

Breakfast Menu

North Merrick Elementary Schools

October
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday

Wednesday

Thursday

Friday

1 Fluffy Whole Grain Waffles
With Syrup
Fresh Orange

2 Sausage, Egg and Cheese Sandwich
Or Red. Sugar Cinnamon Toast Crunch Cereal
With Light Mozzarella Cheese Stick
Fresh Red Delicious Apple

3 SCHOOL CLOSED TODAY

4 SCHOOL CLOSED TODAY

7 WG Bagel
With Cream Cheese
Or Margarine
Fresh Pear

8 Fluffy Whole Grain Waffles
With Syrup
Fresh Orange

9 Sausage, Egg and Cheese Sandwich
Or Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Fresh Red Delicious Apple

10 Whole Grain French Toast Slices
Syrup
Fresh Orange

11 Chocolate Chip Muffin
Or Apple Strudel
Fresh Banana

14 SCHOOL CLOSED TODAY

15 Fluffy Whole Grain Waffles
With Syrup
Fresh Orange

16 Sausage, Egg and Cheese Sandwich
Or Red. Sugar Froot Loops Cereal
With Light Mozzarella Cheese Stick
Fresh Red Delicious Apple

17 Whole Grain French Toast Slices
With Syrup
Fresh Orange

18 Banana Muffin
Or Apple Strudel
Fresh Banana

21 WG Bagel
With Cream Cheese
Or Margarine
Fresh Pear

22 Fluffy Whole Grain Waffles
With Syrup
Fresh Orange

23 Sausage, Egg and Cheese Sandwich
Or Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Fresh Red Delicious Apple

24 Whole Grain French Toast Slices
Syrup
Fresh Orange

25 Chocolate Chip Muffin
Or Apple Strudel
Fresh Banana

28 WG Bagel
With Cream Cheese
Or Margarine
Fresh Pear

29 Fluffy Whole Grain Waffles
With Syrup
Fresh Orange

30 Sausage, Egg and Cheese Sandwich
Or Red. Sugar Cinnamon Toast Crunch Cereal
With Light Mozzarella Cheese Stick
Fresh Red Delicious Apple

31 Whole Grain French Toast Slices
Syrup
Fresh Orange

BE A STAR with School Breakfast

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

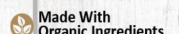
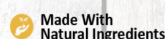
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Breakfast \$2.81+
Tax

Breakfast served with choice of grains, meat/meat alternative assorted fruit choices and milk choice of 1% or Fat Free



1% White Milk or Fat Free Chocolate Milk

Available Daily: Assorted Fresh Fruit and 100% Fruit Juice
Fresh Bagels, Assorted Cereals and Muffins

Assorted Condiments

Any Questions or Concerns Please Call

The School Lunch Office 1-516-282-1882

Please Contact The School Nurse To Report All Allergies