



WESTLAKE ACADEMY

IB Continuum World School



2600 JT Ottinger Road, Westlake TX - WestlakeAcademy.org - Tel: 817-490-5757

Parent Concussion Information and Home Instructions

If your child begins to elicit increases in these symptoms you should seek further medical care:

- Increasing headache
- Nausea or vomiting
- Difficulty or slurred speech
- Balance or coordination difficulty
- Unusual or out of character behavior
- Changes in level of consciousness
- Blurred or double vision
- Disorientation
- Delayed verbal or motor response
- Amnesia
- Stiffness in the neck or weakness in arms or legs
- Blood or clear fluid from nose or ears
- Abnormal drowsiness or sleepiness

Please **DO NOT** allow your child to:

- Take any medication except Tylenol when indicated by a Dr. or Athletic Trainer
- Engage in any physical activity until evaluated by a Dr. or Athletic Trainer

Please **LIMIT** your child's:

- TV time, especially violent programs
- Video game playing, and rough housing
- Use of Ipods and Cell phones(texting)
- The above can increase your child's symptoms.

In some cases their class work/homework can worsen their symptoms and each child will be evaluated for class modifications as needed.

If you are uncertain about the above symptoms please contact your school's Athletic Trainer.

