







Wichita Public Schools – Health Services

Respiratory Virus Illness Protocol

COVID-19
INFLUENZA (FLU A OR FLU B)
RSV

Core prevention strategies

 <p>Immunizations</p> 	<p>Hygiene</p> 	<p>Steps for Cleaner Air</p> 	<p>Treatment</p> 	<p>Stay Home and Prevent Spread*</p> 
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Additional prevention strategies

<p>Masks</p> 	<p>Distancing</p> 	<p>Tests</p> 
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- Layering prevention strategies can be especially helpful when:**
- ✓ Respiratory viruses are causing a lot of illness in your community
 - ✓ You or those around you have risk factors for severe illness
 - ✓ You or those around you were recently exposed, are sick, or are recovering

***Stay home and away from others until, for 24 hours BOTH:**



Your symptoms are getting better

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You are fever-free (without meds)



Then take added precaution for the next 5 days

A fever is defined as a temperature ≥ 100.4 °F.