

SCHOOL LUNCH PIRATES FIND YOUR TREASURE!



OCTOBER 14-18, 2024

GRAB-N-GO HURST JH menu



BREAKFAST: Student: \$2.25 • Adult: a la carte **LUNCH:** Student: \$3.65 • Reduced: \$0.40 • Adult: \$5.25

BREAKFAST: Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>30 BREAKFAST Mini Pancakes OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Macaroni & Cheese w/ Fish Nuggets and Hushpuppies OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p> 	<p>1 BREAKFAST Yogurt Cup & Grahams OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH State Fair Corn Dog OR Hamburger/Cheeseburger OR Crispy Buffalo Chicken Salad w/ Flatbread OR Blueberry Yogurt Parfait w/ Muffin French Fries Corn on the Cob Fresh Veg. of the Day Fruit Cup, Fruit Juice Fair Day Treat</p> 	<p>2 BREAKFAST Breakfast on a Stick OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich OR *Turkey Club Wrap Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>3 BREAKFAST Cinnamon Toast Filled Pastry OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Soft Beef Tacos w/ Mexican Rice OR Crispy Chicken Sandwich OR Turkey/Ham/Cheese Salad w/Flatbread OR Fruit/Cheese Plate w/ Muffin Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>4 BREAKFAST *Breakfast Taco w/ Egg & Bacon OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH BBQ Chicken Pizza/ Cheese Pizza OR Steak Fingers w/ Garlic Texas Toast OR Italian Sub Sandwich OR Mango Yogurt Parfait w/ Muffin Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>7 BREAKFAST Cinnamon Roll & String Cheese OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>8 BREAKFAST Mini French Toast OR PopTart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Cheese Bites w/ Marinara Dip OR Crispy Chicken Salad w/ Flatbread OR *Turkey Club Wrap French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST Breakfast Pizza OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Chicken Fried Steak Wheat Roll OR Cold Cut Combo Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy California Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>10 BREAKFAST *Sausage Rolls OR PopTart & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Wheat Roll OR Fiesta Pizza OR Ham/Cheese Sub Sandwich OR Fruit/Cheese Plate w/ Muffin Green Beans Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>11 BREAKFAST Chocolate Filled Crescent OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Chicken/Cheese Quesadilla OR *Turkey Club Sandwich OR Crispy Chicken Wrap Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



HURST - EULESS - BEDFORD

Independent School District

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

OCTOBER menu



BREAKFAST: Student: \$2.25 • Adult: a la carte **LUNCH:** Student: \$3.65 • Reduced: \$0.40 • Adult: \$5.25

BREAKFAST: Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p style="text-align: center;">NATIONAL SCHOOL LUNCH WEEK</p> <p style="text-align: center;">NO SCHOOL</p>	<p>15 BREAKFAST Cream Cheese Filled Bagel OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Strawberry Yogurt Parfait w/ Muffin French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>16 BREAKFAST Mini Pancakes OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Cold Cut Sub Sandwich OR Mandarin Orange Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>17 BREAKFAST Chicken Biscuit Sandwich OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce w/ Garlic Breadstick OR Crispy Chicken Sand. OR Turkey/Ham/Cheese Salad w/ Flatbread OR Grilled Cheese Sand. French Fries Steamed Broccoli Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>18 BREAKFAST Cinnamon Filled Bar OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR BBQ Beef Rib Sandwich OR Italian Sub Sand. OR Crispy Buffalo Chicken Wrap Onion Rings Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>21 BREAKFAST Mini Cinnamon Crumb Loaf OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>22 BREAKFAST French Toast w/ Sausage OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fiestada Pizza OR Crispy Chicken Salad w/ Flatbread OR Fruit & Cheese Plate w/ Muffin French Fries California Blend Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>23 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Popcorn Chicken OR Steak Fingers Wheat Roll OR Grilled Cheese Sand. OR Ham/Cheese Sub Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>24 BREAKFAST Cinnamon Donut & String Cheese OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR BBQ Chicken Drumstick Garlic Toast OR Buffalo Chicken Wrap OR Blueberry Yogurt Parfait w/ Muffin French Fries Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>25 BREAKFAST Sausage Breakfast Sandwich on Hawaiian Roll OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Sweet Sour Chicken w/ Rice and Roll OR Chicken Caesar Wrap OR Turkey/Ham/Cheese Sub Sandwich French Fries, Broccoli Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>
<p>28 BREAKFAST Mini Waffles OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chili Frito Pie w/ Garlic Toast OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>29 BREAKFAST Breakfast on a Stick OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH BBQ Chicken Pizza/Cheese Pizza OR Macaroni/Cheese w/ Fish Nuggets and Hushpuppies OR Buffalo Chicken Wrap OR Turkey/Cheese Sub French Fries Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>30 BREAKFAST Fruit Filled Frudel OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Blueberry Yogurt Parfait w/ Muffin OR Italian Sub Sandwich Mashed Potatoes w/Gravy Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice Halloween Treat</p>	<p>31 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH EARLY RELEASE Hamburger/Cheeseburger OR Grilled Cheese Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p style="text-align: center;"><i>Bring on fall</i></p>