 2 Fruits & 2 Veggies
Corn
Fruit and Veggie Bar

24

LUNCH
Choose 1 Entrée:
Orange Chicken & Fried Rice
Cheeseburger
Crispy Chicken Wrap

Choose up to 2 Fruits & 2 Veggies
Roasted Broccoli
Fruit and Veggie Bar

25

LUNCH
Choose 1 Entrée:
Cheese or Pepperoni Pizza
Turkey Ham and Cheese Sub

Choose up to 2 Fruits & 2 Veggies
Low Country Green Beans
Fruit and Veggie Bar

28

LUNCH
Choose 1 Entrée:
Chicken Nuggets & Breadstick
Mozzarella Stuffed Breadsticks
Ham and Cheese Sub

Choose up to 2 Fruits & 2 Veggies
Garden Side Salad
Fruit and Veggie Bar

29

LUNCH
Choose 1 Entrée:
BBQ Riblet Patty Sandwich
Shepard's Pie with Garlic Breadstick
Crispy Chicken Salad & Breadsticks

Choose up to 2 Fruits & 2 Veggies
Parmesan Green Beans
Fruit and Veggie Bar

30

LUNCH
Early Release

Bag Lunch
Sandwich
2 Vegetables
Fruit
Milk

31

HAPPY HALLOWEEN

LUNCH
Choose 1 Entrée:
Walking Beef Zombie Nachos
Spook-etti & Chicken Meatballs with Garlic Knot Breadstick
"Candy Corn" (Orange Pineapple)
Yogurt Parfait
Choose up to 2 Fruits & 2 Veggies
Spooky Sweet Potato Fries
Fruit and Veggie Bar



Students are entitled to their choice of entrée, 2 fruits, 2 vegetables and 1 milk with lunch.
A variety of fruits, vegetables and milk served with lunch daily.
A variety of fruit and milk served with breakfast daily.
Carbohydrates are in () and are dependent on product availability.
Menus are subject to change.

Peanut butter (32g) or sun butter (33g)
and jelly served daily with a cheese
stick (0g) and pretzel goldfish (16g) or
graham crackers (17g).

Elementary Breakfast Menu

October 2024

MONDAY



TUESDAY

1
BREAKFAST
Chicken Biscuit Sandwich
Cereal with Graham Crackers
or Cheese Stick

WEDNESDAY

2
BREAKFAST
Cinnamon Chip Scone
Cereal with Graham Crackers
or Cheese Stick

THURSDAY

3
BREAKFAST
Colby Cheese Omelet &
Buttery Wheat Toast
Frosted Fudge Poptart with
Graham Crackers

FRIDAY

4
BREAKFAST
French Toast Bites
Blueberry Patch Parfait

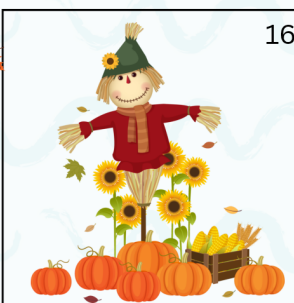
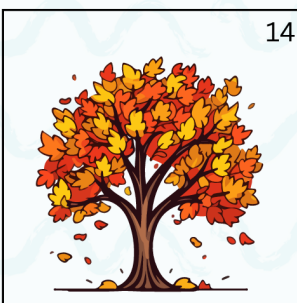
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BREAKFAST
Wild Blueberry Waffles
Just Peachy Parfait

8
BREAKFAST
Breakfast Bagel Sandwich
Cereal with Graham Crackers
or Cheese Stick

9
BREAKFAST
Apple Frudel Stick
Cereal with Graham Crackers
or Cheese Stick

10
BREAKFAST
Cinnamon Roll
Cereal with Graham Crackers
or Cheese Stick

11
Staff Day
No Students



17
BREAKFAST
Banana Muffin
Cereal with Graham Crackers
or Cheese Stick

18
BREAKFAST
Cinnamon Creamy Cheese
Mini Bagels
Cereal with Graham Crackers
or Cheese Stick

21
BREAKFAST
Breakfast on a Stick
Cereal with Graham Crackers
or Cheese Stick

22
BREAKFAST
Chicken Biscuit Sandwich
Strawberry Fields Parfait

23
BREAKFAST
Sausage Breakfast Pizza
Cereal with Graham Crackers
or Cheese Stick

24
BREAKFAST
Waffles
Cereal with Graham Crackers
or Cheese Stick

25
BREAKFAST
French Toast Bites
Blueberry Patch Parfait

28
BREAKFAST
Breakfast on a Stick
Cereal with Graham Crackers
or Cheese Stick

29
BREAKFAST
Chicken Biscuit Sandwich
Cereal with Graham Crackers
or Cheese Stick

30
BREAKFAST
Cinnamon Chip Scone
Cereal with Graham Crackers
or Cheese Stick

31
HAPPY HALLOWEEN
BREAKFAST
Colby Cheese Omelet with
Buttery Wheat Toast
Frosted Fudge Poptart with
Grahams



Students are entitled to their choice of entrée, fruits, and milk with breakfast.
A variety of fruit and milk served with breakfast daily.
Menus are subject to change.