

SCHOOL LUNCH PIRATES FIND YOUR TREASURE!



OCTOBER 14-18, 2024

JUNIOR HIGH menu



BREAKFAST: Student: \$2.25 • Adult: a la carte **LUNCH:** Student \$3.65 • Reduced: \$0.40 • Adult: \$5.25

BREAKFAST: Toast or PopTart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>30 BREAKFAST Mini French Toast OR PopTart & Cereal Craisins Fruit Juice LUNCH Macaroni & Cheese w/ Fish Nuggets and Hushpuppies OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p> 	<p>1 BREAKFAST Waffles w/ Strawberries/Cream OR PopTart & Cereal Raisels, Fruit Juice LUNCH State Fair Corn Dog OR Hamburger/Cheeseburger OR Crispy Buffalo Chicken Salad w/ Flatbread OR Blueberry Yogurt Parfait w/ Muffin French Fries Corn on the Cob Fresh Veg. of the Day Fruit Cup, Fruit Juice Fair Day Treat</p> 	<p>2 BREAKFAST * Breakfast Taco w/ Eggs & Bacon Tater Tots OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich OR *Turkey Club Wrap Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>3 BREAKFAST Sausage & Biscuit w/ Gravy OR PopTart & Cereal Raisels, Fruit Juice LUNCH Soft Beef Tacos w/ Mexican Rice OR Crispy Chicken Sandwich OR Turkey/Ham/Cheese Salad w/ Flatbread OR Fruit/Cheese Plate w/ Muffin Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>4 BREAKFAST Mini Cinnis OR Toast & Cereal Craisins Fruit Juice LUNCH BBQ Chicken Pizza/ Cheese Pizza OR Steak Fingers w/ Garlic Toast OR Italian Sub Sandwich OR Mango Yogurt Parfait w/ Muffin Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>7 BREAKFAST Cinnamon Roll & String Cheese OR PopTart & Cereal Craisins Fruit Juice LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>8 BREAKFAST Scrambled Eggs w/ Biscuit & Gravy OR Toast & Cereal Raisels, Fruit Juice LUNCH Hamburger/Cheeseburger OR Cheese Bites w/ Marinara Dip OR Crispy Chicken Salad w/ Flatbread OR *Turkey Club Wrap French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST Breakfast Pizza OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Nuggets OR Chicken Fried Steak Wheat Roll OR Cold Cut Combo Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy California Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>10 BREAKFAST * Sausage Rolls OR PopTart & Cereal Raisels Fruit Juice LUNCH Chicken Alfredo w/ Wheat Roll OR Fiestada Pizza OR Ham/Cheese Sub Sandwich OR Fruit/Cheese Plate w/ Muffin Green Beans Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>11 BREAKFAST Chocolate Filled Crescent OR Toast & Cereal Craisins, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Chicken/Cheese Quesadilla OR *Turkey Club Sandwich OR Crispy Chicken Wrap Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



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OCTOBER *menu*



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<p style="text-align: center;">NATIONAL SCHOOL LUNCH WEEK</p> <p style="text-align: center;">NO SCHOOL</p>	<p>15 BREAKFAST Cream Cheese Filled Bagel OR PopTart & Cereal Raisels Fruit Juice LUNCH Hamburger/Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Strawberry Yogurt Parfait w/ Muffin French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>16 BREAKFAST Pancakes w/ Scrambled Eggs OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Cold Cut Sub Sandwich OR Mandarin Orange Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>17 BREAKFAST Chicken Biscuit Sandwich OR PopTart & Cereal Raisels, Fruit Juice LUNCH Spaghetti w/ Meat Sauce w/ Garlic Breadstick OR Crispy Chicken Sand. OR Turkey/Ham/Cheese Salad w/ Flatbread OR Grilled Cheese Sand. French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>18 BREAKFAST Cinnamon Toast Filled Pastry OR Toast & Cereal Craisins, Fruit Juice LUNCH Pepperoni Pizza/Cheese Pizza OR BBQ Beef Rib Sandwich OR Italian Sub Sandwich OR Crispy Buffalo Chicken Wrap Onion Rings Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>
<p>21 BREAKFAST Mini Cinnamon Crumb Loaf OR PopTart & Cereal Craisins, Fruit Juice LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>22 BREAKFAST French Toast w/ Scrambled Eggs OR Toast & Cereal Raisels, Fruit Juice LUNCH Hamburger/Cheeseburger OR Fiestada Pizza OR Crispy Chicken Salad w/ Flatbread OR Fruit & Cheese Plate w/ Muffin French Fries California Blend Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>23 BREAKFAST Chocolate Filled Crescent OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Grilled Cheese Sandwich OR Ham/Cheese Sub Sand. Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>24 BREAKFAST Glazed Donut & String Cheese OR PopTart & Cereal Raisels, Fruit Juice LUNCH Beef Lasagna OR BBQ Chicken Drumstick Garlic Toast OR Crispy Buffalo Chicken Wrap OR Blueberry Yogurt Parfait w Muffin French Fries, Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>25 BREAKFAST Sausage & Biscuit w/ Gravy OR Toast & Cereal Raisels, Fruit Juice LUNCH Pepperoni Pizza/Cheese Pizza OR Sweet Sour Chicken w/Rice and Roll OR Crispy Chicken Caesar Wrap OR *Turkey Club Sub Sandwich French Fries, Broccoli Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>
<p>28 BREAKFAST Mini Waffles OR PopTart & Cereal Craisins Fruit Juice LUNCH Chili Frito Pie w/ Garlic Toast OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>29 BREAKFAST Scrambled Eggs w/ Biscuit & Gravy OR Toast & Cereal Raisels, Fruit Juice LUNCH BBQ Chicken Pizza/Cheese Pizza OR Macaroni/Cheese w/ Fish Nuggets and Hushpuppies OR Buffalo Chicken Wrap OR Turkey/Cheese Sub French Fries, Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>30 BREAKFAST Fruit Filled Frudel Strudel OR Toast & Cereal Craisins, Fruit Juice LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Blueberry Yogurt Parfait w/ Muffin OR Italian Sub Sandwich Mashed Potatoes w/Gravy Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice Halloween Treat</p>	<p>31 BREAKFAST Breakfast Pizza OR PopTart & Cereal Raisels Fruit Juice LUNCH EARLY RELEASE Hamburger/Cheeseburger OR Grilled Cheese Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	

