

HIGH SCHOOL



BREAKFAST: Student:\$2.25 • Adult: a la carte

LUNCH: Student \$3.65 • Reduced: \$0.40 • Adult: \$5.25

BREAKFAST: Toast or PopTart & Cereal offered daily. Includes choice of milk. LUNCH: Includes entrée, vegetable, fruit & choice of milk.

30 **BREAKFAST** Mini French Toast OR PopTart & Cereal Craisins Fruit Juice

LUNCH Macaroni & Cheese w/ Fish Nuggets and Hushpuppies **OR** Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin California Blend French Fries

Fruit Juice **BREAKFAST** Cinnamon Roll & String Cheese OR PopTart & Cereal Craisins Fruit Juice LUNCH

Fresh Vegetable

of the Day

Fruit Cup

Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans

Beef/Cheese

French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

*Contains Pork

BREAKFAST Waffles w/

Strawberries/Cream OR

PopTart & Cereal Raisels, Fruit Juice

LUNCH State Fair Corn Dog OR Hamburger/

Cheesebürger OR Crispy Buffalo Chicken Salad w/ Flatbread

OR Blueberry Yogurt Parfait w/ Muffin French Fries Corn on the Cob Fresh Veg. of the Day Fruit Cup, Fruit Juice Fair Day Treat **BREAKFAST**

* Breakfast Taco w/ Eggs & Bacon Tater Tots **OR**

Toast & Cereal Craisins, Fruit Juice

LUNCH Chicken Tenders OR

Chicken Fried Steak Wheat Roll OR

Grilled Cheese Sandwich OR

*Turkey Club Wrap Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice

BREAKFAST

Breakfast Pizza

OR

BREAKFAST Sausage & Biscuit w/ Gravy

PopTart & Cereal Raisels, Fruit Juice

LUNCH Soft Beef Tacos w/ Mexican Rice

OR Crispy Chicken Sandwich

OR Turkey/Ham/Cheese Salad w/Flatbread

OR Fruit/Cheese Plate w/ Muffin Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

BREAKFAST Sausage Rolls ØR

PopTart & Cereal Raisels Fruit Juice

LUNCH Chicken Alfredo w/ Wheat Roll OR Fiestada Pizza

OR Ham/Cheese Sub Sandwich OR Fruit/Cheese Plate w/ Muffin Green Beans French Fries

Fresh Vegetable

of the Day

Fruit Cup, Fruit Juice

BREAKFAST Mini Cinnis

OR Toast & Cereal Craisins Fruit Juice

LUNCH

BBQ Chicken Pizza/ Cheese Pizza OR

Steak Fingers w/ Garlic Toast

OR Italian Sub

Sandwich **OR** Mango Yogurt

Parfait w/ Muffin Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice

Crescent OR

BREAKFAST

Chocolate Filled

Toast & Cereal Craisins, Fruit Juice

LUNCH

Pepperoni Pizza/ Cheese Pizza OR

Chicken/Cheese Quesadilla OR

*Turkey Club Sandwich

OR Crispy Chicken Wrap Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice

BREAKFAST

Scrambled Eggs w/ Biscuit & Gravy OR

Toast & Cereal Raisels, Fruit Juice

LUNCH

Hamburger/ Cheesebürger OR

Cheese Bites w/ Marinara Dip

OR Crispy Chicken Salad w/ Flatbread

OR *Turkey Club Wrap French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup, Fruit Juice

Toast & Cereal Craisins, Fruit Juice

LUNCH

Chicken Nuggets OR

Chicken Fried Steak Wheat Roll OR

Cold Cut Combo Sub Sandwich OR

Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy California Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice

Menu Subject to change due to product availability

Fresh fruit offered daily In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2800 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:
https://www.usda.gov/sites/default/files/documents/USDA-OASCR%2DP-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410, or fax:(833) 256-1665 or (202) 690-7442, or email: program.intake@usda.gov.

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NATION SCHOO LUNCH WEEK	PopTart & Cere Raisels, Fruit J LUNCH Hamburger/ Cheeseburge OR Cheese Enchila w/ Mexican Ric OR Crispy Chicke Salad w/ Flatbre OR Cold Cut Sub San French Fries Corn on the Co Fresh Vegetab of the Day	Pancakes w/ Scrambled Eggs OR Toast & Cereal Craisins, Fruit Juic LUNCH Chicken Tenders OR Chicken Fried Stea Wheat Roll OR Ham/Cheese Sub Sandwich OR Mandarin Orange Yogurt Parfait w/ Mu Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the D	PopTart & Cereal Raisels, Fruit Juice LÜNCH Spaghetti w/ Meat Sauce w/ Garlic Breadstick OR Crispy Chicken Sand. OR Turkey/Ham/Cheese Salad w/ Flatbread OR Grilled Cheese Sand. French Fries Steamed Broccoli Fresh Vegetable of the Day
21 BREAKFAST Mini Cinnamo Crumb Loaf OR PopTart & Cere Craisins, Fruit Ju LUNCH Beef/Cheese Nachos OR Hot/Spicy Chick Sandwich OR Strawberry Yog	n French Toast of Scrambled Egg OR eal Toast & Cerea Raisels Fruit Ji LUNCH Hamburger/ Cheeseburge OR en Fiestada Pizz OR Crispy Chicke	T w/ Chocolate Filled Crescent OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Nuggets OR Chicken Fried Steat Wheat Roll OR Grilled Cheese	24 BREAKFAST Glazed Donut & String Cheese OR PopTart & Cereal Raisels, Fruit Juice LUNCH Beef Lasagna OR

Salad'w/ Flatbread Strawberry Yogurt OR Fruit & Cheese Parfait w/ Muffin Refried Beans French Fries Plate w/ Muffin Fresh Vegetable French Fries of the Day California Blend Fruit Cup Fresh Veg. of the Day Fruit Cup, Fruit Juice Fruit Juice

BREAKFAST 29 **BREAKFAST** Mini Waffles OR Scrambled Eggs w/ Biscuit & Gravy PopTart & Cereal OR Toast & Cereal Raisels, Fruit Juice **LUNCH** Craisins Fruit Juice LUNCH Chili Frito Pie Chicken Tenders OR w/ Garlic Toast OR Chicken Fried Steak Wheat Roll Hot/Spicy Chicken Sandwich OR Blueberry Yogurt Parfait w/ Muffin OR Strawberry Yogurt OR Parfait w/ Muffin Italian Sub Sandwich Mashed Potatoes w/Gravy Whole Kernel Corn French Fries

Fruit Filled Frudel Strudel **OR** Toast & Cereal Craisins, Fruit Juice LUNCH EARLY RELEASE Hamburger/ Cheesebürger OR Grilled Cheese Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup

Fruit Juice

OR Ham/Cheese Sub Sand. Mashed Potatoes

w/Cream Gravy

Green Beans

Fresh Veg. of the Day

Fruit Cup, Fruit Juice

BREAKFAST

Crispy Buffalo Chicken Wrap Onion Rings Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice 25 **BREAKFAST** Sausage & Biscuit w/ Gravy OR Toast & Cereal Raisels, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Sweet Sour Chicken w/Rice and Roll **OR** Crispy Buffalo Chicken Wrap Crispy Chicken Caesar Wrap OR OR Blueberry Yogurt *Turkey Club Parfait w Muffin Sub_Sandwich French Fries, Broccoli Fresh Veg. of the Day French Fries, Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice **BREAKFAST**

PopTart & Cereal Raisels, Fruit Juice LUNCH **EARLY RELEASE** Crispy Chicken Sandwich 5 OR Grilled Cheese Sandwich **Baked Chips** Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice

Breakfast Pizza

OR

31



BREAKFAST Cinnamon Toast Filled Pastry OR Toast & Cereal Craisins, Fruit Juice LUNCH

Pepperoni Pizza/ Cheese Pizza OR **BBQ** Beef Rib Sandwich OR Italian Sub Sandwich OR

Ranch Beans

Fresh Vegetable

of the Day

Fruit Cup, Fruit Juice

28

Fresh Veg. of the Day Fruit Cup, Fruit Juice

Halloween Treat