

# September 30, 2024 - October 6, 2024

September 2024

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## Monday, September 30

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 5:30-7:30 DANCE TEAM (AR)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Tuesday, October 1

- 3:00 PM - 5:00 PM BAND LENOX (GYM)
- 3:00 PM - 6:00 PM BAND LENOX (MPR)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5-6:15 SPIN IKERD (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)

## Wednesday, October 2

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Thursday, October 3

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )
- 9:30AM-10:30AM IKERD WEIGHTS ( AR)

## Friday, October 4

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:30pm - 7:00pm 5:30-7:30 BIRTHDAY PARTY (MPR, SM POOL) JESSICA CLARK 606-875-8376

## Saturday, October 5

- 9-10 SPIN IKERD (GYM)

## Sunday, October 6

# October 7, 2024 - October 13, 2024

October 2024

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Monday, October 7

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Tuesday, October 8

- 3:00 PM - 5:00 PM BAND LENOX (GYM)
- 3:00 PM - 6:00 PM BAND LENOX (MPR)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5-6:15 SPIN IKERD (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)

## Wednesday, October 9

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Thursday, October 10

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:00pm-7:00pm CENTRAL KY SWIM TEAM (POOL)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:30AM-10:30AM IKERD WEIGHTS ( AR)

## Friday, October 11

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Saturday, October 12

- 9:30-1130 BRITTANY NEAL BIRTHDAY PARTY (MPR, SM POOL) 606-416-0996 20 KIDS? FREE!1 STUDENT OF SOMERSET SCHOOLS
- 9-10 SPIN IKERD (GYM)

## Sunday, October 13

# October 14, 2024 - October 20, 2024

October 2024							November 2024							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
			1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	
27	28	29	30	31			24	25	26	27	28	29	30	

## Monday, October 14

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:00pm-7:00pm CENTRAL KY SWIM TEAM (POOL)
- 6:00PM-8:00PM LITTLE LEAGE BB CAMI MCCLUNG (GYM) #606-219-1808
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Tuesday, October 15

- 3:00 PM - 5:00 PM BAND LENOX (GYM)
- 3:00 PM - 6:00 PM BAND LENOX (MPR)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:00pm-7:00pm CENTRAL KY SWIM TEAM (POOL)
- 5-6:15 SPIN IKERD (GYM)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)

## Wednesday, October 16

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Thursday, October 17

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:30AM-10:30AM IKERD WEIGHTS ( AR)

## Friday, October 18

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:30-7:30 Birthday Party, Taylor Burton (MPR and Small Pool [Paid])
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Saturday, October 19

- 9-10 SPIN IKERD (GYM)

## Sunday, October 20

- 1:00pm-3:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)

# October 21, 2024 - October 27, 2024

October 2024							November 2024						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4	5					1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

## Monday, October 21

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 6:00PM-8:00PM LITTLE LEAGE BB CAMI MCCLUNG (GYM) #606-219-1808
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Tuesday, October 22

- 3:00 PM - 5:00 PM BAND LENOX (GYM)
- 3:00 PM - 6:00 PM BAND LENOX (MPR)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5-6:15 SPIN IKERD (GYM)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)

## Wednesday, October 23

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Thursday, October 24

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:00pm-7:00pm CENTRAL KY SWIM TEAM (POOL)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:30AM-10:30AM IKERD WEIGHTS ( AR)

## Friday, October 25

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5:30PM-7:30PM BIRTHDAY PARTY COURTNEY FRY (MPR, SM POOL) 606-875-6394
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL )

## Saturday, October 26

- 9-10 SPIN IKERD (GYM)

## Sunday, October 27

- 1:00pm-3:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)

# October 28, 2024 - November 3, 2024

October 2024							November 2024						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

## Monday, October 28

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 6:00PM-8:00PM LITTLE LEAGE BB CAMI MCCLUNG (GYM) #606-219-1808
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL)

## Tuesday, October 29

- 3:00 PM - 5:00 PM BAND LENOX (GYM)
- 3:00 PM - 6:00 PM BAND LENOX (MPR)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 5-6:15 SPIN IKERD (GYM)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)

## Wednesday, October 30

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL)

## Thursday, October 31

- 3:00 PM - 6:00 PM BAND LENOX (GYM)
- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 6:00pm-8:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)
- 6PM-8PM SYFL KERRI BROOKS 606-305-5174 ( PRACTICE SOCCER FIELD)
- 9:30AM-10:30AM IKERD WEIGHTS ( AR)

## Friday, November 1

- 3:30PM-5:30PM PC, SW. SHS, SWIM TEAM COACH PARKER SKIDMORE 606-875-3267 (POOL)
- 9:00AM-12:15PM KAY KELLER SILVER SNEAKERS & WATER AEROBICS (MPR, SMALL POOL)

## Saturday, November 2

- 9-10 SPIN IKERD (GYM)

## Sunday, November 3

- 1:00pm-3:00pm ELEM. YOUTH BB LEAGUE COACH ANDREW LAUGHLIN (GYM)