



iddle School Lunch Menu October 2024

Meal Prices Grades 6-8
Breakfast Full Pay: \$2.50
Lunch Full Pay: \$4.00
Milk Only: \$.75
Breakfast and Lunch are FREE to all

<u></u>	Monday	Tuesday	Wednesday	Thursday	Friday
		10/1/2024	10/2/2024	10/3/2024	10/4/2024
Lunch is served with a choice of milks, and a trip through our colorful fruit and veggie garden bar		Beef Nachos	Meatball Sub w/Fries	Orange Chicken Rice Bowl	Macaroni & Cheese w/Breadstick
	10/7/2024	10/8/2024	10/9/2024	10/10/2024	10/11/2024
	Chicken & Waffle	Beef Nachos	Turkey Bacon Jack Burger	Beef & Broccoli Bowl	Chicken Alfredo w/Breadstick
	10/14/2024	10/15/2024	10/16/2024	10/17/2024	10/18/2024
Additional Daily Options may include: *Pizza Variety *Cheeseburger *Chicken Burger *Hot Dog *Corn Dog *Fresh-Made Deli Sandwiches & Wraps *Fresh-Made Garden Salads	Chicken Strip Basket	Beef Nachos	Popcorn Chicken Potato Bowl	Orange Chicken Rice Bowl	Staff Training Day No School
	10/21/2024	10/22/2024	10/23/2024	10/24/2024	10/25/2024
	Chicken & Waffle	Beef Nachos	BBQ Turkey Sandwich w/Fries	Sweet & Sour Potsticker Bowl	Macaroni & Cheese w/Breadstick
	10/28/2024	10/29/2024	10/30/2024	10/31/2024	
	Chicken Strip Basket	Beef Nachos	Meatball Sub w/Fries	Orange Chicken Rice Bowl	

To apply for free/reduced price meals there are a few options: Online through Family Access,

Paper Applications are available at your school or

Email child_nutrition@sumnersd.org to receive an application via email

Breakfast is available at all schools daily!

Choose from a rotating selection of hot favorites or grab-and-go items, served with fruit and milk.

For nutrition and ingredient information go to our online menus at: myschoolmenus.com

Follow us on Twitter for updates @Sumnersdlunch

Child Nutrition Services (253) 891-6450 child_nutrition@sumnersd.org

This institution is an equal opportunity provider. Menu Subject to Change