



McAlister Breakfast Menu

October 2024

30

Breakfast Frudel

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

1

Breakfast Round

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

2

Donut

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

3

Breakfast Sandwich

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

4

Scooby Snacks

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

7

Cinni Mini

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

8

Breakfast Frudel

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

9

Donut

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

10

Breakfast Sandwich

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

11

Scooby Snacks

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

14

**No
School**

15

Breakfast Round

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

16

Donut

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

17

Breakfast Sandwich

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

18

Scooby Snacks

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

21

Cinni Mini

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

22

Breakfast Frudel

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

23

Donut

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

24

Breakfast Sandwich

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

25

Scooby Snacks

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

28

Chocolate Muffin

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

29

Breakfast Frudel

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

30

Donut

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

31

Breakfast Sandwich

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

1

Scooby Snacks

Fresh Fruit, Yogurt, String Cheese, 100% Fruit Juice, Cereal Bars, Muffins and Milk

**Parents! Need Extra \$\$\$?
Become a Food Service Sub!
Contact Kathy Carney at
860-668-3802**

**Breakfast includes entrée, fruit, juice,
and milk. If your child receives free or
reduce lunch, then they also qualify for free
or reduce breakfast**